

https://grayson.edu/the-viking/index.html

October 7, 2022

Volume XVI Edition II

# Boys and Girls Club now hiring!



LVN student Nancy Shinault asks Program Director Erica Lashley about part-time job opportunities

Are you independent, fun, outgoing, adaptable, easy going? Do you relate well to kids? If so, the Boys and Girls Club of Sherman needs you!

According to Program Director Erica Lashley, applicants for the Youth Development Professional positions don't need to have graduated from high school or college. They'll be supervising children after school, helping with their projects and homework, and its. Pay is between \$10-\$15 an hour, and work hours are Monday-Friday from 3- 6 p.m. Extra hours are available for daytime projects and evening facility rentals, as well as during

**Interested in the** opportunity to work for The Boys and Girls Club?

Contact Corey Leird, Career and Pathway Coach, at the Career Center for more information at: 903.415.2593.

# Get Involved!

# *Viking* Deadline September 26th

The Viking needs student content! Please send any articles, art, poems, stories, journalistic writings, etc. to the editor, Katherine Petri, at prkpetri@vikings. grayson.edu

# Phi Theta Kappa

Wednesday, 12:30pm Viking room

# Student Veterans

of America (SVA) 2nd Tuesday of every month 1:30 pm - 2:00 pm Veterans Hub 2nd Floor Bridge

# Summit

Thursdays 7:00 pm - 8:00 pm Baptist Student Ministry building

# BSM

Navigate 12:00 pm - 12:45 pm Baptist Student Ministry building

promoting healthy hab-

cont. pg. 4

# Grayson Theater Program Presents The Taming Nov. 18, 19, 20

By Dr. Patrick C. Vaughn Theatre/ Technical Director Professor of Theatre / Technical Director

College's Grayson Theatre Program presents The *Taming*, a by comedy Lauren Gunderson, on Friday, November 18 th at 2:30pm and 7:30pm, Saturday, November 19 th at 7:30pm, and Sunday, November 20 at 2:30pm in the Black Box Theatre in the Arts and Communications building.

Called "...a laugh riot with some timely food for thought" By the San Francisco Chronicle, is the most entertaining civics lesson you're likely to see. Tweetering, pandashrews, and undying giddiness for James Madison - what else could you expect to find at a Miss America Pageant? In this hilarious, raucous, all-female "power-play" inspired by Shakespeare's Taming of the Shrew, contestant Katherine has political aspirations to match her beauty pageant ambitions. All she needs to revolutionize the American government is the help of one ultra-conservative senator's aid on the cusp of a career breakthrough, and one bleeding-heart liberal blogger who will do anything for her cause. Well, that and a semi historically-accurate trip.

Here's looking at you, America!

Tickets are \$10 for adults, \$8 for seniors and students.

Admission is free for Grayson College students, faculty and staff.

# For more information

please call the Grayson College Fine Arts Box Office at 903-463-8652.



# Need money for college expenses?

Interested in starting a small business?

The Small Business Development Center can help YOU!

Even if it's as simple as shopping thrift shops and reselling on ebay, there's no charge for our assistance.

We're located in the Technology Advanced Building Suite 101.

Schedule an appointment today at 903-463-8787.

# Editorial Banning books, the death of independent thought

By Michelle Mitchell, Library Administrative Assistant II Banned Book Week ship and calls us to (Oct. 1-7) celebrates the freedom to read and spotlights current and historical attempts to censor books in libraries and schools. Librarians, booksellers, publishers, journalists, teachers, and readers have come together for 40 years in support of the freedom to seek and to express ideas, even those some consider unorthodox or

unpopular. Banned Books Week draws national attention to the harms of censorship and calls us to do our part to protect free speech.

Censorship exists in the world, usually in the form of removal or changing of materials. It is usually disguised as a protective measure to ensure our children do not see or hear things that they are not mature enough to understand. Censorship comes in at schools and libraries and offers a watered-down version of the world because no one wants to offend anyone else. This sounds nice, and good, and is the way we want things. And we want children to be protected and cared for, and wewant them to learn "the things" they need to learn when "age appropriate."

Here is the problem with this scenario. We live in an age of brand names; people even discuss and determine aspects of their lives based on their own personal brand,

# **Check it** out!

Career Readiness Opportunities await you on pg. 2.

Know where to get free condoms and STI and pregnancy testing? See pg. 2.

Get cultured and take in one of Grayson's many fine art events (pg. 3).

Get help on a paper at the Writing Center (pg. 3).

Did you know the Career Center can do a presentation for your group? (pg. 6)

Tacos and Bingo was a hit. (pg. 5)



Pg. 2

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# CAREER Career Readiness CENTER Opportunities

- Stellar Resumes!
- Nail a Job Interview!
- Find Your Career!
- Personal Brand and Networking!
- How to Job Search!
- How to Negotiate Your Pay!
- Must-Have Job Skills!
- Mental Health and Work!
- Coffee and Career Discussions!

## **Opportunity Date & Times**

10:00 am – 11:00 am Career Center (SAB Building) or by Zoom! (visit grayson.edu/career-center for more information and Zoom link)

### Fall 1

August 30<sup>th</sup> – Coffee and Career Discussion September 6<sup>th</sup> – Find Your Career September 7<sup>th</sup> – Personal Brand & Networking \* LinkedIn Profile September 13<sup>th</sup> – Stellar Resumes September 14<sup>th</sup> – Must-Have Job Skills September 20<sup>th</sup> – How to Job Search September 21<sup>st</sup> – Personal Brand and Networking \*LinkedIn Profile September 27<sup>th</sup> – Coffee and Career Discussion September 28<sup>th</sup> – Nail a Job Interview September 29<sup>th</sup> – Mental Health and Work October 4<sup>th</sup> – How to Negotiate Your Pay October 5<sup>th</sup> – Personal Brand and Networking \*LinkedIn Profile

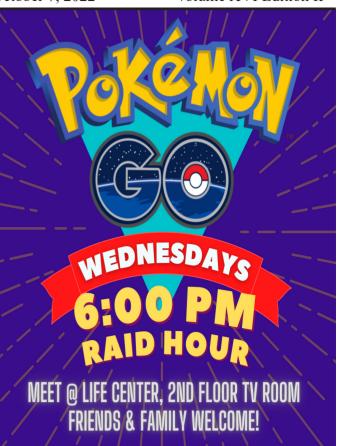
Email: careers@grayson.edu

### Fall 2

October 25<sup>th</sup> – Coffee and Career Discussion November 1<sup>st</sup> – Find Your Career November 2<sup>nd</sup> – Personal Brand & Networking \*LinkedIn Profile November 8<sup>th</sup> – Stellar Resumes November 15<sup>th</sup> – How to Job Skills November 15<sup>th</sup> – How to Job Search November 16<sup>th</sup> – Personal Brand & Networking \*LinkedIn Profile November 22<sup>nd</sup> – Coffee and Career Discussion November 23<sup>rd</sup> – Mental Health and Work November 29<sup>th</sup> – Nail a Job Interview November 30<sup>th</sup> – How to Negotiate Your Pay December 1<sup>st</sup> – Personal Band and Networking \*LinkedIn Profile

Phone: 903.415.2593





# Free condoms, STI and Pregnancy Testing offered at Sherman's Callie Clinic

By Viking Staff

Since its beginning in 1991, the mission of Callie Clinic (then known as the AIDS Resource Center of Texoma) has expanded from HIV/AIDS testing to Sexually Transmitted Infection (STI) testing, family planning, and primary care.

"We look at where we could help more," explains Gwynne Palmore, CEO of Callie Clinic, regarding the clinic's growth in services.

Dalmana who ha

Marshall counties (Oklahoma) are eligible for services.

Much of the clinic's funding comes from grants and the State of Texas and federal sources, in particular Title X Family Planning Services funds, awarded to organizations that work toward "healthy birth outcomes," according to the clinic's website, CallieClinic.org.

The clinic is located at 1521 Baker in Sherman, right off of Texoma Parkway. Hours are Monday-Thursday 8 a.m.-5:30 p.m., Friday 8 a.m.-noon. Appointments are required: 903-891-1972. Free transportation is provided *cont. pg. 4* 

# on the south campus



# National Mean Girls Day

# Commons Area gam-5pm

Wear Pink and we will totally "let you sit with us!" Popcorn and Mean Girls showing on the tv on loop. Don't worry, no actual mean girls will attend because they "don't even go here!"



# Bingo and Tacos

# Commons Area 11:30am-1pm

It's National Taco Day! Celebrate with tacos and bingo. More than 20 prizes are up for grabs.



# World Mental Health Day

Commons Area

It's ok to not be ok. World Mental Health Day brings an opportunity for you to focus on you and your needs, let Student Life & Development and Counseling & Social Services support YOU!



# Pumpkin Patch Opens

# Viking Patio

It's Fall Fest week, which marks the opening of the Viking Pumpkin Patch. It's free for all students, so go pick your perfect pumpkin. Enter the pumpkin decorating contest by dropping off your decorated pumpkin in the front office in between October 18th and October 26th. Judging will take place on October 27th!

\*Please do not carve pumpkins you are entering into the contest\*

# Puppy Snuggle Day

# Commons Area 11am-1pm

What could be better than a midday snuggle with puppies? Next to nothing, so come try it!



# National Pumpkin Day - Pumpkin Decorating

# Commons Area 10am-2pm

It's not too late to grab your pumpkin from the Pumpkin Patch and decorate one to enter into our spooky pumpkin decorating contest!

Palmore, who has been with the organization for 22 years, notes that the clinic's focus is always on helping the underserved, especially those lacking insurance. Clients who live in Grayson, Cooke, Fannin, and Montague counties (Texas) and Bryan and

> Grayson College has a club for student veterans! 2nd Tuesday of every month, 1:30 pm to 2:00 pm



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## **Banning books continued**

cont. from pg. 1

sometimes basing decisions on what will gain them a few extra "likes."

Television and movies have more freedom than ever before and exploit that freedom to

titillate, not raise moral values.

Video games promote violence and dystopia, not higher values.

All these are consumed and re-consumed more readily than any books are.

Books have become the media of last choice. What are people afraid of **REALLY?** 

The censorship of books in Texas in the last year has been epidemic.

In the last year Texas has banned 801 books from 22 school districts. Becoming Number One in the United States for

banning books.

This wave of book banning stems from the actions of a specific legislator.

In October 2021 Rep. Matt Krause sent a list of 850 books to the Texas Education agency, and superintendents of school districts around the state.

He deemed these books dangerous because they "might make students feel discomfort, guilt, anguish, or any other form of psychological distress because of their race or sex."

He wanted to know if these books were in the library and how much money had been spent on them.

Dear reader, let us take a step back from this for a moment and just let it all sink in.

When I am reading, I experience many emotions, and I am not sure I want to eliminate those that inspire compassion and anger on behalf of someone who is different from me.

The next question I have is why is that dangerous? Well, as reported in the Dallas Morning News, someone asked Rep. Krauss that and he has little to say.

Moreover, he does not believe he has even read any of the books he has blacklisted. Krause adds vaguely that the titles may relate to new laws meant to ban critical race theory in classrooms.

These books have been banned, and the group affected by this ban, Texas public school students,

receive a homogenized, limited, and dull education.

It is little wonder that books are seen as boring and other media is more exciting.

Still, isn't the goal of education to produce thoughtful, empathetic people? How does banning books promote that goal?

This cry, say all those who support it, comes from concerned parents. But has it really?

Is this just one more moment in history when the story has been spun in one direction, so we are distracted by what is really happening?

I do not know the answer to that question.

If I am honest, I do not want to know the answer to that question.

In the end I am thankful for Banned Books Week because it has once again made me question things that I should question.

Banned Books Week highlights an unprecedented number of attempts to ban books but estimated its statistics to be only 3-18% of the actual censorship occurring each year.

Book banning is a real threat to independent thought. If reading this has made you feel discomfort, guilt, anguish, or any other form of psychological distress, then I would love to shake your hand. You will find me in the library where I have been recently caught reading a banned book!



**Flora and Fauna** September 12-October 21

**New Plays Project** Friday, 9/30 @ 2:30pm & 7:30pm Saturday, 10/1 @ 7:30pm Sunday, 10/2 @ 2:30pm

## **OCTOBER**

**Sounds Modern Ensemble** Contemporary Music, 10/6/22 @ 7:30pm

Wade Girton Jazz Piano, 10/19/22 @ 7:30pm

**Eduardo Martinez & Sergio Hernandez** Flute & Guitar, 10/25/22 @ 7:30pm

Black, White & Variants of Gray October 31-December 8

## **NOVEMBER**

**Jiaqi Chen, Sabatina Mauro, Kyuyim Lee, Fedor Malykhin & Manuela Barić** Piano, Mezzo-soprano, Soprano, Violin & Cello, 11/3/22 @ 7:30pm

Empty Bowls November 17, 2022

**The Taming by Lauren Gunderson** Friday, 11/18 @ 2:30pm & 7:30pm Saturday, 11/19 @ 7:30pm Sunday, 11/20 @ 2:30pm

**Music Department Recital** Student Musical Performances 11/22 @ 7:30pm

## DECEMBER

It's a Wonderful Life: A Live Radio Play adapted by Joe Landry Saturday, 12/3 @ 7:30pm



# FEBRUARY

**Noe Garcia Jacinto & Amy Canchola** Guitar & Soprano, 2/9 @ 7:30pm

**Calliope Duo** Flute & Piano, 2/23/23 @ 7:30pm

## MARCH

Gilligan's Island: The Musical by Hope & Laurence Juber Friday, 3/3 @ 2:30pm & 7:30pm Saturday, 3/4 @ 7:30pm Sunday, 3/5 @ 2:30pm

**Duo Amitie** Piano Duo, 3/7/22 @ 7:30pm

**Alondra Nina Trio** Clarinet, Cello & Piano, 3/9 @ 7:30pm

**Huo Feng Trio** Traditional Chinese Music Trio, 3/21 @ 7:30pm

Michelle Flowers & Friends Brass Ensemble, 3/23 @ 7:30 pm

Small on the Wall March 27-April 14

## APRIL

**The Daniel Henson Group** Jazz Combo, 4/6 @ 7:30pm

Natural Shocks by Lauren Gunderson Friday, 4/14 @ 2:30pm & 7:30pm Saturday, 4/15 @ 7:30pm Sunday, 4/16 @ 2:30pm

Year-End Student Show April 24-May 11

**Sophomore Recital** Student Musical Performances 4/25 @ 7:30pm

MAY Music Department Recital Student Musical Performance 5/2 @ 7:30pm

FOR MORE INFORMATION, CALL THE FINE ARTS BOX OFFICE AT 903.463.8652

# **Callie clinic continued**

Cont. from pg.2

Monday through Thursday for clients who need it.

For family planning services, Callie Clinic will see clients as young as 14. For all other services, clients must be at least 18 years old.

# Primary care and family planning

A large number of the clinic's clients visit for contraception, specifically Nexplanon (rod) implants and removals, according to Palmore. Other contraceptives the clinic provides include free condoms, Plan B (Levonorgestrel emercontraceptive), gency and birth control pills and patches.

The clinic refers clients to other providers for IUD insertion or removal. Pregnancy test-

ing is also offered, as well as colposcopies, which are "inspections of the vagina, vulva, and cervix for signs of disease, including cancer," as stated on the clinic's website.

As part of primary care, Callie Clinic offers immunizations and lowcost wellness exams.

## Testing

Callie Clinic tests clients for the following Transmitted Sexually Infections: Hepatitis C, Gonorrhea, Chlamydia, Syphilis, Trichomonas, and Bacterial Vaginosis. Clients who test positive are offered counseling and referrals for treatment.



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# The Boys and Girls Club

Cont. from pg. 1

the summer.

The Boys and Girls Club meets after school at each of the 7 elementary schools in Sherman (Denison has a separate

program.) Middle school and high school students are bussed to the Club's main location at 1500 N. Luckett. Lashley has been working with the Club for 18 years. "I'd rather work with kids than adults," she says. "They bring a smile to my face."



Erica Lashley, Program Director for the Boys and Girls Club of Sherman, and Corey Leird, Career and Pathway Coach hosted a recent job fair at the South Campus.



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# **Callie Clinic**

Cont. from pg. 2

# **One-Stop-Shop for** HIV/AIDS clients

One of the most robust services Callie Clinic provides is for HIV/ AIDS clients, who were the emphasis of the clinic's original mission at its founding over 30 years ago. The clinic assigns these clients both Case Managers and Medical Case Managers who oversee patient care.

"You never have to feel alone," the clinic's website states, since Case Managers assist clients with housing, transportation, food, insurance, prescriptions, and health education. Case Managers can help a client's partner and family to navigate a client's illness and care as well.

Medical Case Managers focus on a client's medical treatment, helping clients manage "medication, treatment plans, referrals for outpatient care, dental and mental health, and nutrition," according to the clinic's website. Palmore notes that these managers "encourage clients to stay on their medicine and

to keep doctor appointments."

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While only the Sherman location provides clinical services, the clinic does maintain a meeting site in Bonham where local clients can meet case managers.

## **Telehealth options**

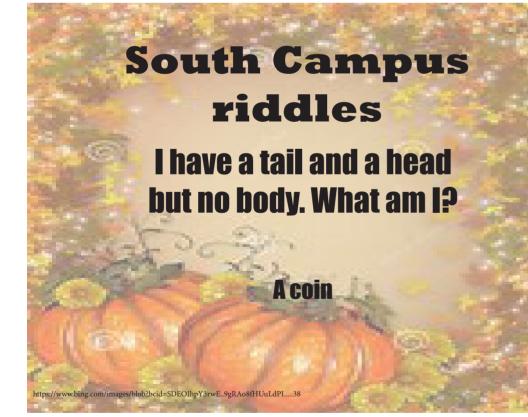
Palmore reports that the clinic is expanding its telehealth options thanks to a grant from HERSA (Health Resources and Services Administration) to purchase more equipment.

Medical Director Dr. Minaxi Rathod recently received her Oklahoma license, enabling the clinic to offer services in Durant.

Previously, the only Oklahoma sites offering dedicated HIV/AIDS care were in Tulsa and Oklahoma City. Through telehealth, Dr. Rathod can now ensure those clients in southern Oklahoma counties can more easily access services.

Dr. Gene Voskuhl, an infectious disease doctor formerly on staff, also offers telehealth services to Callie Clinic clients from





# **Career Center Celebrates First**

Anniversary By Nancy Luthe, Director of Success Coaches

September marked the one-year anniversary of the Grayson College Career Center. More than 700 students have visited the center or have participated in Career Center campus and community events over the last year.

The Career Center helps student discover who they are, what they like to do and what they do best. Many students are frustrated in school because they do not see the



Career and Pathways Coach Corey Leird counsels stu dents at the Career Center

direct link between their coursework and goals for the future. Career planning enables students to see that link and identify their strengths, skills, and interests to help them determine the best career path for their future.

CEO Gwynne Palmore wants Texoma residents and Grayson students to know Callie Clinic can provide them HIV/AIDS testing, STI testing, family planning and primary care, as well as education and counseling.

# did you know?

One of the best ways to remember something is to tell someone else about it. Studies show when you immediately relay what you've learned, you're more likely to remember the details for longer than if you just re-read your notes or textbook. When your brain categorizes memories, it keeps the most important ones more accessible, because it assumes the information you've told someone else must be pretty important.



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# Letter from the editor

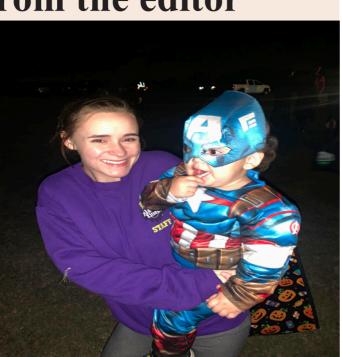
Hello everyone, it's Katherine (the editor) here. Having the opportunity to do the newspaper is a wonderful experience for me. Who else is excited about the weather changing, and becoming cooler? I know I am.

It finally turned to fall on October 23rd. I had been counting down the days until when I could take out my jackets and cozy sweaters from the closet again. Personally, I prefer cooler weather over the blistering Texas summer heat.

However, something to keep in mind is that seasonal depression often accompanies the fall season. Seasonal depression is real, so be sure to make time for yourself. Create some time to relax in between studying, work, and (if you have them) kids.

It can be easy to get caught up in all the stress-filled moments of this crazy life, but just remember- you're doing amazing!

It can be rough remembering to take time for yourself when you have so many other things to focus on. In between the tests, and endless quizzes perhaps



My son and I trunk or treating in October 2021

you find yourself feeling a little gloomy. Take a short break to enjoy this beautiful fall season. Take some photos of the changing leaves, carve a pumpkin... and maybe even snag some candy. Step outside and go for a walk, or do your favorite activity. Take a short breather before you overwhelm yourself!

After all, mental health is essential to be successful at anything you do with your full potential. If you ever find yourself falling under the spell of seasonal depression, be sure to visit Grayson Colleges counselor's office.

There you can find solutions to combat any

internal stumbling blocks and be on your way toward your future goals. You can find the counseling location at Main Campus 6101 Grayson Drive - Denison, TX 75020 the phone number is 903.463.8695. Located on the second floor of the Life Center.

Counselors are available on the South Campus by appointment on the Grayson website. If you would like to share your papers, artwork, or anything you can reach me by emailing me at: *prkpetri@vikings. grayson.edu.* Thank you for supporting The Viking, and Happy Fall everyone!

# Students welcome October with tacos and bingo

ps://pngimg.com/uploads/pumpkin/pumpkin\_PNG9372.png



*Tabitha Rukirande, Kaylee Savage, Meagan Blackburn all in LVN* 







Be a part of Summit

Thursdays 7:00 pm - 8:00 pm in the Baptist Student Ministry building

Maurice Apari LVN



Brandy Earnhart, LVN



Jaron Case, MLT program



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Cont. from pg. 4

Most students know that the Career Center can offer help with career planning, a resume, job interviewing and job listings but Career and Pathway Coach Corey Leird says that only scratches the surface of what the center can provide.

# Classroom Presentations We'll Come to You

The Career Center welcomes every opportunity to partner with faculty and staff members to schedule classroom presentations. Faculty can request flexible presentations, taking 10 minutes to provide an overview of Career Center services or a full class period to present a specific career topic.

... Or Bring Your Class to Us

With advanced notice, you can bring your students to the Career Center for presentations, allowing students to use career assessments and conduct career research.

# Student or Community Organizations

Invite the Career and Pathway Coach to be the guest speaker for your event. He will provide a 45 or 60- minute career-readiness workshop for your organization!

# Here's how it works:

1. Select the workshop you would like us to conduct from the list below and email Corey Leird at leirdc@grayson.edu with the following information: Date/time of presentation

- Room number/Location or Platform used and link
- The topic you would like us to cover
- Number of students in your organization
- 2. We require a minimum of five business days' advance notice/request.
- 3. All workshops are approximately one hour long.

4. When a presenter comes to the meeting, they will take attendance, and we can provide you with this information.

# **Presentation Topics**

Sample topics include, but are not limited to: Access to Career Assessments - Learn about yourself and your interests

# **Career Advising and Exploration**

- Stellar Resumes
- Job Interview Preparation
- Job Search
- Job Opportunities and Internships
- LinkedIn Learning Career Readiness Courses
- Labor Market Insights

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# Callie Clinic continued

Cont. from pg. 4

his practice in Dallas. *Affordable for every client* 

Payment for clinic services is on a "sliding scale" based on income. Grants fund much of the cost of patient care.

Palmore explains that the fee charged may dif-

fer based on whether the service provided is primary care or family planning.

The clinic also accepts private pay,

insurance, Medicaid and Medicare.



Callie Clinic is located at 1521 Baker in Sherman, right off of Texoma Parkway. Hours are Monday-Thursday 8 a.m.-5:30 p.m., Friday 8 a.m.noon. Appointments are required: 903-891-1972

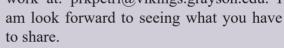


ISO student content for *The Viking*. I need you to send in anything you would like to share with others. It can be art work, a paper you've written, or even a personal review. Don't hesitate to contact me if you are interested. You can send in all of your work at: prkpetri@vikings.grayson.edu. I

## **Individual Appointments**

The Career Center offers walk-in, phone and Zoom appointments that can be scheduled on the Grayson College Career Center webpage.

The Career Center is a wealth of knowledge and resources. Set aside some time for a visit or explore the website today!



# Disclaimer

*The Viking* is published by Writers Unlimited and Sigma Kappa Delta as an ongoing service project to the college. This newspaper is provided as a forum for public opinion. Participation in the production of *The Viking* is open to all students, faculty and staff of Grayson College.

The views expressed in *The Viking* do not necessarily reflect the views of the editor, Writers Unlimited, Sigma Kappa Delta, the Board of Trustees, the administration or the faculty and staff of Grayson College.



*The Fall 2022 Medical Laboratory Technology class at the South Campus is off to a strong start.* 



https://www.bing.com/images/blob?bcid=SBjxVoKa-7wE..9gRAo8fHUuLdPI.....28



South Campus custodians Martha Hernandez and John Garrett work hard daily to keep the campus clean and welcoming for students. Police officer Brian Ward is ever present, ensuring student and staff safety.