

Monday, October 29, 2012

Get involved

Sweet Treats Stop 1st Wednesdays 9:00-10:00 a.m. —2nd floor, Student Life Center

November First Friday Connection Breakfast

Friday, November 2 7:00-9:00 a.m.-Life Center, Community Room Employees please register when you arrive. Chair neck and back massages provided by Ryan Kelley, LMT

November First Thursday Connection Breakfast

Thursday, November 1 8:00-9:00 a.m.-main foyer, South Campus

Hall-O-Fest

Wednesday, October 31 12:00 -1:30 p.m. —Life Cen-ter-East Patio, Under The Bridge

Campus-wide activity, costume contest, pumpkin decorating and carving contest, live music, activities, student club appreciation day, free desserts and drink

"Empty Bowl" Fundraiser

Thursday, November 15

11:00-1:00 p.m.—Life Center, 2nd floor

Purchase a ceramic bowl for \$10, and receive a tasty soup of your choice prepared by Culinary Arts. Proceeds go to the "Visions of Sugar Plums' charity. Event sponsored by the Clay Club.

International Student Day

Thursday, November 15

11:00-1:00 p.m.—*The Bridge* Displays and exhibits representing the international stu-

THE VIKING Volume III, Issue III "Just 'Do It" raises \$4,000 for cancer-fighting Women Rock

GRAYSON COLLEGE



Just 'Do It participants donned 'do rags and pink to show their support for local breast cancer support group Women Rock

By Gretchen Huff

Job Placement Specialist

On Tuesday, October 16, over 200 Grayson College students, faculty and staff turned out in 'do rags and pink to show support for breast cancer awareness.

The campus community rallied and raised \$4000 to donate to Women Rock, a nonprofit organization that provides monetary support to local women fighting breast cancer.

Breast cancer survivors and fighters were also recognized.

Women Rock founder Lu-Ann Daniel brought their popular attraction to the event, the pink fire truck. The fire truck is named for Daniel's friend Susan Hicks, who lost her fight with breast cancer.

Survivors sign the truck, which serves as a "victory trophy" to represent their battle won with breast cancer. It also provided the perfect back drop for pictures.

This was the second year "Just 'Do It" has been held on

campus. Last year, the event raised a total of \$800 (\$600 from campus donations and \$200 from outside sponsorships). This year \$4,000 was collected (\$3,200 from campus groups and \$800 was solicited from community sponsorships). That's an increase of 400%!

This year several new elements were added to the event. Eighteen campus teams registered to fundraise and compete for fun prizes.

Student teams were Ladies of Viking Hall, Sisters of Destiny, Culinary Arts & Hospitality Student Group - TIPPS, Welding Association, Grayson Student Nurses Association, Men of Distinction, and Student Ambassadors.

Campus staff and faculty teams participating included Crazy Educators, Team Admin, Team Financial Aid Office (2 teams), Team Business Office, Team Library, Team Student Services, Team Generations, Team "Pink Panthers," Team "Feed Cancer to the Crabs," and Team "Only Real Men Wear Pink.'

(*cont. p.* 6)

Club G rocks Grayson

dent population at GC. Sponsored by the Cultural Diversity Club.

Fall Table Games Tournament

Ping pong, 8-ball, foosball and video games

Tournament play ends November 2.

For more information contact Student Life.

2nd Annual 2012 Holiday Office Decorating Contest

Registration period: October 31-November 21 Contest period: November 26 -December 10 GC employees turn offices into festive environment. Contact Student Life for more information.

November Late Night Food Event

Tuesday, November 13 9:00-10:00 p.m.—Life Center, Food Court

Frito Chili Pie Fest. Dessert and drink included. Complimentary meal by Great Western Dining Services. Sponsored by Student Life. Open to students and employees.

BSM Campus-wide Thanksgiving Lunch Wednesday, November 21 11:30-1:00 p.m.—*BSM* Complimentary lunch provided by the BSM. Open to students and employees.

It's My Life Student Leadership Series

Monday, November 26 12:15-12:45 p.m.—LA107

Facilitator: Jarred Johnson of Texoma Medical Center. Business leaders share leadership philosophy in today's competitive environment. Sponsors: CWL Advisory Board, SGA, SL (Cont. pg. 2)

By Melinda McBee

Professor of English

Humor mixed with a touch of irreverence set the tone as math professor Shawn Eagleton approached the stage to introduce the opening set at Grayson's Club G last Thursday night.

'Ready for some good music?" Eagleton asked the audience. In response to the crowd's clapping, cat calling, whistling, Eagleton and quipped, "Then you should probably go somewhere else."

More than 120 students, staff, faculty, and guests joined the 70s' disco-inspired venue from 8:00-10:00 p.m. in the Life Center Community Room to hear Dean of Academic Instruction Tony Stanzo, Eagleton, and Billye Cheek perform a wide variety and genre of musical selections.

Stanzo on guitar started the evening rolling by singing a trio of songs from the Jazz Era that included the 1958 standard "Scotch and Soda," as well as "Baby's Request" and "Dream a Little Dream," with Cheek providing backup vocals on the last song in the series.

The mood shifted as Cheek moved center stage and accompanied herself on guitar with a selection of folk/light rock songs. Her smokey contralto was most notably highlighted by her rendition of "Just Breathe."

Eagleton soon followed with a tribute to the Blues. Jimi Hendrix's "Red House" took on new dimensions as Eagleton, with a hint of vibrato to bring out the soulful aspects of the song, seemed to be singing from his own personal experience. His guitar riffs pro-



Director of Student Life Gregg Miles and Media Technology Specialist James Scoggins cut up at Club G, "Blues Brothers" style

grinding vocals.

All three musicians came together to perform several original works composed by Stanzo ("Deep Ellum," "Gunny Sack Woman," "More Fish") medley. a Calypso and Stanzo's high tenor, along with Cheek's and Eagleton's harmo-

vided further depth to the nies, showcased the group's versatility and vocal flexibility.

> Stanzo closed the evening with songs ranging from American Folk Standards and British Coffee House

performance on October 18, a

WWII vet who was also a four

star general was present, and it

was extremely moving when

the 500 teenagers from area

schools gave him a standing

ison Eisenhower Birthday

Favorites to Country and Blues.

(cont. p. 3)



Vets honored with South Pacific tribute performance

By Robin Robinson Director, Drama/Theater

The Grayson Theatre department concluded six performances of the musical **SOUTH PACIFIC** and succeeded with their tribute to veterans in our community and college.

Opening weekend was dedicated to veterans, and the majority of the audience was comprised of veterans and their families.

Jack Norman, Trustee of the Grayson College Board of Trustees, greeted the audience and recognized many veterans from past wars, as well as those who are currently serving our country.

Three World War II vets were present Friday, and several more attended the following

Veterans Kent Beckcom (left), Lil Orbin, and Jack Hansard enjoyed the performance

performances.

Thea Albert, adjunct Theatre professor, commented, "So many of our World War II veterans have passed away that is was important with this show to acknowledge the WWII vets before it was too late.'

Even at the student matinee

The Viking in full color online at

http://www.grayson.edu/collegeinfo/the-viking.aspx, including archived earlier editions.

From the Grayson home page, click on "College Info" and then "The Viking."



ovation prior to the show. Tenna Matthews, Grayson Theatre Tech Director, stated that "we were so proud to be able to partner with the Den-

(cont. on p. 2)

WHAT'S HAPPENING AT GC

Student Government Association Mondays (1st Monday of each month) 12:15-12:45 p.m.—The H UB

It's My Life Student Leadership Series 4th Mondays 12:15-12:45 p.m.—LA107

BSM Luncheon

Wednesdays 11:45-12:30 p.m. -Baptist Student Union

BSM Bible Study

Mondays 12:00-1:00 p.m. -Baptist Student Union

Fellowship of

Christian Athletes

Tuesdays 6:00 p.m.—Viking Residence Hall Main Lounge

Men of Distinction Thursdays 12:00-1:00 p.m. — The HUB

Sisters of Destiny Wednesdays 4:00-5:00 p.m. — The HUB

Phi Theta Kappa Wednesdays 12:00-1:00 p.m. —*The HUB*

Dental Assisting Wednesdays 1:00-2:00 p.m. —*The HUB*

Speech Club Every other Wednesday 3:00-4:00 p.m. —*The HUB*

Writers Unlimited/ Sigma Kappa Delta $2^{\text{nd}} \& 4^{\text{th}}$ Fridays 12:00-1:00 p.m.—*GC Writing Center (Library, Rm. 110)*

Mu Alpha Theta Tuesdays 2:00-3:00 p.m. —*The HUB*

Welding Association Every other Tuesday 12:00-1:00 p.m. —*The HUB*

Cultural Diversity 1st & 3rd Thursdays 1:15-2:15 p.m. —*The HUB*

The Clay Club Tuesdays 6:00 -6:30 p.m.—AC 120

event

By Brandy Fair

Professor of Speech

On October 31st the Texoma Regional Blood Center will be on campus in the Life Center from 9 a.m. until 3 p.m. for a blood drive.

blood donors for Oct. 31

The students in two of Dr. Brandy Fair's Business Speech courses are hosting the event as their group project for the class.

The students are responsible for producing brochures, posters, and a third type of advertising to promote the event.

In class, the groups will then present their advertising in a "sales pitch" as to why their materials are the best.

Representatives from Texoma Regional Blood Center will also be weighing in on the groups' work.

In addition, part of the assignment requires each group to have a minimum of

eight people donate for their group, and the group who has the most donors receives extra

credit on their project. Groups will be handing out colored tickets to track who donates for them starting the



week before the blood drive. Tickets will be turned in at the event; however, you do not need a ticket to donate.

For more information contact Dr. Brandy Fair in AC 108 -B or at (903) 463-8734. Please come out and support this event!

Inverted classroom works for math students

By Lori Harlin Henderson

Professor of Math

The South campus students enrolled in Lori Harlin Henderson's Math Literacy and Transition to College Algebra courses are learning mathematics in a nontraditional, and hopefully better, way

Historically, students dread taking their math requirements for several reasons. Many find remembering the rules intimidating.

Some have been unsuccessful in the past and therefore suffer severe anxiety in connection with learning math.

Most students find it frustrating that they can't see a connection between the math in the classroom and that in their everyday lives. "Where will I ever use this?" is a common question posed to all mathematics teachers.

This semester Harlin is attempting a different approach to teaching these classes by implementing three new techniques.

Speech students recruiting | Vets at South Pacific (cont. from p. 1)

Celebration this year so that we had an opportunity to reach out to the community in a new way. We produce a musical every other year, and it was privilege to introduce this classic show to a new generation, as well as a generation who has enjoyed it in the past. This show helped accomplish our mission as a department, which is to give our students training and new experiences and also serve the community."

Closing weekend had a special twist. The Culinary Program offered a Polynesian Buffet for 45 patrons prior to the Sunday performance.

The Grayson Theatre department would like to thank all those who helped make this production a suc-



GC Culinary Arts canapés

cess.



Culinary Arts students in Garde Manger (Cold Kitchen), learning how to make canapés

courses are being taught by the Henderson's inverted math class

are doing "homework" during

(cont. on p. 5)





Phi Theta Kappa attends Texas Leadership Conference

By Genia Shipman

On October 12-14, the Phi Conference at Leadership Weatherford College. Eight students, along with their chapter advisor, Mary Linder, experienced 3 intense days of unique workshops and inspiring leadership seminars.

During the award ceremony, Rob Czajkowski, First Vice President of the Omicron Psi Chapter, was awarded a pin for completing Theta Kappa Omicron Psi Chap- all of the coursework and electer attended the annual Texas tives for the Five Star Competitive Edge Leadership Program.

circumstances out of his con- to travel to different confertrol, must embrace a leaderthe day!

The Texas Leadership Conference is one of several out of the classroom. conferences Phi Theta Kappa hosts each year to help stu- joining Phi Theta Kappa, dents network and to provide contact them with invaluable educational experiences.

ences and workshops in orship role and ends up saving der to help develop important soft skills that are key to future success in and

> If you are interested in Professor Mary Linder via email at lin-<u>derm@grayson.edu</u>.

The first change is that the Below: Students in Lori Harlin Inverted Classroom Model.

Eta Sigma Delta (Culinary Honor Society) TBA

Student Ambassadors 1st Thursday of each month 7:00 -7:45 a.m.—Bridge lounge-outside the HUB

MAS—Give More-Get More

Tuesdays 2:30-3:30 p.m.—*The HUB*

Delta Phi Delta Art Club 1st Wednesday of each month 11:45 a.m.—*AC105*

Grayson Nursing Student Association Thursdays 5:00 -6:00 p.m.—The HUB

Psychology Club Tuesdays 12:15-12:45 p.m. -CIS 202

Paramedic Student Association Meetings as needed. 5:00 p.m. —HS 215

Vocational Student Nursing Association Tuesdays 12:00-1:00 p.m.-South Campus

Cosmetology Club Mondays 3:45 p.m.—CTC classroom

Veterans Student Association

Viking Room

GC Spirit Days

Fridays Employees wear blue jeans and GC shirt.

Every member was given a complimentary Leadership Development Textbook, which is valued at over \$50.

enjoy.

2nd Annual 2012 Holiday

Office Decorating Contest

GC employees to celebrate the coming Christmas

festive environment for students and fellow colleagues to

*Registration Period: October 31-November 21, 2012

*Contest Period: November 26-December 10, 2012

season by turning their respective offices into a

On Saturday night, the members experienced Ethan Uslan, a Ragtime/Traditional Jazz Pianist, play a live piano accompaniment to a Buster Keaton's 1920's silent film entitled The General. The students watched in amazement as Uslan played the piano for nearly two hours. The General portrays an "unlikely leader" who, due to

Students who are involved with the chapter are eligible

ΦΘΚ



Grayson Theatre presents Contempt of Court in Nov.



By Robin Robinson Director, Drama/Theater

The Grayson Theatre department held auditions on Monday, October 15 in the Black Box Theatre for its next production, CON-TEMPT OF COURT.

Twenty-eight students auditioned for the play, as well as applied for crew assignments for this show.

CONTEMPT OF **COURT** is a comedy with audience interaction and is a parody of the legal system. The play is reminiscent of television shows such as Judge Judy and Night Court.

The audience will have the opportunity to vote on three different cases presented and will determine the outcome of the play.

Kailee Rolen and Skyler Alton will play opposing attorneys, named "Cheatham" and "Schyster." "Judge Judy Koch" will be played by Kasey Poindexter, and her court bailiff will be portrayed by Nathan Owen. Aaron Hogue has the opportunity to play four different characters that come to testify at each case.

Maggie Bergener has the responsibility of leading the crew as Stage Manager, along with Katie Slay and Rachel Schroeder as her assistants. Andrew Steel will design the lights, and Blake Rice will design sound. Board operators will be Jose Gomez and Mason Butler with the Master Electrician, Jasmine Shannon and Master Carpenter, Nathan Poindexter. Thea Albert will design the set and costumes, and Dillon Wooten will be her assistant with Rodney Hudson on props.

CONTEMPT OF **COURT** will play in the Black Box Theatre November 16 & 17 at 7:30 p.m. and November 18 at 2 p.m. Reservations are recommended since there is limited seating. Tickets are \$3 or free with a Grayson I.D.

For more information contact the Grayson Theatre department at 903-463-8609 or theatre@grayson.edu.

GETTING TO KNOW GC

Club G a hit with GC community (from p. 1)

The poignant and haunting mel-ody of Lucinda Williams' "Blue" showcased Stanzo's singing ability and instrumental skills.

In addition to the fine music, Great Western Dining offered a complimentary buffet that included German sausage and brats, sour kraut, coleslaw, potato salad, a va-riety of soft drinks and water, and an array of cookies.

Numerous GC students and employees were on hand to volunteer their time and expertise, ensuring the evening's success. The deli-cious food, the comfortable setting, and the good music all combined to make for an enjoyable and funfilled evening.

What's in store for CLUB G in February 2013? Your best bet, according to Director of Student Life Gregg Miles, is to "join the 'crowd' in February and experience CLUB G for yourself."





















CLUB G CLUB G CLUB G CLUB G



Single-parent resources (cont. from p. 5)

Its location is 2001 Loy port you can apply for. You receive food stamps, as stat-Lake Road, Sherman, TX may know this as food ed by the Census Bureau. It 75090. The Department has stamps. all kinds of applications.

SNAP, or Supplemen- mothers receive food afford to tary Nutrition Assistance stamps. Among children they need. Program, is one type of sup- with single mothers, 41% The

helps families and single Two thirds of all single parents who can't always food afford to buy the groceries

The Human Resources

More than what meets the eye . . .

By Matthew McMullan

When most people look at it, they see gravel. They see telephone poles. They see trees. They see fields. Nothing special. After all, isn't it just a place in the middle of nowhere?

For most people, it is just that. It is a gravel road in the middle of nowhere. For me, it is something so much more.

It is an escape. It is familiar. It is an adventure. It is more than just gravel. It is where I have experienced pain, blood, sweat, and pure bliss.

I hear the crunch of the gravel. I feel the rhythm of my footsteps. While this area may be just a group of roads, to me it is more than what meets the eye.

The thirteen-mile drive riding shotgun with Cody (a close friend and a fellow runner who first told me about the running group) through the back roads to a group of roads northeast of Van Alstyne called "Logan's" was as enjoyable as most rides with him.

speed limit sign, I looked down at Cody's speedometer, which read 65 mph. A Lady Gaga song was blaring through the speakers. The ride to Logan's was nothing unusual, at least not for Cody.

As we arrived at our destination in the middle of nowhere, I hopped out of the car and stepped onto this new land for the first time, hearing "Hey big sexy" from the coach as he addressed Cody.

The setting was simple: just several high school and junior high runners getting ready to run easy mileage while their coach, a guy named Mike who always wore the same toboggan no matter what, greeted everyone with small talk.

Logan's consisted of several loops of varying distances and varying terrain that always started and ended in the same spot.

However, what seemed special at this point were the people, not the place. I had never before seen this many people who were dedicated to running and truly enjoyed it. I still felt a little over-

As we passed a 45 mph whelmed, being in an unfamiliar place with unfamiliar people.

After chatting for some time, everyone soon took off for his or her run. A road that I know inside and out now was completely new to me then.

My first run out at Logan's was enjoyable. I ran the small loop, a loop of only about three miles, but enjoyed the gravel roads, abundance of trees, and complete lack of cars.

Recently recovered from an injury, I was completely out of shape, but I was just happy to be back running, which I hadn't been able to do for a couple of months.

I knew I wanted to continue running out at Logan's, not because of the place, but because of the group: a group of people who loved to run and a man who truly knew how to coach.

At this point, there was nothing special about the place. It was just another place to run. That would soon change, though. (*cont. on p. 6*)

office also provides Medicaid applications for families and single parents who cannot provide insurance, or can't afford insurance, for their child.

TANF, or Temporary Assistance for Needy Families, is another kind of assistance that the Human Resources office offers. It is there to help families and single parents that are in a bind for money. One tenth of all single mothers receive TANF.

Ulum uses some of these resources and said, "These resources help me out a lot. I receive Medicaid for my son and also SNAP for my son. Currently I have a pending child support case. It can cause me to miss school or work, so it can make it really difficult for me at times.'

If you receive any kind of government assistance and you don't name the father of your child, they will drop your assistance. Single parents, make sure you file for child support. You can do that by going to this web site. <u>https://</u> www.oag.state.tx.us.

If you want more information on any of the applications, they offer, contact the Human Resources Director Wayne Blackwell by calling 903-892-7224, or you can email him at wayneb@ci.sherman.tx.us. You can make an appointment or just ask some questions about things you want to know.

Also you can go the Human Resources office web page https://www.ci.sherman.tx.us for more contacts and information.

According to the U.S. Census Bureau, the number of children who grow up in singleparent homes continues to rise. Children growing up in a singleparent home have struggles just like the single parent does.

As of 2011, 11.7 million families in the U.S. were headed by a single parent, 85.2% of which were headed by a female and the rest by male.

Just remember you are not alone, and there is always help out there.



The Viking is published by Writers Unlimited and Sigma Kappa Delta as an ongoing service project to the College. Participation in the production of The Viking is open to all students, faculty, and staff at Grayson College. The newspaper is provided as a forum for public opinion, and views expressed in The Viking do not necessarily reflect the policy of Sigma Kappa Delta, the Board of Trustees, the administration, or the faculty and staff at Grayson College. Material for publication may be submitted to The Viking office (LA105E) or through email to Marlea Trevino: TrevinoM@grayson.edu. Volunteers for production and writing may also visit The Viking office.

GC AND YOU

The Great Return: GC welcomes over-30s | Who's hungry?

By Chad Hickerson

As you are lingering between classes, you will the enormous notice amount of middle-aged and older students.

As scholars returning to college after "ages" of being in the working realm and nurturing a family, this 30-and-over alliance is seasoned with wisdom and sautéed with determination.

Yet the obstacles of financing, along with time management, had to be overcome for their great return.

Middle-aged students returning to school are inspired for a number of reasons. The recent financial deterioration has triggered such a change.

Take, for instance, David Harman, a licensed electrician for many years and current Grayson College student, who stated that when the economy began to fail, the jobs became scarce and caused him to settle for lower pay.

"Eventually, I found myself unemployed," he added, as he determined now was the right time to broaden his education.

Amanda Hickerson, tax manager at Rent-A-Center, Inc., said, "In my current position, I will not look at a resume for someone without a degree."

Every now and then, simply wanting to change careers becomes the motivation for the return to school.

"I was at a phase in my life and wanted to do something different!" exclaimed Debbie Hickerson, a 2011 graduate of Collin College. Entering college as a senior citizen, she explains that she had been in could work on something if

accounting for much of her adult life and wanted to broaden her horizon within a non-numerical field.

Additionally, the monetary concern of tuition and books is a worry of the over-30 undergraduates.

However, students returning to college will find there are more resources available now than there were a few generations regarding financial back aid.

A. Hickerson indicated that when she attended college the first time, she had to go through lots of written materials for information on grants and scholarships, while Harman and a few of his other classmates at Grayson indicated the material is on the school's website nowadays, making the information readily available to anyone via the internet.

Furthermore, returning to school later in life often involves working a full or part-time job and supporting a family, while reserving time to study.

Rolanda Morrow a fulltime mom and current Grayson student trying to get a head start on her return to the work force, says, "My study habits are pretty much day after day. I generally get to study after 9 p.m. each night when I get all the kids to bed and asleep."

D.Hickerson explains in one single year she was working full time (2040 hrs), while taking three college courses, and volunteered (1200+ hrs.) at the Rape Crisis Center. Needless to say, her studying was crammed into her free time.

"... I would almost always have something in my car to work on so that I

Deep Water

Should I test the deep water? The prospect seems frightening, With the deadline approaching, My anxieties a-heightening.

I'll just dip my toes, But enrollment is daunting! With thoughts of my age And past failures a-haunting!

Now I'm wet to my ankles, But this language they're speaking! Talk of FAFSA and Compass And my pants begin leaking!

The water's up to my knees And the Compass I'm taking! But it's been 30 years, And my wet knees are quaking!

Now I'm soaked to my waist And for my classes enrolling, And my fear rises up. Is that doom bells a -tolling?

I'm in up to my neck, And in my classes I'm winning, And as I look all around, Most of the students are swimming!

I'll build a ship of achievement; These deep waters aren't frightening! And I'll rise to the challenge Like a true Grayson Viking!

-David Harman

I ended up with a random few moments,' said A. Hickerson as she explained her study habits in between two part-time jobs

College is no longer just for the freshly-out-of-high-school teenagers ready to party. Every semester more middle-aged and older adults return to school. "It's never too late, and there's no age limit!" shouted D.Hickerson

"If you're on the fence, jump off and get yourself back in school," Harman advised. "I'm having a great experience!" "Just do it," he added.

Editor's note: Check out Harman's poem (above)

PANERA BREAD 903-893-5252	4040 U.S. 75, SHERMAN	OFFERS FREE BAGEL TO AUSTIN COLLEGE STUDENTS
IHOP 903-464-9400 903-893-8262	701 U.S. 75, DENISON 2617 S. SAM RAYBURN FRWY, SHERMAN	15% DISCOUNT WITH STUDENT I.D.
JAVA STOP 903-786-4186	5700 N. FM 1417, SHERMAN	10% DISCOUNT WITH STUDENT I.D.
CELLARMAN'S 903-813-0994	2130 TEXOMA PKWY, SHER- MAN	OFFERS 10% DISCOUNT FOR AUSTIN COLLEGE STUDENTS
FUZZY'S TACOS 903-891-8226	1707 TEXOMA PKWY, SHER- MAN	MONDAY'S- 20% DISCOUNT WITH STUDENT I.D.
BUFFALO WILD WINGS 903-892-4500	4066 N. HWY 75, SHERMAN	OFFERS AUSTIN COLLEGE STUDENTS DISCOUNTS
CACKLE & OINK BBQ 903-891-3200	3210 TEXOMA PKWY, SHER- MAN	OFFERS 10% DISCOUNT FOR AUSTIN COLLEGE STUDENTS

By Michelle Beckcom

As busy college students, we find it important to keep energy levels up to maintain brain power for listening to lectures, studying, and taking tests. What is the best way to do this?

By eating well-rounded meals three times a day. This sounds good in theory, but between paying college fees and day-to-day living expenses, sometimes there's not enough money left to eat as well and as often as we need to.

Grayson County offers a variety of food choices from fast food to restaurants, but where do you go if you are on a budget and looking for value?

"Fera's Italian Restaurant is one of my favorite places," says Macie Greenwood, student here at GC and employee of the food service industry for nearly six years.

Greenwood likes just about everything at Fera's, but one of her favorites is the White Wonder Pizza. This pizza is made with ricotta cheese instead of pizza sauce and topped with mozzarella cheese, tomatoes, onions, mushrooms and spinach. "Don't forget the big side of marinara," suggests Greenwood.

It costs \$14.95 for a large White Wonder Pizza, but it has 8 big slices, enough for sharing. For those looking for a great deal, this Italian restaurant, located on Texoma Parkway, also has daily lunch specials for as low as \$4.95 on Tuesday through Friday from 11 a.m. until 3 p.m.

Other area restaurants offer lunch specials as well, such as Applebee's and La Mesa, both on Texoma Parkway. There are other ways of finding value too, if you know where to look.

Most fast food restaurants offer a dollar or value menu, and you can also cut coupons from the Grayson County Shopper and other circulars that arrive in the mail.

In addition to this, some places offer different specials on different days, such as Taco Tuesdays at Taco Casa, which is also located on Texoma Park tway. If you find yourself in between classes at lunch and don't have time to venture off campus, the GC cafeteria is always an op-

tion.

Rachel Sumrall, a psychology professor here at GC, says, "I have only had their salad bar, which I loved; just wished it had leafy greens." Sumrall also likes the breakfast there, and it is reasonably priced.

According to Green-wood, the GC cafeteria is one of the best deals around because you can have a different entrée with two vegetables and a roll every day. Included in the price for lunch is the salad bar, dessert, and a drink, all for under \$6. The best part is that it is all you can eat and drink!

Our cafeteria also offers lunch to-go, but you can't go back for refills.

Since Grayson County is home to not only GC, but also Austin College, one might think that student discounts would be abundant at food establishments in our community, but this is not the case.

The only restaurants that seem to be known for student discounts are the Denison and Sherman IHOP's. Very few places actually do offer GC students any kind of discount. Many places give discounts to Austin College students only. (See chart below.)

Bekki Goncalves, owner of "the oldest coffee shop in Sherman," The Java Stop, says she offers college students a ten percent discount with college ID because 'it's a good incentive to get students to come in, and it's a nice way to reward students that are working hard to make something of themselves.'

The Java Stop is literally around the corner from GC at 5700 North FM 1417 and offers a full homemade lunch menu for under \$6, as well as their coffee treats and breakfast.

So remember, if you find yourself looking for a good dinner deal, there are options. Don't go hungry! Clip your coupons, look for specials, and of course, visit our Grayson College cafeteria.

If you're willing to look and ask questions, you can find several other options for being thrifty with your food choices.



Editor's note: Reader discretion advised regarding poems below.

The World's a Slut

The day is so fine; They're Ghost Dancing in the sunshine. Zombies just showed up on the scene, It's perpetually Halloween, And I can't get out of this Silly human costume. While time evaporates like cheap perfume, They keep spewing out goldiloxical passion In typical paradoxical fashion; Baby got a new pair of lungs to ash in. So fill the cup, drink that shit up. The world's a slut And you ain't the only one fuckin'er.

-Nathan Spurgin

Write for The Viking! Submit articles, flyers (jpeg format), poems, cartoons, and photos with captions to TrevinoM@grayson.edu.

Next deadline: Mon., Nov. 19, 2012 Poets

A Deviant Alteration

A deviant alteration, An altered deviant; The devil kneels at the altar And searches the congregation. An offer of wine, but... No time, no time. Genuflects and a dime, but... no time, no time. Slurp the blood of Christ like swill; It is as you will... ...as you will. Long legs and forked tongues Offer good smoke for your lungs. I love it, and you? I love you too. Only... don't rain on me. I'm wet inside already. Warm up to the dry spells. We are living drunken poetry Swimming in cheap wells And chasing cock/tails. Long live true avoidance, The denial, the shirking, The nobody-wants-to-leave-alone-tonight lurking. The apparition of love, The fuck up -the forgiveness, The next one.

-Nathan Spurgin

'Corner

An Untangled Future

An untangled future waits woven in past. We are the keepers: "free at last, free at last."

A revolutionary consciousness whispers in the language of laughter: "we are becoming one."

Everywhere brilliance dances off the tips of tongues into the change manifesting minds of the new world insurgency: we are the holders of the light.

Affluent intellectuals practice mental masturbation, projecting illusory social responsibility yet affect no change. Across the nation razorblades make intimate contact with the veins of our children.

Just beyond the birth pains and blood stains waits a world where melting egos bare pure souls.

Shall we rise together or fall in pieces? The world is yours, you may begin...

-Nathan Spurgin

Sambia Danoby

RESOURCES FOR YOU

By Jean Sorensen

Director of Honors College

Once again, Grayson County students may apply for the Jack Kent Cooke Undergraduate Transfer Scholarship (JKC

After graduating from GC, students can use this scholarship at their four-year college or university.

Students should have significant accomplishments in addition to a GPA very near a 4.0 in order to be nationally competitive for this award.

Only 60 students will be chosen from applicants around the United States.

Former GC student Tamara Redden Eskue won this prestigious scholarship for \$30,000/year.

Éskue transferred to Austin College, completed her degree, and enrolled in Southwestern Medical Center's Physician Assistant master's program. Upon receiving her master's degree, Eskue entered her chosen profession.

The dedication to her studies, Honors College participa-tion, and thoughtful kindness shown by Eskue are typical of students capable of competing for this award.

The award process is highly competitive. Students complete multiple essays and must merit extensive letters of rec-ommendation from faculty who are familiar with their performance in the classroom, extracurricular activities, jobs, and good character. Many recommendation letters fill a sinpage. Recommendations gle this scholarship require for many examples supporting the nomination of a student and may be two or three pages in length.

Only students with great ambitions for education beyond the undergraduate degree that require transferring to competitive and expensive four-year schools have the kinds of aspirations that characterize recipients of the JKC-



Former GC student Tamara Redden Eskue won the Jack Kent Cook Scholarship

UTS.

To be eligible for this award, students must meet these minimum standards:

be a sophomore or recent graduate. Current students must be enrolled at the two

-year institution at the time of nomination and have sophomore status by December 31, Recent alumni 2012. must have graduated within the last five years (since spring 2008).

- be planning to pursue a baccalaureate degree full time at an accredited four -year institution starting in fall 2013.
- have a cumulative college GPA of 3.50 or better on a 4.0 scale (or equiva-lent). This cumulative GPA must include all college-level courses.
- have significant unmet financial need.
- be nominated by the student's two-year institution

In order to be nominated by Grayson College, students must complete the entire ap-

plication process online and have their letters of recommendation by November 21.

Only two applicants may be chosen to represent Grayson College. In other words, students must compete locally to be selected to represent Grayson College in the na-

tional scholarship contest. All JKC-UTS applications must be correct and complete with the applicant's and parents' tax information by December 5 in order to be judged in the national competition.

Students interested in pursuing this scholarship should visit the website http:// www.jkcf.org/scholarships/ undergraduate-transfer-scholarships/ for full information about the scholarship and the application

Students who have questions after reviewing the web site and application may contact Dr. Jean Sorensen, sorensenj@grayson.edu.

Single-parent/student struggles and resources to help

By Caitlyn Lunkley

Are you a single parent in school and struggling? There are many single parents out there with the same struggles as you. Do you need help finding information for resources? There are plenty of ways to find resources to help you.

Nurturing an infant or a teenager, going at it alone, and going to school can cause single parents to experience not only a loss of freedom, but also a lot of stress. A single parent may feel increased stress due to having to locate child care, attend school, complete

child. You also might feel guilty for not spending the time you would like to with your child.

According to Jessica Ulum, sin-gle mom and student at Grayson College, "It can [be] rough because I don't ever get to spend a full day with my son. That is why I enjoy the summer time because I have full days with him then. When we are together, I make an effort to have fun with him like, go to the park, take him out to eat, and just get that one-on-one time with my son."

Being a single parent and attending school at the same time can be difficult. It is just like a full-time homework, and care for their job. The number one struggle single

Jessica Ulum and 3-year-old Branton spend time together

Fall 2012: Eligible for Financial Aid

What is a Financial Aid Warning Status?

End of Fall Semester: Satisfactory Academic Progress Evaluated After evaluation, you will follow one of the paths below:

GPA of at leas 20	GPA below 2.0	Completion rate less		
Completion rate (Pace)		than 67%		
67% or higher				
	1	I		

deal with is money, time management, and locating quality childcare. The only assistance most parents in school receive is childcare

parents is an ongoing ques-tion. Ulum stated, "There to all the school functions I should be reasonable- can.' priced day care on campus. Anything could inter-That would be great, may- fere with creating a bond priced day care on campus. be even or pay a lot for day care." Children require atten- time with your child. tion, so it is difficult to study or do homework not always be there when while the children are the child needs them to be. awake. Try to set aside Children can usually tell if some time for school re- their parent is struggling. sponsibilities before you They might overhear what

parents in college have to for school, after your child goes to bed, or while your child is at day care.

Single dad and Austin College staff person Jeff Smith said, "It [single parmoney and financial aid. Whether there will be more resources for single can. We have family night

or they might even feel it. Ashley Miller, a child of a single parent who attended Grayson College for cosmetology, said, "My mom was never there. I know my mom struggled. She cried a lot when we wanted something and she

couldn't get it for us. She should have spent more time with us, but we understand why she wasn't there."

Children usually do understand why Mom or Dad can't always be there. Let your child know why you are away. Let your child know what you are doing and that everything you do is for them so you can make a better future for your family.

Singlemothers.com

reported that in the United States today there are 13.6 million single parents, and those parents are responsible for raising 21.2 million children (approximately 26% of children under 21 in the U.S. today).

Many single-parent families are in poverty, but here in Grayson County, there are plenty of ways for a single parent to get help. Smith said, "When my children were little I got food stamps (SNAP) and WIC [Women Infants and Children]. WIC is not just for moms." If you go to your local Health Department you can apply for WIC. This program helps you with healthy varieties of food like formula, milk, fruits and vegetables. The Human Resources Department is another place to locate help. (cont. on p. 3)



A student is placed in a Warning Status when they are not making Satisfactory Academic Progress but may still receive Title IV funds (Federal Student Aid).

- No appeal is necessary while in this status.
- You continue to receive aid for one semester
- You have one semester to meet Satisfactory Academic Progress requirements.

Components of Satisfactory Academic Progress

- Students must have a GPA of at least 2.0.
- Students must successfully complete 67% of all hours attempted. This is percentage is found by dividing your cumulative earned hours by your cumulative attempted hours.

Math Hub Schedule

Mon.-Thurs. 8 a.m.-8 p.m.

Fri. 8 a.m.-2 p.m.

Sat. 10 a.m.-2 p.m. (Nov. 3, Dec. 1, and Dec. 8 only)

Room 113 Success Center



Dayna Ford, Coordinator



Kay Dishner, Director

single-parent with your child or cause dorms. It would help with the single parent to feel the commuting, and I more guilt. Try to set a wouldn't have to search for schedule for yourself so you can have that special

The single parent canhave to wake your child up the parent is talking about,

Inverted classroom (cont. from p. 2)

Instead of the traditional lecture in class and homework after class, example problems are posted on Blackboard before class for the student to study, and then students do homework in groups during class time while the instructor circulates and answers questions.

No more trying to stay awake during a long lecture, and no more frustration when trying to complete homework after class and getting stuck on a problem. The group members help each other, and if everyone is stuck, the instructor helps.

The second new approach is that the students are tested every week. There are 14 short tests during the semester as opposed to the traditional 4 long tests.

Studies have shown it is much better for the longterm learning process to be tested frequently over 2 to 3 sections than to be tested more infrequently over 7 to 10 sections.

Students not only remember and understand the material better from week to week, but they also carry that improved

future mathematics cours- learning needs of the stues. No more staying up all dent." night to cram for a test!

Not only have the deliv- Collier-Vita, tent itself.

Typically taught by fitting real-life ure out the problems by modeling problems to the ourselves rather than the algebraic concepts, some- standard, boring teach/ times several days or even listen/learn method. The weeks after the algebraic effort that my group puts in process is taught. These makes us study even har were the dreaded "word to figure out the answer. problems" most students feared.

the real-life modeling problems are looked at first, and the classroom. They want then the student learns to to learn the objectives of fit the algebra to the word the course in a meaningful problem. No more wondering how to connect classroom algebra to everyday classroom style of learning life.

Sarah Cox, sophomore education major, says, "I than the traditional lecture love this method! It helps style of learning; however, the students look at the problems beforehand and prepare questions for the following day. Also, this critical thinking skills and helps the teacher see each mathematical confidence student's specific needs in that will help them in subthe classroom by helping sequent courses across the each student with his or her curriculum. questions. Then the teacher

understanding into their can adapt to those specific

According to Sheila freshman ery and evaluation methods business major, "I really been improved, but the get a lot out of the inverted third change is in the con- classroom approach. My classmates and I get the algebra is chance to interact and figmakes us study even harder

Mathematics is in a new era. Students want a hands-With this new approach, on approach that can be connected to life outside way

Initially, the inverted and more frequent testing is more work for the student the payback is enormous in the long run.

The student acquires

Writing Center

Mon.-Thurs. 8 a.m.-5:30 p.m. Fri. 8 a.m.-12 noon

so the tutor can help you better!

Bring a copy of your assignment

Room 110 Library

AROUND TOWN AND WORLD

"Just 'Do It" success (cont. from p. 1)

The team raising the most money, the Crazy Educators, earned Platinum Sponsor— Landmark the grand prize of "Lunch with Bank, Gold Sponsor—Chapman the President, Dr. Jeremy McMil- Inc. and Silver Sponsor the grand prize of "Lunch with the President, Dr. Jeremy McMillen" in the Culinary Arts dining hall. Team members Keri Harvey, Carla Fanning, Stacey Jones and Jennifer Quong sold pink tshirts with the inspiring phrase "HOPE" within a pink ribbon, the widely recognizable symbol of breast cancer awareness. Their efforts raised over a \$1000!

Teams lined up to have their 'Do Rags judged by a panel of 4: Vice President of Instruction Jeanie Hardin, Deans Steve Davis and Tony Stanzo, and Art Instructor Steve Black. Teams winning awards were "Prettiest" Team Student Services (50's girls), "Ugliest" - Welding Association (camo), and "Funniest" -Team Financial Aid (pink flamingos).

The event concluded with a symbolic balloon release. Those whose lives were touched by breast cancer wrote names of loved ones on pink balloons and released them to the sky, a symbol of cancer vanishing.

Community sponsors included Texoma Medical Center. Sponsors were thanked with an invitation to the "Lunch with the President" event.

In-kind sponsors included Balloonatics of Denison, Dr. Pepper, Great Western Dining, Wendy's, Cinemark, Cheddar's, Wal-Mart, and Chick-fil-a.

McMillen for his kind words as an emcee, James Scoggins for his sound expertise, GC Maintenance for the event set-up, and Gregg Miles for his clean-up assistance.

"Just 'Do It!" was a proud moment for Grayson College. The college rallied to spread breast cancer awareness, serve our community, and make a difference in the lives of others.

Editor's note: Many thanks to Kay Dishner and Gretchen Huff for leading this great effort!

It was a place where all I had

to do was run. That's it! I ran for

fun. I ran to test my body's lim-



A special thank you to Dr. Event founder Kay Dishner (left) with Women Rock founder LuAnn Daniel





Sisters of Destiny raised \$300 through bake sales



Sandra Sibrian (left) and Briana Johnson

At left: Welding Association members win "Ugliest" award. Real men do wear PINK ribbons (on their hats).

HALL-O-FEST

Wednesday, October 31, 12 pm-1:30 pm Life Center East Patio-Under The Bridge

*Activities /Games *Snacks *Band *Student Club Displays *Pumpkin Decorating Contest *Costume Contest *Fun And Fellowship



Sponsored by The SGA and Student Life Call 903 463-8693 for details

Meets the eye (cont. from p. 3)

Mike has always said that there is something magical about Logan's. It is a place where everyone would always run their best.

However, it wasn't just fast times that made me fall in love with this place; it was something so much more.

It is said that running is one of the greatest stress relievers. Runners often experience what is known as a "runner's high." Similar to the effects of morphine, this effect is caused by the releasing of endorphins in the body.

This "runner's high" has magical powers. It has the ability to blot out pain during a run and wipe away stress upon finishing it. At Logan's, I began to experience this very thing.

After my first run at Logan's, week after week. I also continued to love it more and more.

An area most people saw as a group of roads in the middle of nowhere, I began to see as an journey. escape. Not that I was going through any extraordinary diffi- the middle of nowhere. I know it culties; running at Logan's be- so well that it is basically a home came an escape from normal away from home. teenage hardships.

its. I ran to experience that "high." Logan's became familiar. I began to get to know the roads like the back of my hand, yet I still looked forward to every single run. I came to love the crunch of the gravel beneath my feet, the feeling as if I were effortlessly gliding over the ground, the con-

stant rhythm of my feet underneath me, and the ever-present pounding of my heart inside of me. I came to love everything about Logan's.

It may just be a group of back roads in the middle of nowhere. It may just be normal corn fields and normal telephone poles. It may not be anything special. I'm I continued running out there sure there are thousands of gravel with the group daily. I improved roads similar to it around Texas. But to me, it is different.

When I look at the telephone poles, I see mile markers. When I look at the gravel road, I see a

To me, it is not just a place in

Before, Logan's used to be



vated going into a run, and after thousands of miles and millions an hour of simply putting one of steps, it is so much more. foot in front of the other, I would Now, it is more than what meets emerge as a completely different the eye. person, without an ounce of displeasure in me.

I could be completely aggra- nothing special to me, but after

The group of roads northeast of Van Alstyne known as "Logan's," Matthew McMullan's "home away from home"

Volunteer opportunity: Salvation Army Boys and Girls Club Peewee Football Superbowl

By Jamie Wagoner Program Assistant, Academic Studies

The Superbowl for the Salvation Army Boys and Girls Club is just around the corner.

These kids have played week after week, competing for the chance at being this year's champions. It is hard to believe that the season is more than half over.

If you haven't had a chance to watch any of the games, you still have time to make it to a few of them. The games are still on Saturdays, starting at 9:00 a.m. and run until around 3:00 p.m., and there is a game on Monday nights at 6:00 p.m.

These kids have formed

friendships and bonds that they may very well take with them all the way through high school.

They have learned the importance of every position on the field. They know that the guy running the ball could never score without someone else blocking and that every person on the field has a job to do. I can't help but think of the song "The Boys of Fall" every time I watch them take the field.

Also, basketball season will be here before you know it. Sign-ups have already started for ages 5-12, and the season starts January 7. The cost will be \$75 per player.

The Salvation Army Boys and Girls Club is located at 2020 South Scullin in Denison, and you can reach them at (903) 465-1383 if you wish to volunteer.



Four years of playing side by side: JV Baylor Bears Keebler Boone-Wagoner (left), Braedon Blanton ,and Landon Ellis



Freshman TCU Horn Frogs v. Florida Gators



Varsity Baylor Bears v. Texas Tech



#54 on the JV Baylor Bears "Keebler" and Jamie Wag-Varsity Florida Gators v. TCU Horn Frogs oner



