

Grayson College
Health Science Department

Pre-Entrance Physical Exam and Health Statement

Name _____ DOB _____

Address _____

Phone Home _____ Cell _____

****Please see Physical/Mental Performance Policy on second page****

Physical Exam Summary _____

Recommendations _____

Physical Limitations:

- No** Physical Limitations or Restrictions
- Temporary Physical Limitation or Restriction until (date and detail of restriction): _____

- Long-Term Physical Limitation or Restriction (details): _____

This applicant is in adequate physical and mental health to participate in the Health Science Division programs.

Signature (MD, DO, PA, NP): _____ Date: _____

Address: _____

Grayson College
Health Science Department
Core Performance Standards for Admission and Progression Policy

In order to accomplish the objectives of the nursing program, students must be able to meet the following performance requirements:

1. Visual acuity with/without corrective lenses to identify cyanosis, absence of respiratory movement in patients, and to read small print on medication containers, healthcare provider orders, monitors, and equipment calibrations.
2. Hearing ability with/without auditory aids to understand the normal speaking voice without viewing the speaker's face and to hear monitor alarms, emergency signals, call bells from patients, and stethoscopic sounds originating from a patient's blood vessels, heart, lungs, and abdomen.
3. Physical ability to stand for prolonged periods of time, perform cardiopulmonary resuscitation, lift patients, and move from room to room or maneuver in limited spaces. Must be able to meet the physical and/or lift requirements of the assigned clinical agencies.
4. Ability to communicate effectively in verbal and written form. Ability to speak clearly and succinctly when explaining treatment procedures, describing patient conditions, and implementing health teaching. Ability to legibly and correctly document.
5. Manual dexterity to use sterile techniques, insert catheters, and prepare and administer medications (IV, PO, and IM).
6. Ability to function safely under stressful conditions, adapting to ever-changing clinical situations involving patient care.