Pres. McMillen challenges students to “start, engage, and finish strong” in address

By Cheyenne Arrington

Over the summer, members of Phi Theta Kappa, the International Honor Society of Two-Year Colleges, met in San Antonio, Texas, to focus on the goals established by the society. The San Antonio luncheon was attended by members from 36 states and included representatives from 50% and to improve business, industry, and community partnerships through service learning.

Regarding stewardship, goals will be to allocate operational expenses with college goals, increase student involvement in community service, and explore alternative revenue streams.

By Berny Gallagher

HC students, as well as faculty and staff, are invited to the Welcome Back to the Rand Center event sponsored by the Student Faculty Center.

This “come and go” event will be held in the Student Life Center on August 28, from 11:00 a.m. to 1:00 p.m. and is sponsored by the Student Faculty Center.

The BSM hosts Back to School lunch Wed. — By Bernie Gallagher

Swim Team which included games like 8 Ball, Foosball, Ping Pong, Table Tennis, and Video Game (5) tournament. The video game tournament is sponsored by the Student Government Association and included games like Call of Duty, Halo, and more were played to entertain and keep the students engaged with the campus.

Awards Banquet sponsored by Student Faculty Center. The banquet will be held in the Student Life Center on Wednesday, February 20, at 6:00 p.m. Students who have earned, and proactively advis- ed, will be honored and presented with awards.

The Viking. is archived earlier editions. "The Viking." is archived earlier editions. "The Viking." is archived earlier editions.

For more information con- cerning how you can get in- volved in BSM, please stop by our building (open from 8:00 a.m. – 4:00 p.m., call us at 903-463-8793/903-463-2207, or email bm101@airmail.net.

Most of the presenters did an amazing job.

Other sessions included "Hunting the Viking," taught by Phi Theta Kappa Members. Everyone has something they need to know from the very basics in "Phi Theta Kappa 101" to "Scholarship oppor- tunities." Among the attendees were Dr. Melissa Weinbrenner, advisor from Northeastern Connec- ticut College, and Dr. Archie Woodfill, the Apollo 13 Space- craft Warning System Engineer, who taught us even when facing overwhelming odds, failure is not an option.

Also present were Brent Baker, Vice President of Student Affairs, and Dr. Jeremy McMillen, president of Grayson College, who taught us about the importance of communicating with college goals, including access, success, engagement, and stewardship, in the State of the College address last fall.

Grayson College

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Sponsored by Grayson College, Hosted by Student Life.

Free September Late Night Food Event Tuesday, September 10 from 9:00 p.m. – 1:00 a.m. – Food Court

Free to all GC students and employees. Get to know the Homecoming Court. Sponsored by Grayson College.

Student Faculty Center Breakfast Tuesday, September 10 from 7:00 a.m. – 10:00 a.m. – Student Life Center

Sponsored by Student Faculty Center. Meet students and employees. GC students and employees are eligible to use the facility with a valid GC ID card.

Student Government Association Mondays (1st Monday of each month) at 12:15 p.m. – McMurphy Library

Open to all students. Agenda topics include students, SGA, and other related topics.

BSM Welcome Luncheon Wednesday, August 28 from 11:45 a.m. – 1:00 p.m. – Student Life Center

Sponsored by the Student Life Center, this luncheon is for students and employees.

BSM Welcome Week Monday, August 19 from 6:00 p.m. – 8:00 p.m. – Student Life Center

Free to all students. Get to know the residence halls.

Student Life Welcome Luncheon Thursday, August 15 from 12:15 p.m. – Life Center

Sponsored by the Student Life Center, this luncheon is for faculty and staff.

Student Government Association Monday, September 9 from 4:30 p.m. – 6:00 p.m. – Student Life Center

Students are invited to participate. The SGA will present information about the Constitution, addressing both historical and contemporary Constitutional issues.

N. Texas Tortoise Sanctuary and Conservation Center protects and educates

By Brittany Kindle

Many people do not understand endangered tortoises. Some cannot even spell the word “tortoise.”

The North Texas Tortoise Sanctuary and Conservation Center helps people gain an awareness of the tortoises. The sanctuary is located on the outskirts of Dallas, Texas, and has been protecting endangered tortoises for ten- n years. The sanctuary has many hosts, such as Hull’s main in- terest was in sharing information about The Culture of Competition. The presentation included a watch box, a screen, and a music track. The presentation also included photos and videos of the program. The presenter, Dr. Janet Hull, encouraged the audience to “start, engage, and finish strong.”

By Bernie Gallagher

Baptist Student Ministry

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FIGURATIVELY SPEAKING
August 14 to September 12, 2013
2nd Floor Gallery
Arts & Communications Center / Grayson County College


RECEPTION FOR THE ARTISTS
Thursday, September 12, 6PM TO 8PM
OPEN AND FREE TO THE PUBLIC

For additional information on the exhibit or future shows and events, contact the veteran student representative, Lydia Pine, at 903.463.8676 for meeting dates and times.

BSM Weekly Luncheon and Program
Every Wednesday
September – November 2013
11:45 a.m. – 12:15 p.m.
Free Lunch And Program
Students And Employees Are Invited

Welcome Picnic 2013

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The SCU is an organization of students who are interested in social, personal, and academic growth. The SCU is the student body organization with representation from the 20 recognized student organizations of GCC, individual students are also invited to attend the weekly meetings. This organization represents the 4000+ students and the student voice to the President’s Executive Council. Get involved! Make a difference!

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Welcome to Grayson College Career Services, 903.463.8693. Contact Grayson College Career Services, 903.463.8693 for meeting dates and times.

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We are seeking to fill several positions and welcome members who may be interested in working with us.

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Phi Theta Kappa (cont. from p. 2)

Phi Theta Kappa

By Tony Stanzo
Dean of Academic Instruction

Calling the workshop entitled “Leading as a New Officer” being selected to present workshops at these conferences allows members to develop their leadership and communication skills, which are very important both in a personal and a professional world and in the workplace.

Other fun activities at the Texas Honor Institute included the Friday night talent show with a quartet, and several comedians who kept everyone laughing until after midnight.

Saturday night, students got to “cut loose” at the dance, which was complete with a live DJ and a photo booth.

Several students won door prizes, and some were awarded scholarships.

Unfortunately, such a busy and exciting weekend had to come to an end. Omicron Pi members attended the last meetings said goodbye to their Phi Theta Kappa family, and made the trip home.

Omicron Pi members are very excited for their many upcoming projects this Fall semester and are eager to attend the Leadership Conference this October at Texas Tech University’s College Station!

Those who are interested in taking part in the exciting opportunities Phi Theta Kappa has to offer should check out their chapter website, phithetakapapeoria.tips, or visit one of the weekly meetings each Wednesday at 12:30 p.m. in LA 101.

Enjoy gourmet menus... at budget prices in GC’s student-run restaurant.

Six Ninety-One

Reservations for Wednesday and Friday lunch service: 903.463.2665

Calvary Art Building

Get involved in a club!

DAA – Drugs and Alcohol Counseling
Care Center BSM
Berne Gallagher
gallagherb@grayson.edu

Cosmetology
Charlotte McLain
mclainc1@grayson.edu

Delta Phi Delta Art Club
Steve Black
delta13662@grayson.edu

Dental Assistants Club
Joy Randolph
dentalassoc@grayson.edu

Grayson Nursing Students Association
Shirley Greenway
Grayson @nursing.Grayson.edu

Clay Club
Vibith Doh
vibithd@gmail.com

Phi Theta Kappa National Honor Society
Mary Londer
mjlonder@grayson.edu

Eta Sigma Delta
(Culinary Arts & Hotel Management Honors Society)
Mary Weatherly
mweatherly1@grayson.edu

Sigma Kappa Delta
English Honor Society (SKD)/Writers Unlim-
ited
Richard Davis
rdavis@grayson.edu
Marci Taylor
mtaylor26@grayson.edu

Kay Denison
kaydenison@yahoo.com

Arbitration
Joanna Bryant
bryantj@grayson.edu

Student Government

Saturday Night at Budget Prices
in GC's Student Run Restaurant

Grayson College Music Club

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terrezo@grayson.edu

HALO (Hispanic American Leadership Organization)
Sandra Silvian
silvians@grayson.edu

Tennis Club (Pong Pong Club)
Tony Stanzo
tony.stanzo@grayson.edu

Future Educators
Keri Harvey
kharvey@grayson.edu

TIPPS (Culinary Arts & Hospitality Management)
Jonna Bryant
bryantj@grayson.edu

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Dental Assistants Club

Grayson Nursing Students Association

Clay Club

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Swimming with sharks

By Mallory White

I remember the pool, the way the suv hit the concrete and splattered over the deck, the ants that were crawling on the hot patio ground before being swept away by the wind.

“Good riddance,” I would say. I hated the ants that fell into the pool and ruined everything by getting trapped in my hair and biting me.

The chlorine was very strong, and my eyes burned and stung to the point that I wished I lost my sight if I kept swimming.

I didn’t like the deep end very much, I got panicky and short of breath I thought I would never make it to the ladder. So I stayed on the steps in the shallow end and enjoyed my time in the water like I would never swim again.

“Look at me, Mom; look at me. I am a mermaid!” I would call out, she wouldn’t react you look too much like your book and smile or nod. She was too busy bun

ning to care what silly game I was playing.

When I was in the water, I could I pretend I was anybody. I could transform. Suddenly I wasn’t in my Grandma’s pool; I was in a beautiful cove near the ocean.

I was surrounded by my make-believe sisters, mermaids who were all beautiful and lovely. We all sat on rocks and dis

cussed the chaos of our underwater world.

All my sisters had boyfriends or hus

bands. I was the only one who didn’t, but that didn’t matter. I was the adventurous one. We all had our traits. I wouldn’t

trust anyone, I wouldn’t be trusted, my

eyes were always on me, I would brush

my hair.

In the end, they is the only one who didn’t, but that didn’t matter. I was the adventurous one. We all had our traits. I would

build new habitats for the tortoises. “We are trying to pro

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By Bob Orndorff. Courtesy of the National Association of Colleges and Employers, copyright holder.

Here are the top 10 things you can do during college to make yourself marketable at job interviews:

1. Identify your interests, skills, values, and personal characteristics. The first step to clarifying your career goals is to go through a process of self-assessment. Visit your career center and take advantage of the self-assessment instruments it has to offer.

2. Actively explore career options. You owe it to yourself to find a career that enriches your life, one that brings you joy. Actively exploring careers means talking with professionals in occupations you may be considering, discussing your options with professionals on the job. Your career center probably has a staff member and other volunteers who are willing to talk to you about their careers. Also, attend any career expos, career fairs, and career speaker panels that are offered.

3. Develop a job search plan. Your college career center can help you throughout your entire college career. Here is just a sampling of what your career center can help you do:
   - Choose your major and career direction.
   - Develop career skills.
   - Obtain an internship.
   - Write a resume and cover letter.
   - Develop your interviewing skills.
   - Identify your skills, interests, and values.
   - Develop a job-search plan.
   - Connect you with prospective employers (career fairs, on-campus recruiting, and more).

4. Become active in extracurricular activities and clubs. Active involvement in activities and clubs on campus is highly valued by employers and graduate schools. Joining a club is fine, but becoming active within that club is what matters most. Become a leader, hold an office, or coordinate an event. You will develop your skills in leadership and teamwork—skills that recruiters covet!

5. Gain an appreciation of diversity through study, foreign languages, and courses in other cultures. Whether the field (and company) is one in which you want to work day in and day out! One way to explore careers and determine whether or not certain careers are for you. When you work for a company as an intern for three to four months, you get a really good feel for whether the field (and company) is one in which you want to work day in and day out!

6. Internships are the springboard to employment. Many recruiters say that when they need to fill entry level jobs, they will only hire previous interns. In addition to making yourself more marketable, internships also are a great way to explore careers and determine whether or not certain careers are for you. You will develop your skills in leadership and teamwork—skills that recruiters covet! It's important that you begin to understand and appreciate the importance of giving back to your community, and that you live in a larger community than your college or hometown. Typically, students look at community service as a chore. After they've served, however, it's usually one of the most rewarding experiences they've had! Recruiters love to see that you've volunteered to help in your community.

7. Develop computer skills. Over and over, company and graduate school recruiters complain of the lack of writing skills among college graduates. Don't avoid classes that are writing intensive. Work developing your writing skills. If there is a writing center on campus, have them take a look at your papers from time to time. Remember, the first impression you give to recruiters is typically your cover letter or personal statement.

8. Complete an internship in your chosen career field. More and more, internships are the springboard to employment. Many recruiters say that when they need to fill entry-level jobs, they will only hire previous interns. In addition to making yourself more marketable, internships are a great way to explore careers and determine whether or not certain careers are for you. When you work for a company as an intern for three to four months, you get a really good feel for whether the field (and company) is one in which you want to work day in and day out!

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10. The Life Center check-out desk.

   Driver’s license, passport, or high school ID card with photo
   Copy of paid receipt from the “Pay Review” screen on Campus Connect
   Your 9-digit Grayson student number

Do you know what to do if you witness an active shooter?

RUN, HIDE, FIGHT

• “Run” away from the area now. Leave your stuff, look for escape routes, don’t use elevators. Meet at others to come with, but don’t wait on them. When you’re safe, call the police.

• If you can’t “run”, stay “Hide.” Lock and barricade the door. Close and lock windows and doors. Turn off lights and all electronic devices. Put a sign in exterior window with number hiding. Hide away clothing, look out of view from hall. Stay put until you hear an “All clear” message at the police cars.

• Call police and tell them where you are. Call police and tell them where you are.

• “Fight” with whatever you have. If the attacker finds you, “Fight” with whatever you have. If the attacker finds you, “Fight” with whatever you have.

“…When you work for a company as an intern for three to four months, you get a really good feel for whether the field (and company) is one in which you want to work day in and day out!”

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Check out these courses the CWL is offering this semester:

1. **DaFo QiGong form, Mei Dan**
   - Medical QiGong is a gentle exercise, synchronized breath and movements, which is worked both in the physical system throughout the body. This DaFo QiGong form is 50% off for the first 20 students who register and part of Traditional Chinese Medicine (TCM) including the foundation of acupuncture, Tai Chi and Martial Art. It boosts natural immune as well as prevents mental health issues. This is a co-educational program and no previous experience or fitness level is required.

   **Mei Dan Level I:**
   - Start Oct 7- 9, Mondays 5:15-6:45pm $52 (4 weeks)
   - Start Oct 7, Tuesdays 5:15-6:45pm $70 (5 weeks)
   - Nov 12-Dec 3, Tuesdays 5:15-6:45pm $45 (4 weeks)

2. **Gentle Ayurveda Yoga: The Body Sequence**
   - This series of classes we continue to repeat the practice. The benefits of the practice begins to become well-defined, so that when we learn to deepen our self understanding and body awareness, this class supports your own private daily practice.

3. **Radiant Lotus Women's QiGong**
   - Whether you are undergoing a health challenge and want to experience the body, mind, and spirit; or someone who is just looking to start a health practice, the Lotus Women's QiGong program is here to support you on your own path.
   - We will learn the Basic QiGong practice; with intention we will learn the body and the system of QiGong both in our hands and feet that allows you to integrate and feel the movement and finally you have a great QiGong form that anyone can learn. The class includes also an acupuncture program that balance and stimulates the acupuncture system for improved well-being.

   **Mei Dan Level I:**
   - Start Oct 7, Tuesdays 6:45pm - $70 (5 weeks)
   - Nov 28 & Dec 5, Thursdays, 6:45pm - $70 (5 weeks)
   - Start November 11, Mondays 6:45pm - $70 (5 weeks)

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**Technical Training**

- **Business/Professional**: 6:45pm - $10.00
- **Technical Training**: 6:00pm - $10.00
- **Personal Enrichment**: 6:45pm - $10.00
- **Technical Training**: 6:45pm - $10.00

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**WHAT IS THE CWL?**

The CWL is the continuing education and life-long learning department at Grayson College. We offer a variety of non-credit, mirrored and certificate classes for every student of every age. We also partner with businesses in the community to provide business technical, general technical and soft-skills education for employees.

Contact: Katy Wilson, Program Administrator

**Visit our website at www.cwlgcc.org**

**The CWL offers an Industrial Maintenance Program, Welding, HVAC classes, and a Machining Program will be starting soon.**

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**Explore**

**Explore**

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**WHAT IS THE CWL?**

By Lauren Hummer

Enrollment Specialist

WHERE CAN YOU LEARN...

- to cook a gourmet meal?
- to enjoy live music?
- to become a certified barber?
- to become a better welder?
- to learn the basics of business?
- to learn to develop your skills in a technical field?
- to become a Smoothie Artist?
- to expand your personal interests?
- to improve your training in a technical industry?
- to be a part of the Grayson College community?
- to be a leader?
- to be a leader?
- to be a leader?