Boys and Girls Club now hiring!  
By Viking Staff

Are you independent, fun, outgoing, adaptable, easy going? Do you relate well to kids? If so, the Boys and Girls Club of Sherman needs you! According to Program Director Erica Lashley, applicants for the Youth Development Professional positions don’t need have graduated from high school or college. They’ll be supervising children after school, helping with their projects and homework, and promoting healthy habits. Pay is between $10-15 an hour, and work hours are Monday-Friday from 3-6 p.m. Extra hours are available for daytime projects and evening facility rentals, as well as during even projects and evening facility rentals, as well as during

Grayson Theater Program Presents The Taming Nov. 18, 19, 20
By Dr. Patrick C. Vaughn Theatre/Technical Director

Professor of Theatre/Technical Director Grayson College’s Theatre Program presents The Taming, a comedy by Lauren Gunderson, on November 18th at 7:30 pm and November 19th at 2:30 pm and 7:30 pm, and Sunday, November 20 at 2:30 pm and 7:30 pm, in the Black Box Theatre in the Arts and Communications building. Called “...a laugh riot with some timely food for thought” by the San Francisco Chronicle, the most entertaining civic lesson you’re likely to see. Theater, pandashowers, and undying goddesses for James Madison — what else could you expect to find in a Miss America Pageant? In this hilariously, raucous, all-female “power-play” inspired by Shakespeare’s Taming of the Shrew, contestant Katherine has political aspirations to match her beauty pageant ambitions. All she needs to revitalize the American government is the help of one ultra-conservative senator’s aid on the capa of a career breakthrough, and one bleeding-heart liberal blogger who will do anything for her cause. Well, that and a semi-historically-accurate trip. Here’s looking at you, America! Tickets are $10 for adults, $8 for seniors and students.

Admission is free for Grayson College students, faculty and staff.

Get Involved!

Viking Deadline September 26th The Viking needs student content! Please send any articles, art, poems, stories, journalistic writings, etc. to the editor, Katherine Britti, at studentnewspaper@vikings.grayson.edu
PhI Theta Kappa Wednesday, 12:30pm Viking room
Student Veterans of America (SVA) 2nd Tuesday of every month 1:30 pm - 2:00 pm Veterans Hub, 2nd Floor Bridge
Summit Thursday, 7:00 pm - 8:00 pm Baptist Student Ministry building
BSM Navigating 12:00 pm - 12:45 pm Baptist Student Ministry building
Check it out!
Career Readiness Opportunities await you on pg. 2.
Know where to get free condoms and STI and pregnancy testing? See pg. 3.
Get help on a paper at the Writing Center (pg. 5).
Did you know the Career Center can do a presentation for your group? (pg. 6)
Tacos and Bingo was a hit. (pg. 5)

Editorial

Banning books, the death of independent thought
By Michelle Mitchell, Library Administrative Assistant II

The Small Business Development Center can help YOU!
Even if it’s as simple as shipping trash tips and assisting on eBay, there’s no charge for our assistance.
We’re located in the Advanced Technology Building Suite 101.
Schedule an appointment today at 903-463-8787.

Tacos and Bingo was a hit. (pg. 5)
Since its beginning in 1991, the mission of Callie Clinic (then known as the AIDS Resource Center of Texoma) has expanded from HIV/AIDS testing to Sexually Transmitted Infection (STI) testing, family planning, and primary care. "We look at where we could help more," explains Gwynne Palmore, CEO of Callie Clinic, regarding the clinic's growth in services. Palmore, who has been with the organization for 22 years, notes that the clinic's focus is always on helping the underserved, especially those lacking insurance. Clients who live in Grayson, Cooke, Fannin, and Montague counties (Texas) and Bryan and Marshall counties (Oklahoma) are eligible for services.

Much of the clinic's funding comes from grants and the State of Texas and federal sources, in particular Title X Family Planning Services funds, awarded to organizations that work toward “healthy birth outcomes,” according to the clinic’s website, CallieClinic.org.

The clinic is located at 1521 Baker in Sherman, right off of Texoma Parkway. Hours are Monday-Thursday 8 a.m.-5:30 p.m., Friday 8 a.m.-noon. Appointments are required: 903-891-1972. Free transportation is provided.
Be in the know

Banning books continued

cont. from pg. 3

determined decisions on what will gain them a few extra "likes." Television and movies have more freedom than ever before and exploit that freedom to titillate, not raise moral values. Video games promote violence and dystopia, not higher values. All these are consumed and re-consumed more readily than any books are.

Books have become the media of last choice. What are people afraid of REALLY? The censorship of books in Texas in the last year has been epidemic. In the last year Texas has banned 861 books from 22 school districts. Becoming Number One in the United States for Book banning is a real epidemic.

Becoming Number One from 22 school districts. has been epidemic.

REALLY? It is not only the goal of education to produce thoughtful, empathetic people? How does banning books promote that goal? This cry, say all those who support it, comes from concerned parents. But is it real? Is this just one more moment in history when the story has been spun from concerned parents. But has it really? In the end I am thank-ful for Banned Books Week because it has once again made me ques-tion things that I should question.

Banned Books Week highlights an unprec-edented number of at-ttempts to ban books but estimates the number to be only 3-18% of the actual censorship occur-ring each year. Book banning is a real threat to independent thought. If reading this has made you feel dis-comfort, guilt, anguish, or any other form of psychologi-cal distress because of this or sex.

He wanted to know if these books were in the library and how much money had been spent on them. Dear reader, let us take a step back from this for a moment and just let it all sink in. When I am reading, I experience many emo-tions, and I am not sure I want to eliminate those that inspire compassion and anger on behalf of someone who is different from me.

The next question I have is why is that dan-gerous? Well, as reported in the Dallas Morning News, someone asked Rep. Krause that and he has little to say.

Moreover, he does not believe he has even read any of the books he has blacklisted. Krause vaguely that the titles may relate to new laws meant to ban critical race theory in classrooms. These books have been banned, and the group affected by this ban, Tex-as public school students, receive a homogenized, limited, and dull educa-tion. It is little wonder that books are censored, as boring and other media is more exciting.

Still, isn't the goal of education to produce thoughtful, empathetic people? How does banning books promote that goal? I do not know the an-swer to that question. If I am honest, I do not want to know the answer to that question.

In the end I am thankful for Banned Books Week because it has once again made me question things that I should question.

Banned Books Week highlights an unprecedented number of attempts to ban books but estimates the number to be only 3-18% of the actual censorship occurring each year.

Book banning is a real threat to independent thought. If reading this has made you feel discomfort, guilt, anguish, or any other form of psychological distress, then I would love to shake your hand. You will find me in the library where I have been recently caught reading a banned book!

Important fine arts dates to remember

GRAYSON COLLEGE
FINE ARTS CALENDAR
2022-2023

SEPTEMBER
Susan Larson
Flora and Fauna
JANUARY
Sala Larson
Music Department Recital
Friday, September 23, 7:30pm
Saturday, September 24, 2:30pm
Sunday, September 25, 2:30pm

FEBRUARY
Flora and Fauna
Jiaqi Chen, Sabatina Mauro, Kyuyim Lee,
Flute & Guitar, 10/25/22 @ 7:30pm

OCTOBER
Sala Larson
Flora and Fauna
Jiaqi Chen, Sabatina Mauro, Kyuyim Lee,
Flute & Guitar, 10/25/22 @ 7:30pm

NOVEMBER
Sala Larson
Flora and Fauna
Jiaqi Chen, Sabatina Mauro, Kyuyim Lee,
Flute & Guitar, 10/25/22 @ 7:30pm

DECEMBER
Sala Larson
Flora and Fauna
Jiaqi Chen, Sabatina Mauro, Kyuyim Lee,
Flute & Guitar, 10/25/22 @ 7:30pm

Callie clinic continued

Cont. from pg. 2

Monday through Thursday for clients who need it. For family planning services, Callie Clinic will see clients as young as 14. For all other ser-vices, clients must be at least 18 years old.

Primary care and fami-ly planning

A large number of the clinic’s clients visit for contraceptives. The most fre-quently Nystrom (red) implants and removals, according to Palmore. Other contraceptives the clinic provides include pereapoms; Plan B (Levonorgestrel emer-geny contraceptive) and birth control pills and patches.

The clinic refers cli-ents to other providers for IUD insertion or re-moval. Pregnancy test--ing is also offered, as well as colposcopes, which are “inspections of the vagina, vulva, and cervix for signs of dis-ease, including cancer,” as stated on the clinic’s website.

As part of primary care, Callie Clinic offers counseling and low-cost wellness exams.

Testing

Callie Clinic tests clients for the following: Sexually Transmitted infections: Herpes, C. Gonorrhea, Chlamydia, Trichomoniasis, Syphilis, Hepatitis C, and Bacterial Vaginosis. Clients who test positive are offered counseling and referrals for treat-ment.
The Boys and Girls Club

The Boys and Girls Club meets after school at each of the 7 elementary schools in Sherman (Denison has a separate program.) Middle school and high school students are bussed to the Club’s main location at 1500 S. Luckett. Lashley has been working with the Club for 18 years. “It’s rather work with kids than adults,” she says. “They bring a smile to my face.”

Career Center Celebrates First Anniversary

September marked the one-year anniversary of the Grayson College Career Center. More than 700 students have visited the center or have participated in Career Center campus and community events over the last year.

The Career Center helps students discover who they are, what they like to do and what they do best. Many students are frustrated in school because they do not see the direct link between their coursework and goals for the future. Career planning enables students to see that link and identify their strengths, skills, and interests to help them determine the best career path for their future.

Erica Lashley, Program Director for the Boys and Girls Club of Sherman, and Corey Leird, Career and Pathways Coach hosted a recent job fair at the South Campus.

Career and Pathways Coach Corey Leird counsels students to know Callie Clinic can provide them services such as education and counseling.

CEO Gwynne Palmore reports that the clinic is expanding its telehealth options thanks to a grant from HERSA (Health Resources and Services Administration) to purchase more equipment.

Dr. Gene Vokuhl, an infectious disease doctor formerly on staff, also offers telehealth services to Callie Clinic clients from Oklahoma City. Through telehealth, Dr. Rathod can now ensure those clients in southern Oklahoma counties can more easily access services.

One of the most robust services Callie Clinic provides is for HIV/AIDS clients, who were the emphasis of the clinic’s original mission at its founding over 30 years ago. The clinic assigns these clients both Case Managers and Medical Case Managers who oversee patient care.

“People never have to feel alone,” the clinic’s website states, since Case Managers assist clients with housing, transportation, food, insurance, prescriptions, and health education. Case Managers can help a client’s partner and family to navigate their client’s illness and care as well.

Medical Case Managers focus on a client’s medical treatment, helping clients manage medication, treatment plans, referrals for outpatient care, dental and mental health, and nutrition, according to the clinic’s website. Palmore notes that these managers “encourage clients to stay on their medicine and to keep doctor appointments.”

While only the Sherman location provides clinical services, the clinic does maintain a meeting site in Bonham where local clients can meet case managers.

South Campus Riddles

I have a tail and a head but no body. What am I?

A coin

Callie Clinic

One-Stop-Shop for HIV/AIDS clients

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Telehealth options

Palmore reports that the clinic is expanding its telehealth options thanks to a grant from HERSA (Health Resources and Services Administration) to purchase more equipment.

Medical Director Dr. Minaxi Rathod recently received her Oklahoma license, enabling the clinic to offer services in Durans.

Previously, only the Oklahoma sites offering dedicated HIV/AIDS care were in Tulsa and Oklahoma City. Through telehealth, Dr. Rathod can now ensure those clients in southern Oklahoma counties can more easily access services.

Dr. Gene Vokuhl, an infectious disease doctor formerly on staff, also offers telehealth services to Callie Clinic clients from Oklahoma City. Through telehealth, Dr. Rathod can now ensure those clients in southern Oklahoma counties can more easily access services.

One of the best ways to remember something is to tell someone else about it. By relaying what you’ve learned, you’re more likely to remember the details for longer than if you just read your textbook. When your brain categorizes memorized facts, it keeps the most important ones more accessible, because it assumes the information you’ve told someone else must be pretty important.

did you know?

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Hello everyone, it's Katherine (the editor) here. Having the opportunity to do the newspaper is a wonderful experience for me. Who else is excited about the weather changing, and becoming cooler? I know I am.

It finally turned to fall on October 23rd. I had been counting down the days until when I could take out my jackets and cozy sweaters from the closet again. Personally, I prefer cooler weather over the blistering Texas summer heat.

However, something to keep in mind is that seasonal depression often accompanies the fall season. Seasonal depression is real, so be sure to make time for yourself. Create some time to relax in between studying, work, and (if you have them) kids.

It can be easy to get caught up in all the stress-filled moments of this crazy life, but just remember- you’re doing amazing!

It can be rough remembering to take time for yourself when you have so many other things to focus on. In between the tests, and endless quizzes perhaps you find yourself feeling a little gloomy. Take a short break to enjoy this beautiful fall season. Take some photos of the changing leaves, carve a pumpkin... and maybe even snag some candy. Step outside and go for a walk, or do your favorite activity. Take a short breather before you overwhelm yourself!

After all, mental health is essential to be successful at anything you do with your full potential. If you ever find yourself falling under the spell of seasonal depression, be sure to visit Grayson Colleges counselor’s office. There you can find solutions to combat any internal stumbling blocks and be on your way toward your future goals.

You can find the counseling location at Main Campus 6101 Grayson Drive - Denison, TX 75020 the phone number is 903.463.8695. Located on the second floor of the Life Center.

Counselors are available on the South Campus by appointment on the Grayson website. If you would like to share your papers, artwork, or anything you can reach me by emailing me at: prkpetri@vikings.grayson.edu.

Thank you for supporting The Viking, and Happy Fall everyone!
Most students know that the Career Center can offer help with career planning, a resume, job interviewing and job listings but Career and Pathway Coach Corey Leird says that only scratches the surface of what the center can provide.

**Classroom Presentations**

_We’ll Come to You_

The Career Center welcomes every opportunity to partner with faculty and staff members to schedule classroom presentations. Faculty can request flexible presentations, taking 10 minutes to provide an overview of Career Center services or a full class period to present a specific career topic. 

_Or Bring Your Class to Us_

With advanced notice, you can bring your students to the Career Center for presentations, allowing students to use career assessments and conduct career research.

**Student or Community Organizations**

Invite the Career and Pathway Coach to be the guest speaker for your event. He still provide a 45 or 60-minute career-readiness workshop for your organization!

*Here’s how it works:*

1. Select the workshop you would like us to conduct from the list below and email Corey Leird at leirdc@grayson.edu with the following information: Date/time of presentation • Room number/Location - or Platform used and link • The topic you would like us to cover • Number of students in your organization 2. We require a minimum of five business days’ advance notice/request.

3. All workshops are approximately one hour long.

4. When a presenter comes to the meeting, they will take attendance, and we can provide you with this information.

**Presentation Topics**

Sample topics include, but are not limited to: Access to Career Assessments - Learn about yourself and your interests

**Career Advising and Exploration**

- Stellar Resumes
- Job Interview Preparation
- Job Search
- Job Opportunities and Internships
- LinkedIn Learning Career Readiness Courses
- Labor Market Insights

**Individual Appointments**

The Career Center offers walk-in, phone and Zoom appointments that can be scheduled on the Grayson College Career Center webpage.

The Career Center is a wealth of knowledge and resources. Set aside some time for a visit or explore the website today!

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ISO student content for The Viking. I need you to send in anything you would like to share with others. It can be artwork, a paper you’ve written, or even a personal review. Don’t hesitate to contact me if you are interested. You can send in all of your work at: prkpetri@vikings.grayson.edu. I am look forward to seeing what you have to share.

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**Callie Clinic continued**

Cont. from pg. 4

His practice in Dallas.

**Affordable for every client**

Payment for clinic services is on a “sliding scale” based on income. Grants fund much of the cost of patient care.

Palmere explains that the fee charged may dif-

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**South campus riddles**

**What falls but never breaks?**

*Nightfall*

South Campus custodians Martha Hernandez and John Garrett work hard daily to keep the campus clean and welcoming for students. Police officer Brian Ward is ever present, ensuring student and staff safety.

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**Disclaimer**

The Viking is a publication by Writers Unlimited and Sigma Kappa Delta as an ongoing service project to the college. This newspaper is provided as a forum for public opinion. Participation in the production of The Viking is open to all students, faculty and staff of Grayson College.

The views expressed in The Viking do not necessarily reflect the views of the editor, Writers Unlimited, Sigma Kappa Delta, the Board of Trustees, the administration or the faculty and staff of Grayson College.