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Services offered in this guide specifically target the military community and include: behavioral health, business development, education/training, employment, family services, financial assistance, healthcare, housing, legal aid, public assistance, transportation and more.

2-1-1 Texoma Area Information Center would like to extend warm thanks to our collaborative committee:

Charles Holcomb, President Vietnam Veterans of America® Chapter 973
Katie Baillio, Rural Veterans Career Advisor Texas Veterans Commission
Penny Poolaw, MSW Texoma Community Center Veteran Services
Tom Ellis, Project Coordinator, Center of Excellence for Veteran Student Success
Sharon Luse, Veteran Representative
Hillerby Printing for their dedication to veterans!

The 2017 Texoma Veterans Resource Guide is available online at: www.tcog.com

Please report updates and changes to: Mary Browning-Alquist, Resource Manager mbrowning@tcog.com (903) 813-3582



















## 2017 Texoma Veterans

## RESOURCE GUIDE

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## **CRISIS NUMBERS, CALL FOR HELP**

Hotline for Homeless Veterans: 877-424-3838 (877-4-AID-VET)

VA Suicide Prevention Lifeline: 800-273-8255, Press 1

Texoma Community Center Crisis Line: 877-530-2228

After hours: 877-277-2226

Veterans Crisis Line: 800-273-8255, Press 1

### **BASIC NEEDS**

#### **Grand Central Station - The Dining Car**

110 South Throckmorton Street

Sherman, TX 75090 Main: 903-957-0264

Hours: Monday - Friday, 10:00 am -1:00 pm; Saturday,

9:00 am - 12:00 pm

Eligibility: General public who are hungry and in need

<u>Services:</u> Soup kitchen and assorted durable goods when available. Also allow persons to shower and wash one load of clothing per week.

Service Area: Grayson County

#### **Salvation Army of Grayson County**

5700 Texoma Parkway Sherman, TX 75090

Main: 903-868-9602, Ext. 2

Hours: Monday - Friday, 9:00 am - 5:00 pm, leave msg

Eligibility: Veterans who reside in Grayson County, Fannin,

and Cooke Counties

<u>Services:</u> Provides a wide variety of services for veterans, their families and surviving spouses. Services include financial, homeless prevention, shelter and rapid rehousing. Additional information and referral may be provided including other basic needs like food pantry, clothing, household items, furniture, crisis counseling, and assistance with completing and filing forms.

Service Area: Cooke, Fannin, and Grayson Counties

#### **TAPS Public Transportation**

3400 Texoma Parkway Sherman, TX 75090 Main: 844-603-6048

tapsbus.com

Hours: Monday - Friday, 9:00 am - 4:00 pm

Eligibility: General public

<u>Services:</u> Provides both fixed route and on-demand, curb-to-curb public transportation services in N. Texas. Must call at least two days in advance to schedule a ride.

Service Area: N. Texas

#### **Texas Health and Human Services Commission**

Hours: Monday - Friday, 8:00 am - 5:00 pm

Eligibility: General public

<u>Services:</u> Programs include Texas Medicaid Program; Children's Health Insurance Program (CHIP); Temporary Assistance for Needy Families (TANF); Texas Supplemental Nutrition Assistance Program (SNAP); family and community services.

Service Area: Cooke, Fannin, Grayson Counties, N. Texas

#### **Cooke County Office**

1714 Justice Center Boulevard Gainesville, TX 76240 Main: 800-647-6558; Fax: 940-665-6754 yourtexasbenefits.com

#### **Fannin County Office**

1205 East Sam Rayburn Drive

Bonham, TX 75418

Main: 800-647-6558; Fax: 903-583-4486

yourtexasbenefits.com

#### **Grayson County Office**

2001 Loy Lake Road, Suite D.

Sherman, TX 75090

Main: 800-647-6558; Fax: 903-870-5301

yourtexasbenefits.com

#### **Volunteers In Service To Others (VISTO)**

1401 Southland Avenue Gainesville, TX 76240 Main: 940-668-6403 vistohelps.com

Hours: Monday - Friday, 8:00 am - 12:00 pm

Eligibility: Low-income people in need

Services: As funds allow, they provide emergency

financial relief in terms of rent, utilities, transportation, prescription medicine, and dental.

Service Area: Cooke County

# HOUSING, FINANCIAL ASSISTANCE, AND EMERGENCY SHELTER

#### **American Red Cross - Texoma Chapter**

2527 Highway 691 Denison, TX 75020

Main: 903-465-1330; Fax: 903-465-4230

redcross.org

<u>Hours:</u> Monday – Thursday, 8:00 am – 5:00 pm; Friday 8:00 am – 12:00 pm; disaster and military needs 24 hours a day, 7 days a week

Eligibility: Military members, veterans and families

<u>Services:</u> Assists Armed Forces, military members, veterans and their families prepare for, cope with, and respond to the challenges of military service. Emergency communications, training, support to wounded warriors and veterans, and access to emergency communications services.

Service Area: Nationwide

#### **Building Homes For Heroes**

Main: 817-932-2339

buildinghomesforheroes.org

Hours: Website 24 hours a day, 7 day per week

Eligibility: Served and injured during Iraq or Afghanistan

wars

Services: Builds or modifies homes, and gifts them, mort-

gage-free, to veterans and their families.

Service Area: Nationwide

#### **Catholic Charities Fort Worth**

249 West Thornhill Drive Fort Worth, TX 76115 Main: 817-534-0814

Catholiccharitiesfortworth.org

<u>Hours:</u> Monday – Thursday, 7:30 am – 5:30 pm; Friday, 7:30 am – 5:00 pm

<u>Eligibility:</u> People needing advocacy and services are eligible

<u>Services:</u> Financial assistance, clinical counseling, Immigration and refugee services, abuse and neglect intervention, translation/interpretation services are available.

Service Area: N. Texas

#### **Catholic Charities of Dallas**

9461 LBJ Freeway, Suite 128

Dallas, TX 75234 Main: 214-520-6595

ccdallas.org

Hours: Monday - Friday, 8:00 am - 4:30 pm

Eligibility: People needing advocacy and services are eligi-

ble

<u>Services:</u> Strengthening families, alleviating hunger, preventing homelessness and other services are available.

Service Area: N. Texas

#### **Clyde W. Cosper Veterans Home**

1300 Seven Oaks Road Bonham, TX 75418

Main: 903-640-8387; Fax: 903-640-4281

Hours: Monday - Friday, 8:00 am - 5:00 pm

Eligibility: Veterans and honorably discharged

<u>Services:</u> Veterans home including a certified, secured Alzheimer's unit, operating exclusively for Texas veterans and their spouses.

Service Area: Statewide

#### **Family Endeavors**

6060 North Central Expressway, Suite 639

Dallas, TX 75206

Main: 214-932-6276/214-677-5065

familyendeavors.org

Hours: Monday - Friday, 8:00 am - 5:00 pm

Eligibility: Qualified veterans and their families

<u>Services:</u> The Mission of Family Endeavors is to provide homelessness prevention services for eligible Veterans. Offer outreach, case management, help in obtaining Veterans Administration (VA) benefits, and assistance in obtaining and coordinating other public benefits. Qualified Veterans and their families, who agree to a 90 day case management program, may receive financial assistance with rent, utilities, deposits and moving costs. This program is only for Veterans with very low income.

Service Area: N. Texas

#### **Grayson County Crisis Center**

4200 North Travis Street Sherman, TX 75090

Main: 903-893-3909; Fax: 903-893-0892

graysoncrisiscenter.org

Hours: 24 hours a day, 7 days a week

<u>Eligibility:</u> General public needing assistance with domestic or sexual abuse crisis

<u>Services:</u> Provides a haven, including crisis intervention and comprehensive support services to victims of family violence, sexual assault, and their witnessing children.

Service Area: Cooke, Fannin, Grayson Counties, N. Texas

#### **Grayson County Shelter**

331 West Morton Street Denison, TX 75020

Main: 903-465-6041; Fax: 903-465-6067

gcshelter.org

Hours: 24 hours a day, 7 days a week

Eligibility: Women at least 22 years of age, men must be

55 or older if single

Services: 24-hour living facility for homeless families and

individuals in a secure, family environment.

Service Area: Grayson County

## Sam Rayburn Memorial Veterans Center (VA) Domiciliary Programs

1201 East 9th Street Bonham, TX 75418

Main: 903-583-1382; Other: 903-583-6381

northtexas.va.gov

Hours: Mon - Fri 8:00 am - 4:30 pm and by appointment

Eligibility: For Veterans needing a home environment

Service Area: Cooke, Fannin, Grayson Counties, N. Texas

**Early Phase:** Provides a safe, structured residential program for Veterans who are waiting for admission to primary substance abuse treatment, who are homeless or demonstrate inability to maintain abstinence in their "home" environment; and provides time to clear cognitively from the effects of their substance abuse.

Late Phase: Domiciliary Substance Abuse Program provides bio-psychosocial rehabilitation for chemically dependent Veterans. It is extended residential aftercare program for individuals who have completed primary chemical dependency treatment. Call for specific admission criteria.

## Sam Rayburn Memorial Veterans Center (VA) Transitional Residence Program

1201 East 9th Street Bonham, TX 75418

Main: 903-583-6244; Other: 903-583-6685

northtexas.va.gov

Hours: Mon - Fri 8:00 am - 4:30 pm and by appointment

<u>Eligibility:</u> Veterans lacking housing. Veterans in the domiciliary must have participated in the Incentive Therapy program for 30 days and obtained a successful performance evaluation. Must also be a VA patient, medically cleared to participate by their treating physician.

<u>Services:</u> Provides housing in the community for veterans in need of stable

Service Area: Cooke, Fannin, Grayson Counties, N. Texas

#### **Surrender House**

521 West Morgan Street Denison, TX 75020 Main: 903-463-4840

Hours: Call for availability

Eligibility: Men who are able to work while at the facility

<u>Services:</u> Transitional living facility for men recovering from alcohol or substance abuse.

Service Area: Grayson County

### Texas Veterans Commission (TVC) Fund For Veterans Assistance

Main: 512-463-1157; Fax: 512-463-2397

tvc.texas.gov

Hours: Website 24 hours, 7 days a week

Eligibility: Must be a charitable organization

<u>Services</u>: The Texas Veterans Commission Fund for Veterans' Assistance (FVA) awards reimbursement grants to eligible charitable organizations, local government agencies, and Veterans Service Organizations that provide direct services to Texas Veterans and their families. The FVA does not grant funds directly to Veterans.

# Texas Department of Public Safety (DPS) Disabled Veteran's License Fee Exemption, Designation Services

Hours: Monday - Friday, 8:00 am - 5:00 pm

<u>Eligibility:</u> Disabled veteran honorably discharged from service; has a service-related disability of at least sixty (60) percent; receives compensation from the US because of the disability; and is not subject to the sex offender registration requirements

<u>Services</u>: The fee for any driver license transaction will be waived for a qualified disabled veteran. May also include a designation of "VETERAN" on the driver's licenses issued to eligible veterans.

Service Area: Statewide

#### **Cooke County Office**

206 West California Street Gainesville, TX 76240 Main: 940-665-3924 txdps.state.tx.us

#### **Fannin County Office**

1203 East Sam Rayburn Drive Bonham, TX 75418 Main: 903-583-5613 txdps.state.tx.us

#### **Grayson County Office**

1413 Texoma Parkway Sherman, TX 75090 Main: 903-813-3420 txdps.state.tx.us

#### **Texas National Guard Family Support Foundation**

Main: 512-782-6043 txngfoundation.org

Hours: Monday - Friday, 8:00 am - 5:00 pm

<u>Eligibility:</u> Texas residents, or veterans (or the spouse, dependent, or surviving spouse of a Texas veteran), with a household income at or below 200% of the federal poverty guidelines

<u>Services:</u> Financial assistance provided on a loan or grant basis for Texas National Guard (Army and Air) members and their families with priority on deployed service members. Covers basic living needs such as rent, mortgage, utilities, car expense, and medical needs.

Service Area: Statewide

## Texas Parks and Wildlife Texas Parklands Passport

4200 Smith School Road Austin, TX 78744 Main: 512-389-4800 tpwd.state.tx.us/state-parks

Hours: Monday - Friday, 8:00 am - 5:00 pm

<u>Eligibility:</u> General public and veterans of the US Armed Services holding a 60% or more service connected disability

<u>Services:</u> Provides a discounts for disabled veterans to gain access to state parks. park locator tool, online reservations, park passes, volunteer opportunities, maps and information for all state parks.

Service Area: Statewide

### Texas Veterans Commission (TVC) Housing for Texas Heroes

Main: 512-463-4328 tvc.state.tx.us

Hours: Website 24 hours a day, 7 days a week

<u>Eligibility:</u> Low-income, disabled Texas Veterans and their families

<u>Services</u>: Awards grants to non-profit or local government organizations to address home modification needs of Low-Income, Very Low-Income and Disabled Texas Veterans and their families. Such needs include, but are not limited to, the following: walkway ramps; doors, windows, and flooring materials; sliding doors; handrails and grab bars; bathroom modifications; and weatherization. TVC encourages all eligible applicants to apply for this funding.

Service Area: Statewide

## Texas Veterans Land Board (TVLB) Veterans Home Improvement Program

1700 North Congress Avenue, Room 800

Austin, TX 78701

Main: 512-463-5060; Fax: 512-475-1425

glo.texas.gov

Hours: Monday - Friday, 8:00 am - 5:00 pm

<u>Eligibility</u>: Eligibility determinations are made on a case-by-case basis after visiting the web page and answering some questions

<u>Services:</u> Lends eligible Texas veterans up to \$25,000 for up to 20 years on a fixed-rate note to make substantial repairs to their existing primary residence. No down payment is required. For loans of \$10,000 or less, the maximum term of the loan will be 10 years.

## Texas Veterans Land Board (TVLB) Veterans Housing Assistance Program

1700 North Congress Avenue, Room 800

Austin, TX 78701

Main: 512-463-5060; Fax: 512-475-1425

glo.texas.gov

Hours: Monday - Friday, 8:00 am - 5:00 pm

<u>Eligibility:</u> Eligibility determinations are made on a case-bycase basis after visiting the web page and answering some questions

<u>Services:</u> Assists veterans with housing financing for below market interest rates on VA-guaranteed, FHA-insured, or conventional mortgage loans of amounts up to \$417,000 for 15 or 30-year fixed-rate terms.

Service Area: Statewide

### U.S. Department of Housing and Urban Development Veterans Affairs Supportive Housing (HUD-VASH)

1201 E. 9th Street Bonham, TX 75418 Main: 903-583-6589 northtexas.va.gov

Hours: Monday - Friday, 9:00 am - 3:00 pm

<u>Eligibility:</u> Any eligible veteran, meets HUD's income limits and is homeless or may become homeless who needs information about many homeless veteran programs may be eligible

<u>Services:</u> Provides a program which is a joint effort between HUD and VA to move Veterans and their families out of homelessness and into permanent housing. This is done through the Housing Choice Voucher Program.

Service Area: Nationwide

### Veterans of Foreign Wars (VFW) Veterans Assistance Program

8503 North I-35 Austin, TX 78753

Main: 512-291-6850; Fax: 512-834-9232

texasvfw.org

<u>Hours:</u> Monday – Thursday, 7:00 am – 4:00 pm; Friday, 7:00 am – 1:00 pm

<u>Eligibility:</u> Honorably discharged Texas veterans; current Armed Forces, Reserve or National Guard with at least 180 days of active duty; or immediate family member of qualifying veteran or service member

<u>Services:</u> Provides emergency basic needs assistance to qualifying veterans, spouses, dependent children, dependent parents and surviving spouses; may pay for household expenses, rent, utilities, mortgage or vehicle insurance.

Service Area: Statewide

## VFW National Home for Children (VFW) Family Program

3573 South Waverly Road Eaton Rapids, MI 48827

Main: 800-424-8360; Fax: 517-663-3727

vfwnationalhome.org

Hours: Monday - Friday, 8:00 am - 5:00 pm

<u>Eligibility</u>: Stay-behind spouses and children of members of Active Duty military, National Guard and Reserves

<u>Services:</u> The Family Program offers long and short term residency for school aged children, grandchildren, and great-grandchildren of VFW or ladies Auxiliary members,

and Active Duty military service personnel.

## **COUNSELING AND SUPPORT SERVICES**

#### **22Kill**

13625 Neutron Road Dallas, TX 75244 Main: 214-462-7229

22kill.com

Hours: Website 24 hours a day, 7 days a week, call for information

<u>Eligibility:</u> For veterans who need to connect with others dealing with mental health issues

Services: Provides a platform to raise awareness not just towards veteran suicide, but also to the issues that can lead them to suicide. These mental health issues can stem from Post -Traumatic Stress, Traumatic Brain Injury, or the struggles and stresses of transitioning from military to civilian life. Serves as a resource for veterans, and continues to build on its network of like-minded organizations to be able to connect veterans with programs and services in their local area. Funds raised through merchandise sales and donations are used to support partnered organizations who offer programs focusing on veteran empowerment, mental health treatment, and therapy/counseling for veterans and their families.

Service Area: Nationwide

#### American Ex-Prisoners of War— National

3201 East Pioneer Parkway, #40

Arlington, TX 76101

Main: 817-649-2979; Fax: 817-649-0109

axpow.org

Hours: Monday - Friday, 8:30 am - 4:30 pm

Eligibility: Former POW (military or civilians)

<u>Services:</u> Support group helps those affected by their capture deal with the trauma through friendship of those who shared a common experience.

Service Area: Nationwide

#### **American Ex-Prisoners of War— National**

3201 East Pioneer Parkway, #40 , Arlington, TX 76101 Main: 817-649-2979; Fax: 817-649-0109 axpow.org

Hours: Monday - Friday, 8:30 am - 4:30 pm

Eligibility: Former POW (military or civilians)

<u>Services:</u> Support group helps those affected by their capture deal with the trauma through friendship of those who shared a common experience.

Service Area: Nationwide

## U.S. Department of Labor (US DOL) Homeless Veterans Reintegration Program

525 South Griffin Street, Room 858, Dallas, TX 75202 Main: 972-850-4715; Fax: 972-850-4716 dol.gov/vets

Hours: Monday - Friday, 8:00 am - 5:00 pm

<u>Eligibility:</u> Veterans who lack a fixed, regular, or adequate nighttime residence, and who have been discharged or released from Active Duty under conditions other than dishonorable

<u>Services</u>: Provides services to assist homeless veterans reintegrate into the labor force. Aids in development of effective service delivery systems that will address problems facing homeless veterans. Services include case management, job training, and job placement.

Service Area: Nationwide

## U.S. Department of Veterans Affairs (VA) Aid and Attendance and Housebound Pension

Sam Rayburn Memorial Veterans Center 1201 East 9th Street Bonham, TX 75418

Main: 903-583-2111

va.gov

Hours: Monday - Friday, 8:00 am - 4:00 pm

Eligibility: Wartime veterans or surviving spouses; must have served at least 90 days of active military service, one day of which was during a period of war, and be discharged under honorable conditions

<u>Services:</u> Offers pension benefit to wartime veterans and surviving spouses who have in-home care or who live in nursing homes or assisted living facilities. Applications may also be submitted on-line.

### U.S. Department of Veterans Affairs (VA) Veterans Resources

1201 East 9th Street Bonham, TX 75418

Main: 903-583-2111/877-424-3838 (877-4-AID-VET)

Hotline for Homeless Veterans veteranscrisisline.net

Hours: 24 hours a day, 7 days a week

<u>Eligibility:</u> Veterans, their families, friends and the general public may access these services

<u>Services:</u> Homeless hotline provides assistance to homeless veterans and their families; VA Medical Centers; federal, state, and local partners; community agencies; veterans services providers; and others in the community. Provides a interactive chat line.

Service Area: Nationwide

## U.S. Department of Veterans Affairs Claims Intake Center

St. Paul Pension Center PO Box 5365 Janesville, WI 53547

Main: 800-827-1000; Fax: 844-655-1604

benefits.va.gov

Hours: 24 hours a day, 7 days per week

<u>Eligibility:</u> Veteran must have a single permanent disability evaluated as 100 percent disabling, and be permanently and substantially confined to his/her immediate premises. Veteran may also have a single permanent disability or disabilities and be evaluated as 60 percent disabling. Further eligibility questions may be directed to a VA benefits counselor.

<u>Services:</u> Offers a housebound benefit in addition to a monthly pension.

Service Area: Nationwide

### Veterans of Foreign Wars (VFW) Unmet Needs Program

406 West 34th Street Kansas City, MO 64111

texasvfw.org

Main: 866-789-6333; Fax: 816-968-2779

Hours: Monday – Thursday, 7:00 am – 4:00 pm; Friday, 7:00 am – 1:00 pm

<u>Eligibility:</u> Call for specific criteria; must have served Active Duty within the past 3 years prior to applying; hardship should be primarily due to deployment or military service

<u>Services:</u> Emergency financial assistance for current and recently discharged military members and their families who are facing unexpected financial difficulties related to military service which may include basic financial needs or building repairs.

Service Area: Nationwide

#### **Applied Psychology Group of Texoma**

1721 West Lamar Street Sherman, TX 75092

Main: 903-893-0298; Fax: 903-892-6323

apgtexoma.com

Hours: Monday - Friday, 8:00 am - 5:00 pm

Eligibility: General public

<u>Services:</u> Provides therapy, psychological, neurological evaluations, family, marriage, and individual counseling. Bonding assessments, forensic consultations for psychological evaluations and tests for PTSD.

Service Area: Cooke, Fannin, Grayson Counties, N. Texas

#### **Center for Psychological Development**

1105 Memorial Drive, Suite 202

Denison, TX 75020

Main: 903-337-0343; Fax: 903-337-0526

Hours: Monday - Friday, 8:00 am - 5:00 pm

Eligibility: General public

<u>Services:</u> Clinic provides psychological evaluation, counseling and treatment for children, adolescents, adults and seniors. Therapies for clientele include Individual, Group, Anger Management, Sexual Offenses, Family & Marriage, Home Bound, Play Therapy, Anxiety, Depression, PTSD and therapy for Behavioral Issues.

Service Area: Cooke, Fannin, Grayson Counties, N. Texas

#### Four Rivers Outreach, Inc.

210 South Rusk Street Sherman, TX 75090

Main: 903-870-4000; Fax: 903-870-4003

fourivers.org

Hours: Monday - Friday, 8:00 am - 5:00 pm

Eligibility: General public needing help with substance abuse

<u>Services:</u> Offers transitional housing for those recovering from substance abuse and alcohol abuse. Also helps people with job skills training, relationship classes, GED services, support groups and financial management.

Service Area: Cooke, Fannin, Grayson Counties, N. Texas

#### Gallant Few, Inc.

PO Box 1157 Roanoke, TX 76262 galllantfew.org

Hours: 24 hours 7 days a week website

Eligibility: Any veteran who served whether honorably or dishonorably discharged

Services: Coaches veterans through the transition process, assessing skills, desires and abilities and offers training and networking. Provides physical, social, professional and emotional support and works to prevent unemployment, homelessness and suicide.

Service Area: Statewide

#### **Lakes Behavioral Health**

Eligibility: General public with substance abuse or addictive behaviors.

Services: Assists individuals with understanding the reasons why they turn to drugs or alcohol and teaches coping skills so that you or your family member are less likely to try to deal with emotions by drinking or using other substances. Also has links to the Veterans Crisis Line and Confidential Veterans Chat.

Service Area: Cooke, Fannin, Grayson Counties, N. Texas

#### **Bonham Office**

410 West Sam Rayburn Drive Bonham, TX 75418

Main: 903-583-0060; Fax: 903-583-0074

Irmhmrc.org

#### **Sherman Office**

421 North Sam Rayburn Drive, Suite 100 Sherman, TX 75090

Main: 903-892-8185; Fax: 903-892-9108

Irmhmrc.org

#### **Military Veteran Peer Network**

**Texoma Community Center** 315 West McClain Street Sherman, TX 75092 Main: 903-819-0275/903-267-0166

milvetpeer.net

Counseling and Support Services

Hours: Monday - Friday, 9:00 am - 5:00

Eligibility: Veteran, family member or service member

Services: Establishes camaraderie and trust with each other, identifying and vetting community resources and, collectively, training and volunteerism. Also committed to support each other and train in Peer Support and Mental Health Awareness so that they can advocate appropriately. Volunteers include peers, peer group leaders and citizens.

Service Area: Cooke, Fannin and Grayson Counties, N. Tex-

### National Alliance for the Mentally III (NAMI) **Texoma Region**

531 Hog Skin Road Sherman, TX 75090 Main: 903-957-4724

nami.org

Hours: Group meets 3rd Thursday of each month, 6:00 pm

Eligibility: General public and those in need of mental health support

Services: Provides separate support groups for both consumers (individual) with mental illness and their caregivers (parents, other family members, and friends).

Service Area: Cooke, Fannin, Grayson Counties, N. Texas

#### **Recovery Resource Council**

**Enduring Families Veterans Counseling Center** 2700 Airport Freeway Fort Worth, TX 76111

Main: 817-332-6329: Fax: 817-332-2828

recoverycouncil.org

Hours: Monday - Friday, 8:00 am - 5:00 pm

Eligibility: Veterans needing help with addictions, anger management and counseling

Services: Free and confidential counseling services through Enduring Women and Enduring Families Veteran Services Programs. Enduring Women provides group counseling and peer navigation to women veterans dealing with PTSD, depression, anxiety, military sexual trauma, reintegration, substance abuse and parenting issues. Enduring Families provides counseling for veterans and family members to meet needs for individuals, couples, family therapy or parenting counseling.

### Sam Rayburn Memorial Veterans Center (VA) Mental Health Outpatient Clinic

1201 East 9th Street Bonham, TX 75418

Main: 903-583-6240; Other: 903-583-6441

Fax: 903-583-6692 northtexas.va.gov

Hours: Mon - Fri 8:00 am - 4:30 pm, walk-ins available,

call for after hours appointments

Eligibility: Eligible Veterans with a mental health diagnosis

<u>Services</u>: General mental health, team offers pharmacotherapy and individual and group therapy to veterans from a wide variety of services and treatment presentations. Also provides services for PTSD,sexual abuse, anxiety and depression. Tele-health services are included via video calls available.

Service Area: Cooke, Fannin, Grayson Counties, N. Texas

## Sam Rayburn Memorial Veterans Center (VA) Suicide Prevention Lifeline

1201 East 9th Street Bonham, TX 75418

Main: 800-273-8255; Fax: 903-583-6692

northtexas.va.gov

Hours: 24 hours a day, 7 days a week

Eligibility: Veterans and their dependents

<u>Services:</u> National suicide prevention hotline to ensure veterans in emotional crisis have free, 24/7 access to trained counselors.

Service Area: Nationwide

## Sam Rayburn Memorial Veterans Center (VA) Supportive Employment Program

1201 East 9th Street Bonham, TX 75418

Main: 903-583-6244; Other: 903-583-6685

northtexas.va.gov

Hours: Mon - Fri 8:00 am - 4:30 pm, appointment

Eligibility: Must be a veteran, have a psychiatric diagnosis

and be recommended by their physician

<u>Services:</u> A Vocational Rehabilitation Specialist places Veterans with severe mental illness on a job and provides support.

Service Area: Cooke, Fannin, Grayson Counties, N. Texas

#### **Texas Military Department**

2200 West 35th Street, Building 10

Camp Mabry Austin, TX 78763 Main: 512-782-6742

tmd.texas.gov

Hours: Monday - Friday, 8:00 am - 4:30 pm

Eligibility: Service members and their families

<u>Services:</u> Provide the Governor and the President with ready forces in support of state and federal authorities at home and abroad. Also provides services for those suffering from sexual assault, a Military counseling team, Veterans Crisis Hotline and services during deployment.

Service Area: Statewide

### Texoma Community Center Mental Health Services

315 West McLain Street Sherman, TX 75090

Main: 903-957-4700; Daytime Tollfree: 877-530-2228 After Hours Toll-free: 877-277-2226; Fax: 903-957-3416

mhmrst.org

Hours: Monday - Friday, 8:00 am - 5:00 pm

Eligibility: General public

<u>Services:</u> Provides or arranges for screening and assessment services, rehabilitative and skills training services, medication education services, criminal justice services, family and community support service, case management and 24/7 crisis intervention services. The program serves adults with severe mental illness.

Service Area: Cooke, Fannin, Grayson Counties, N. Texas

#### **Veterans Crisis Line**

800-273-8255

veteranscrisisline.net

Hours: 24 hours a day, 7 days a week

Eligibility: Veterans in crisis

<u>Services:</u> Connects Veterans in crisis and their families and friends with qualified, caring Department of Veterans Affairs responders through a confidential toll-free hotline, online chat, or text. Veterans and their loved ones can call 1-800-273-8255 and Press 1, chat online, or send a text message to 838255 to receive confidential support 24 hours a day, 7 days a week, 365 days a year. Deaf and hard of hearing services are available.

#### **Veterans Freedom Retreat**

7200 Robertson Road Fort Worth, TX 76135

Main: 817-369-8351; Fax: 817-625-2780

veteransfreedomretreat.org

Hours: 24 hours a day, 7 days a week

Eligibility: Veterans experiencing PTSD

<u>Services</u>: A week-long retreat for veterans and their partners to become free from the stress of past traumas. Using different therapies the program focuses on the veteran, their partner, and the entire family.

Service Area: N. Texas

## U.S. Department of Veterans Affairs (VA) Suicide Hotline and Veteran Chat/Text

Main: 800-273-TALK (8255)

suicidepreventionlifeline.org/Veterans/Default.aspx

Hours: 24 hours a day, 7 days a week

Eligibility: Military, veteran population, but does not deny

service to anyone who has served in the military

<u>Services:</u> Provides a 24 hour a day, seven day a week, toll-free suicide prevention service available to veterans in suicidal crisis. The Department of Veterans Affairs (VA) and Lifeline launched an online chat service for veterans in emotional distress available at: veteranscrisisline.net, text service available by texting: 838255

Service Area: Nationwide

### VFW National Home for Children (VFW) Helpline

3573 South Waverly Road Eaton Rapids, MI 48827 Main: 800-313-4200 vfwnationalhome.org

Hours: Monday - Friday, 8:00 am - 4:30 pm, EST

Eligibility: Military and veteran families

<u>Services:</u> Provides caring, compassionate listening. Helps put the "puzzle" together and find lasting solutions. Makes meaningful and relevant connections to services that assist the caller, providing advocacy. Partners with human service organizations, veteran service groups and service officers. Email is also a contact option at help@vfwnationalhome.org.

Service Area: Nationwide

## **LEGAL ASSISTANCE**

## American Bar Association Veterans Legal Services Initiative

1050 Connecticut Avenue, N. W., Suite 400 Washington, D.C. 20036 Main: 202-662-1000

Americanbar.org

Hours: Website 24 hours a day, seven days a week

Eligibility: Veterans needing legal assistance

<u>Main:</u> Provides centralized resources, developing policy and supporting the delivery of legal services for veterans and their military families.

Service Area: Nationwide

## American Immigration Lawyers Association Military Assistance Program (MAP)

1331 G Street Northwest, Suite 300

Washington, DC 20005

Main: 202-507-7600; Fax: 202-783-7853

aila.org

Hours: Monday - Friday, 8:00 am - 5:00 pm

Eligibility: Military personnel and their immediate family members

<u>Services:</u> Designed to provide expert immigration legal assistance to U.S. military personnel and their immediate family members.

#### Legal Aid of NW Texas (LANT)

Main: 800-906-3045

lanwt.org

Eligibility: General public who are low-income

Services: Free explanation of veterans benefits, legal assistance with housing, family law, consumer issues, civil rights, community economic development, education, public benefits and employment.

Service Area: Cooke, Fannin, Grayson Counties, N. Texas

#### Cooke County

1525 West California Street North Central Texas College Library Gainesville, TX 76240

Hours: 4th Thursday of each month, 5:00 pm

#### **Fannin County**

810 West 16th Street—Bonham Housing Authority Bonham, TX 75418

Hours: 4th Thursday of each month, 6:00 pm, beginning January

#### Legal Aid of NW Texas (LANT) - Grayson Co.

2800 Canyon Creek Drive—Grace United Methodist Church Sherman, TX 75092

Main: 800-906-3045

Hours: 1st Thursday of each month, 6:00 pm

#### **National Military Family Association, Inc. (NMFA)**

3601 Eisenhower Avenue, Suite 425

Alexandria, VA 22304

Main: 703-931-6632; Fax: 703-931-4600

nmfa.org

Hours: Monday - Friday, 8:00 am - 5:00 pm

Eligibility: Active military and their families

Services: Educates military families concerning their rights, benefits and services available to them, and informs them regarding the issues that affect their lives.

Service Area: Nationwide

#### National Personnel Records Center - National

700 Pennsylvania Avenue, Northwest

Washington, DC 20408 Main: 866-272-6272

archives.gov

Hours: Monday - Friday, 9:00 am - 5:00 pm

Eligibility: Veterans, next of kin of a deceased veteran, or former member of the military

Services: Helps veterans to obtain copies of their military service records.

Service Area: Nationwide

#### **Texas Lawyers for Texas**

1414 Colorado Street—Texas Law Center, Austin, TX 78701

Main: 512-427-1463 texasbar.com

Hours: Call for scheduled clinic hours

Eligibility: Veterans and spouses of deceased veterans

Services: Volunteer attorneys provide free legal advice to

low-income and disabled people.

Service Area: Statewide

### **Texas Legal Services Center (TLSC) Texas Veterans Legal Assistance Project**

815 Brazos Street, Suite 1100, Austin, TX 78701

Main: 800-622-2520

tlsc.org

Hours: Monday - Friday, 9:00 am - 5:00 pm

Eligibility: Anyone who served in the military or their dependents have access to services

Services: Low-income veterans and their families receive

legal assistance and information.

Service Area: Statewide

#### **U.S. Citizenship and Immigration Services (USCIS)**

6500 East Campus Circle Drive, Irving, TX 75063

Main: 800-375-5283

uscis.gov

Hours: Monday - Friday, 8:00 am - 5:00 pm

Eligibility: Members of the United States Armed Forces and

their dependents are eligible

Services: Assists members of the U.S. Armed Forces, their spouses and children who may have immigration issues or processing needs.

# EMPLOYMENT, JOB TRAINING, AND BUSINESS ENTREPRENEURSHIP

#### **Hire Heroes USA**

1360 Union Hill Road, Building 2, Suite A Alpharetta, GA 0004 Main: 844-634-1520 hireheroesusa.org

Hours: 24 hours a day, 7 days a week, website

Eligibility: For military veterans or their spouses

<u>Services:</u> Uses military and business professionals to train veterans in the skills of self-marketing and supports career search to find good jobs. Through group workshops and efforts to connect job seekers with veteran-friendly companies, veterans get personal assistance to overcome barriers to employment.

Service Area: Nationwide

#### **Honor, Courage, Commitment**

4801 Spring Valley Road, Suite 20 Dallas, TX n75244 Main: 214-431-3834

hccvet.org

Hours: Monday - Friday, 9:00 am - 5:00 pm

Eligibility: Veterans wanting to become entrepreneurs

<u>Services:</u> Educates, mentors, and guides veterans to become socially responsible entrepreneurs and community leaders through career matching and referrals. Transitioning veterans learn to transfer skills to business and the community.

Service Area: N. Texas

#### **Internal Franchise Association**

1900 K Street, Northwest, Suite 700 Washington, DC 20006

Main: 202-628-8000; Fax: 202-628-0812

franchise.org/veteran

Hours: Monday - Friday, 8:00 am - 5:30 pm

<u>Eligibility:</u> Returning veterans from Afghanistan, Iraq, and Southwest Asia interested in becoming business owners

<u>Services:</u> Assists returning service members access franchise opportunities through training, financial assistance, and industry support.

Service Area: Nationwide

#### **Momentum Texas, Inc.**

1409 South Lamar, Suite 250, Dallas, TX 75215

Main: 214-773-4663 momentumtexas.org

Hours: Call for appointment

Eligibility: Veterans who want to start a business

<u>Services:</u> Provides free training and coaching to veterans

who want to start or grow a business.

Service Area: Statewide

### Sam Rayburn Memorial Veterans Center (VA) Transitional Work Experience Program

1201 East 9th Street, Bonham, TX 75418 Main: 903-583-6244; Other: 903-583-6685

northtexas.va.gov

Hours: Mon - Fri 8:00 am - 4:30 pm and by appointment

<u>Eligibility:</u> For veterans with a poor work history, lacking job readiness skills, must be drug free for 35 days

<u>Services:</u> Veterans renew their work habits, behaviors, and attitude, while saving funds to re-enter the community.

Service Area: Cooke, Fannin, Grayson Counties, North Texas

#### **Texas Veterans Commission (TVC) Employment Services**

2415 South Austin Avenue, Suite 105, Denison, TX 75020 Main: 903-463-9997, ext. 654; Fax: 903-463-3073 tvc.state.tx.us

Hours: Monday - Friday, 8:00 am - 5:00 pm

<u>Eligibility:</u> Veterans who need assistance with various services

Services: Assists veterans with finding employment through job matching and intensive services; provides transitional assistance to National Guard, Reserve and regular military personnel and improve and expand employment opportunities for veterans with disabilities. Provides access to TVC job openings, job fairs, transition from the military to the civilian workplace, simplify veteran hiring practices, links employers and qualified veterans, offers employer awards that provide outstanding services to Texas veterans, assistance with state application forms, including veterans preference in employment with State agencies or offices, and assistance with reemployment rights.

Service Area: Cooke, Fannin, Grayson Counties, N. Texas

### U.S. Department of Labor (US DOL)

#### **Incarcerated Veterans Transition Program**

525 South Griffin Street, Room 858, Dallas, TX 75202 Main: 972-850-4715; Fax: 972-850-4716 dol.gov

Hours: Monday - Friday, 8:00 am - 5:00 pm

<u>Eligibility:</u> Veterans who are within 18 months of release from participating correctional institutions, and have been honorably discharged or released from Active Duty

<u>Services:</u> Provides case management for veterans who are incarcerated to help link them with employment and life skills support as they transition from a correctional facility to the community.

Service Area: Nationwide

### U.S. Department of Labor (US DOL)

#### **Military Transition Assistance Program**

525 South Griffin Street, Room 858, Dallas, TX 75202 Main: 972-850-4715; Fax: 972-850-4716 dol.gov

Hours: Monday - Friday, 8:00 am - 5:00 pm

<u>Eligibility:</u> Armed Forces members and their spouses within one year of their separation or two years of their retirement from the military

<u>Services:</u> Provides job search assistance to separating discharged or released service members during their period of transition into civilian life. Services include

pre-separation counseling, job information, and veteran benefits information.

Service Area: Nationwide

#### U.S. Department of Labor (US DOL)

## Uniformed Service Employment and Reemployment Rights Act

525 South Griffin Street, Room 858, Dallas, TX 75202 Main: 972-850-4715; Fax: 972-850-4716 dol.gov

Hours: Monday - Friday, 8:00 am - 5:00 pm

<u>Eligibility:</u> Active Military, Reserve and Guard members who have been called, initial Active Duty for training, or full-time National Guard duty

<u>Services:</u> Provides information about employment rights and laws, employee benefits, job entitlements, employer obligations, and other information about the Uniformed Services Employment and Reemployment Rights Act

Service Area: Nationwide

#### **U.S. Department of Labor (US DOL)**

#### **Veterans Employment and Training Services**

525 South Griffin Street, Room 858

Dallas, TX 75202

Main: 972-850-4715; Fax: 972-850-4716

dol.gov

Hours: Monday - Friday, 8:00 am - 5:00 pm

Eligibility: Veterans and military reservists

<u>Services</u>: Provides various employment and training programs for veterans, military reservists, service members transitioning into civilian life, veterans with disabilities, and homeless veterans.

Service Area: Nationwide

## U.S. Department of Labor (US DOL)

### **Veterans Employment Opportunity Act**

525 South Griffin Street, Room 858 Dallas. TX 75202

Main: 972-850-4715; Fax: 972-850-4716

dol.gov

Hours: Monday - Friday, 8:00 am - 5:00 pm

<u>Eligibility:</u> Veterans who are disabled or have served on Active Duty in the Armed Forces during certain specified periods, or in military campaigns; must have been discharged or released from Active Duty under honorable conditions

<u>Services:</u> Provides information about employment rights and laws, employee benefits, job entitlements, employer obligations, and other information about the Veteran's Employment Opportunity Act VEOA.

Service Area: Nationwide

## U.S. Department of Veterans Affairs (VA) Vocational Rehabilitation and Employment

701 Clay Avenue, 1 Veterans Plaza

Waco, TX 76799 Main: 800-827-1000

va.gov

Hours: Monday - Friday, 8:30 am - 4:00 pm

Eligibility: Service members and veterans

<u>Services:</u> Vocational rehabilitation and employment services help with job training, employment, resume development, job seeking skills coaching, and start ups.

#### **Workforce Solutions Texoma**

workforcesolutionstexoma.com

Hours: Monday - Friday, 8:00 am - 5:00 pm

Eligibility: General public

<u>Services:</u> Provides employment services, access to unemployment insurance benefits, child care assistance, and

state services.

Service Area: Cooke, Fannin, Grayson Counties, N. Texas

#### **Cooke County Office**

900 North Grand Avenue Gainesville, TX 76240

Main: 940-665-1121; Fax: 940-668-2366

#### **Fannin County Office**

1205 East Sam Rayburn Drive, Suite B

Bonham, TX 75418

Main: 903-583-9544; Fax: 903-640-0052

#### **Grayson County**

2415 South Austin Avenue, Suite 105

Sherman, TX 75020

Main: 903-463-9997; Fax: 903-463-3073

# Workforce Solutions Texoma —Texas Department of Assistive and Rehabilitative Services (DARS)

1800 Teague Drive Sherman, TX 75090 Main: 903-813-8200 dars.state.tx.us

Hours: Monday - Friday, 8:00 am - 5:00 pm

Eligibility: General public

<u>Services:</u> Assists persons with mental or physical disabilities regain independence or find a job through vocational rehabilitation.

Service Area: Cooke, Fannin, Grayson Counties, N. Texas

## Workforce Solutions Texoma Texas Veterans Leadership Program

2415 South Austin Avenue, Suite 105

Denison, TX 75020

Main: 903-463-9997; Fax: 903-463-3073

vetstexasworkforce.org

Hours: Monday - Friday, 8:00 am - 5:00 pm

Eligibility: Returning veterans of Iraq and Afghanistan

<u>Services:</u> Provides a resource and referral network that serves to connect returning veterans of Iraq and Afghanistan with the resources and tools they need to lead productive lives and enjoy the full benefits of the society they have willingly served.

Make referrals and coordinate with different programs ranging from employment and training to medical care, mental health and counseling, veterans benefits, and other programs to address the varying needs of veterans. Coordinate a chain of volunteer veterans familiar with the obstacles faced by returning veterans to assist in mentoring and serving returning Iraq/Afghanistan veterans.

Service Area: Cooke, Fannin, Grayson Counties, N. Texas

### **EDUCATION**

#### Air Force Aid Society, Inc. National Headquarters

241 18th Street, Suite #202, Arlington, VA 22202

Main: 703-972-2650

afas.org

Hours: Monday - Friday, 8:00 am - 4:30 pm

Eligibility: Air Force personnel and their families or anyone interested

<u>Services</u>: Serves as the official charity of the United States Air Force. Provides worldwide emergency assistance, sponsoring education assistance programs, and offers an array of base community enhancement programs that improve quality of life for Airmen.

Service Area: Nationwide

#### **Grayson College Veterans Services Office**

6101 Grayson Drive, Denison, TX 75020 Main: 903-415-2616; Fax: 903-463-5284 grayson.edu

Hours: Monday - Friday 8:00 am - 5:00 pm

Eligibility: Veterans, active duty, military dependents, and survivors

<u>Services</u>: Veterans can find local job listings, resource materials, service providers' information and military contacts as well as veteran benefits information regarding education, housing and many other benefits. Also assist and advise student veterans and/or dependents regarding VA benefits.

Service Area: N. Texas region

## Navy-Marine Corps Relief Society (NMCRS)

#### **Education Programs**

1515 Chennault Naval Air Station - JRB Ft. Worth

Fort Worth, TX 76127

Main: 817-782-6000; Fax: 817-782-6006

nmcrs.org

Hours: Monday - Friday, 9:00 am - 4:00 pm

Eligibility: Navy and Marine Corps families

<u>Services</u>: Provides scholarships, grants, and loans to assist with the

educational needs of military families.

Service Area: Nationwide

#### Non-Commissioned Officers Association(NCOA)

9330 Corporate Drive, Suite 701, Selma, TX 78154

Main: 210-653-6161

ncoausa.org

Hours: Monday - Friday, 8:00 am - 5:00 pm

Eligibility: All branches of the military

Services: The Disaster Relief Fund and Scholarship Fund are awarded

to the children and spouses of NCOA

Service Area: Nationwide

#### **Texas Troops to Teachers**

5701 Springdale Road, Austin, TX 78723

Main: 512-919-5484 texastroopstoteachers.org

Hours: Monday - Friday, 8:00 am - 5:00 pm

Eligibility: Veterans or military personnel who are needing teaching

certification

<u>Services</u>: Assist military personnel and veterans transition to a new career as public school teachers in "high-needs" schools and districts; provides financial assistance to eligible veterans.

Service Area: Statewide

#### Texas Veterans Commission (TVC)

#### Texas Hazlewood Act Exemption/Education Programs

6900 Almeda Road, Houston, TX 77030 Main: 713-383-2756; Fax: 713-383-2746

tvc.state.tx.us

Hours: Monday - Friday, 7:30 am - 4:00 pm

<u>Eligibility</u>: Apply and be accepted to a Texas public college or university of his/her choice, provide documentation regarding military service and discharge, and provide proof of eligibility or ineligibility for Montgomery GI Bill benefits

<u>Services</u>: Administer the Texas Hazlewood Act tuition and fees exemption program for eligible Texas veterans.

Service Area: Statewide

#### The Gratitude Initiative

216 West 26th Street, Bryan, TX 77803

Main: 979-353-1260 gratitudeinitiative.org

Hours: Leave a message

<u>Eligibility</u>: Children and families of military service members, veterans, disabled veterans, and those killed in defense of the country.

<u>Services</u>: Provides free college planning and academic support services to military and veteran children; awards college scholarships to students planning to attend college or technical school; to raise awareness of the challenges faced by military and veteran households.

## **WOMEN VETERANS AND FAMILIES**

#### A Soldier's Child Foundation

1197 Hazelwood Drive, Smyrna, TN 37167

Main: 615-220-1600 asoldierschild.org

Hours: Monday - Friday 8:00 am - 4:00 pm

Eligibility: Children of deceased active military personnel

<u>Services:</u> Provides birthday celebrations for children ages birth to 18; Mentorship programs offer summer, fishing and hunting camps; College Scholarships offer college scholarships for recipients through their partner organizations: Fallen Patriots Foundation and Folded Flag Foundation.

Service Area: Nationwide

#### Attitudes and Attire/Boots to Heels

2050 Stemmons Freeway, Suite 181, Dallas, TX 75207 attitudes and attire.org

Hours: Call for scheduled classes

Eligibility: Female veterans

<u>Services:</u> Provides tools to raise self-esteem, promotes ethics and build confidence to develop successful life skills for women. Provides seminars exclusively for women veterans and give them the camaraderie of being with peers who understand the unique experiences and the challenges faced returning home.

Service Area: N. Texas

#### Marriage Management, Inc.

1061 Meadow Scape Drive Burleson, TX 76028

Main: 682-730-1818; Fax: 817-796-1111

marriagemanagement.org

Hours: Website available 24 hours a day, seven days a

week, call for scheduled classes

Eligibility: Couples, married veterans or veterans needing

family counseling

<u>Services</u>: Works to strengthen military marriages and family members. Enables couples to better cope witH the unique marital stresses of combat, wounds or multiple deployments. Provides a safe and confidential place for a husband and wife to find support.

Service Area: Statewide

#### **Military Funeral Honors**

Office of the Assistant Secretary of Defense For Public Affairs—Community Relations and Public Liaison

1400 Defense Pentagon, Room 2D982

Washington, DC 20301 Main: 800-827-1000

cem.va.gov

Hours: 24 hours a day, 7 days a week

Eligibility: Those requesting Military Family Honors at buri-

als

<u>Services</u>: Provides Military Family Honors at the burials of veterans; when requested funeral honors provided.

Service Area: Nationwide

#### Military OneSource - Childcare/Youth Programs

Main: 800-342-9647 militaryonesource.mil

Hours: 24 hours a day, 7 days a week

Eligibility: Military, Active Duty, retired military, military

spouses, military dependents

<u>Services</u>: Provides a website which includes links to child care options, camp experiences, and other activities that available for children in the military network. Installation Resource and Referral help find a child care provider off the installation, if on a waiting list of have an immediate need. Child Care Resource and Referral agencies are part of a statewide network of agencies that help working parents find child care. Child care may be found locally by visiting Child Care Aware of America, or by calling 800-424-2246.

Service Area: Nationwide

#### **Sew Much Comfort**

13805 Frontier Lane, Burnsville, MN 55337 Main: 952-431-6233; Fax: 952-236-7300

sewmuchcomfort.org

Hours: 24 hours a day, 7 days a week

 $\underline{\textit{Eligibility}} :$  Injured service members from all branches of the

military and National Guard

<u>Services</u>: Provides adaptive clothing to support the specific needs of wounded service members from all branches of

the military and National Guard.

#### Soldiers' Angels

2700 NE Loop 410, Suite 310 San Antonio, TX 78217 Main: 210-629-0020

Soldiersangels.org

Hours: Website, 24 hours, 7 days per week

Eligibility: Veterans, Deployed, Wounded, or families needing

support

<u>Services</u>: Supports veterans at medical centers and stand downs. Other services include Angel Bakers, Cards Plus, Chaplain Support, Deployed Adoptions, Ladies of Liberty, Letter Writing, Special Operations Forces, Valor-IT, Adopt-A-Family, Living Legends, Operation Top Knot, Sewing and Crafting, and Women of Valor Teams

Service Area: Nationwide

## U.S. Department of Veterans Affairs (VA) Caregiver Support Line

Main: 855-260-3274 caregiver.va.gov

Hours: Monday - Friday, 8:00 am - 11:00 pm; Saturday,

10:30 am - 6:00 pm

Eligibility: Caregivers of veterans

<u>Services</u>: Provides access to licensed clinical social workers to answer questions, listen to concerns and directly link callers to a Caregiver Support Coordinator at their local VA Medical

Service Area: Nationwide

## **MEDICAL, DISABILITY AND REHABILITATION**

### Aging and Disability Center of Texoma (ADRC)

1117 Gallagher Drive, Suite 240 Sherman, TX 75090

Main: 855-937-2372; Fax: 903-813-3515

www.tcog.com/adrc

Hours: Monday - Friday 8:00 am - 5:00 pm

<u>Eligibility:</u> People who are intellectually and developmentally disabled, suffer from Autism spectrum, blindness, deafness dementia, Alzheimer's disease, brain injury. Those with cognitive impairment. Diagnosis of alcoholism or substance abuse; those needing help from a licensed nurse or caregiver; have a mental health diagnosis; have questions about Medicare or private long-term care insurance; Veterans who need long term assistance

Services: Coordinates a system of information and access for Veterans, older adults and people with disabilities who are seeking long term support to minimize confusion, enhance individual choice, and support informed decision-making. Serves as a point-of-entry to public and private long-term services and supports. Offers counseling regarding available long-term support options; assists individuals in determining their eligibility for public long-term support programs and benefits including long-term Medicaid and community-based waiver programs; provides short-term case management to stabilize long-term supports for individuals and their families; helps people plan for their future long-term support needs; and provides information and referral to local resources, including transportation, housing, health promotion and disease prevention that enable people to remain in the community.

<u>Service Area:</u> Bowie, Cass, Cooke, Delta, Fannin, Franklin, Grayson, Hopkins, Lamar, Morris, Red River, and Titus counties

#### Area Agency on Aging (AAA)

1117 Gallagher Drive, Suite 350, Sherman, TX 75090 Main: 903-813-3505; Fax: 903-813-3515 tcog.com/aaa

Hours: Monday - Friday, 8:00 am - 5:00 pm

<u>Eligibility:</u> People over the age of 60, those with a disability, veterans and the general public

<u>Services:</u> Offers aging services such as Benefits Counseling, Care Coordination Program, Caregiver Services, Long Term Care Ombudsman, Money Management, Grandparents As Parents, Parkinson's Support Group and home delivered meals.

Service Area: Cooke, Fannin, Grayson Counties, N. Texas

#### **Blinded Veterans Association**

125 North West Street, 3rd Floor, Alexandria, VA 22314 Main: 202-371-8880; Fax: 202-780-4638 bva.org

Hours: Monday - Friday, 8:00 am - 6:00 pm

Eligibility: Legally blind or low-vision veterans

<u>Services</u>: Provides service programs, regional groups, resources, and advocacy before the legislative and executive branches of government. Offers information on blindness organizations, veteran's organizations, department of veteran's affairs links, employment for blinded veterans, helps support and educate veterans, their families, and the public about the challenges of blindness.

#### **Brain Injury Association of America (BIAA) - TX**

PO Box 95234

Grapevine, TX 76099

Main: 703-761-0750; Fax: 703-761-0755

biatx.org/Texas/index.htm

Hours: Monday - Friday, 8:30 am - 5:00 pm

Eligibility: General public

<u>Services:</u> Brain Injury Association provides information about brain injury, identifying medical, legal, financial and other resources. Referral center for state associations for people with brain injuries. Develops programs for public awareness, education, research and rehabilitation.

Service Area: Nationwide

#### Bring Everyone in the Zone, Inc.

The Modern Building 4900 Texoma Parkway Sherman, TX 75090 Main: 903-893-1129 vva973.org/pts.

Hours: Monday - Friday, 9:00 am - 2:00 pm

<u>Eligibility:</u> Active Duty, Reserves, Guard, veterans and their families

<u>Services</u>: Offers assistance free of charge Active Duty, Reserves, Guard, veterans and their families who suffer from the effects of Post-Traumatic Stress Disorder (PTSD), Traumatic Brain Injury (TBI), or Military Sexual Assault.

<u>Service Area:</u> Cooke, Fannin, Grayson Counties, N. Texas, Southern Oklahoma

#### **Broken Wheel Ranch Project**

4775 CR 2610 Bonham, TX 75418 Main: 903-227-2168

Hours: 24 hours a day, 7 days per week

<u>Eligibility:</u> Veterans, their families, and the youth of communities

<u>Services:</u> Provides equestrian related activities with the relaxing environment of the great outdoors. Strives to create a safe, nurturing, and loving atmosphere in which riders can regain and strengthen core values like determination, responsibility, care and compassion.

Service Area: N. Texas

### Canine Companions for Independence South Central Regional Center

7710 Las Colinas Ridge

Irving, TX 75063 Main: 214-259-4700

cci.org

Hours: Monday - Friday, 8:00 am - 5:00 pm

<u>Eligibility:</u> Veterans that have been disabled in combat, use a manual wheelchair, be a paraplegic or amputee, have mobility of both arms with good upper body strength, have good cognitive ability and clear speech, and have a stable home life to provide for a dog

<u>Services:</u> Specially trained dogs that can help veterans with disabilities resulting from military service with everyday tasks ranging from turning on lights to getting cash from an ATM.

Service Area: Nationwide

#### **Center for BrainHealth**

2200 West Mockingbird Lane

Dallas, TX 75235

Main: 214-905-3007; Fax: 214-905-3026

Brainhealth.utdallas.edu

Hours: Monday - Friday, 8:00 am - 5:00 pm

<u>Eligibility:</u> General public and veterans who suffer from brain injuries or conditions

<u>Services:</u> Works to accelerate recovery from the symptoms of PTSD and traumatic brain injuries and assists veterans in getting help and receiving treatment. Also provides training for caregivers and military spouses.

## Fisher House Foundation, Inc. VA N. Texas Health System

4500 South Lancaster Road, Building 79

Dallas, TX 75216 Main: 214-857-4401 northtexas.va.gov

Hours: 24 hours a day, 7 days a week

<u>Eligibility:</u> Veterans or Active Duty military personnel may stay at Fisher House only if they are accompanied by a family member or caregiver while they receive long-term outpatient treatment

<u>Services:</u> Comfort housing is available for families of veterans receiving health care at Dallas VA Medical Center. Fisher House, similar to Ronald McDonald House, provides free temporary lodging for families of VA patients.

#### **Grayson County K9 Program**

4900 Texoma Parkway The Modern Building Sherman, TX 75090

Main: 903-893-1129

vva973.org

Hours: Monday - Friday, 9:00 am - 2:00 pm

Eligibility: Active Duty, Reserves, Guard, veterans and their

families

Services: Program pairs trained service dogs with severely PTSD injured war veterans. The trained service dogs help by waking the veteran from a nightmare or create a buffer in large crowds or public places.

Service Area: Cooke, Fannin, Grayson Counties, N. Texas

#### **HALO for Freedom Warrior Foundation**

100 Spanish Oak Road Willow Park, TX 76087 Main: 817-597-1826 haloforfreedom.org

Hours: 24 hours a day, 7 day a week, website

Eligibility: Wounded military who need support and rehabili-

tation

Services: Provides support for wounded warriors as they face the many challenges encountered during their rehabilitation, reintegration and healing process while ensuring wounded military members are cared for both physically and emotionally. Also aims to motivate, encourage and afford them opportunities they might not otherwise have had. The Foundation's focus is to lift their spirits while reminding them that their sacrifices will never be forgotten.

Service Area: Nationwide

#### **Heroes Project**

7304 Beverly Boulevard, Suite 151 Los Angeles, CA 90036 Main: 323-680-1007

Theheroesproject.org

Hours: Mon - Fri, 9:00 am - 5:00 pm

Eligibility: Injured war veterans

Services: Expeditions for Heroes creates training and expedition programs for wounded marines, soldiers and veterans. Hope for Heroes encourages and expands the communities that supports our nation's heroes. Voices for Heroes captures footage of heroes journeys to recovery through strength and resilience.

Service Area: Nationwide

#### **Mercy Medical Angels**

4620 Haygood Road, Suite 1 Virginia Beach, VA 23455 Main: 757-318-9174 mercymedical.org

Hours: Monday - Friday, 9:00 am - 5:00 pm

Eligibility: Active Duty military or veterans and their family

members

Services: No-cost travel services are available for eligible troops, wounded warriors, veterans and their families to access distant specialized medical evaluation, diagnosis, treatment, or rehabilitation.

Service Area: Nationwide

#### **Medical Transportation Program**

Main: 877-633-8747 hhsc.state.tx.us

Hours: Monday - Friday, 8:00 am - 5:00 pm

Eligibility: Medicaid clients without transportation, children

and adults, must have Medicaid ID

Services: Non-emergency transportation is available to all current Medicaid eligible clients and necessary attendants to Medicaid-covered medical appointments.

Service Area: Statewide

#### **Muenster Memorial Hospital**

605 North Maple Street Muenster, TX 76252 Main: 940-759-2271

Hours: 24 hours a day, 7 days a week

Eligibility: General public and those in need of emergency

Services: Offers a wide range of hospital services.

Service Area: Cooke, Fannin, Grayson Counties, N. Texas

#### **National Resource Directory**

Main: 800-827-1000

m.nrd.gov

Hours: 24 hours a day, 7 days a week

Eligibility: General public and those in need of resources

Services: Provides a web-based network for wounded, ill and injured service members, veterans, their families and those who support them to find services and resources at the national, state and local levels to support recovery, rehabilitation and community reintegration.

#### **North Texas Medical Center**

1900 Hospital Boulevard Gainesville, TX 76240

Main: 940-665-1751; Fax: 940-612-8601

ntmconline.net

Hours: 24 hours a day, 7 days a week

Eligibility: General public and those in need of emergency

care

Services: Offers a wide range of hospital services.

Service Area: Cooke, Fannin, Grayson Counties, N. Texas

#### Paralyzed Veterans of America - Bonham

1201 East 9th Street Bonham, TX 75418

Main: 583-2111; Fax: 903-583-6692

mypva.org

Hours: Monday - Friday, 8:00 am - 5:00 pm

Eligibility: Veterans or their dependents may be eligible

<u>Services:</u> Securing government benefits, pensions, outpatient/psychological care, and rehabilitation for spinal cord issues, brain injuries, MS and helps veterans file claims.

Service Area: Cooke, Fannin, Grayson Counties, N. Texas

#### **Purple Star Veterans and Families**

Main: 916-320-4395 purplestarfamilies.org

Hours: Website 24 hours a day, 7 days a week

Eligibility: Military, veterans and their families

<u>Services:</u> Offers returning veterans a free Homecoming Preparedness Guide, career transitional tools, veteran education, unmet needs assistance and services for children of veterans with PTSD.

Service Area: Nationwide

#### **Red River Regional Hospital**

504 Liscomb Boulevard Bonham, TX 75418 Main: 903-583-8585 redriverregional.com

Hours: 24 hours a day, 7 days a week

Eligibility: General public and those in need of emergency

care

Services: Offers a wide range of hospital services.

Service Area: Cooke, Fannin, Grayson Counties, N. Texas

#### Sam Rayburn Memorial Veterans Center (VA)

1201 East 9th Street Bonham, TX 75418

Main: 800-924-8387; Fax: 903-583-6692

northtexas.va.gov

Hours: 24 hours a day, 7 days a week, Outpatient hours

Monday - Friday 8:00 am - 4:30 pm

Eligibility: Focuses on veterans needing services

<u>Services:</u> Hospital provides primary health care, nursing home care, and long-term rehabilitative care to eligible veterans. Offers other services for Post-Traumatic Stress Disorder, Blinded Veterans Association, Disabled American Veterans, and Paralyzed Veterans of America.

Service Area: Cooke, Fannin, Grayson Counties, N. Texas

### Sam Rayburn Memorial Veterans Center (VA) Sherman Clinic

3811 U.S. 75 North Sherman, TX 75090

Main: 903-487-0477; Fax: 903-892-9724

northtexas.va.gov

Hours: Monday - Friday, 7:30 am - 4:30 pm

Eligibility: Clinic serves for veterans

Services: Outpatient clinic for veterans who need general

health care.

Service Area: Cooke, Fannin, Grayson Counties, N. Texas

## Sam Rayburn Memorial Veterans Center (VA) Women's Clinic

1201 East 9th Street Bonham, TX 75418

Main: 903-583-2111; Fax: 903-583-6692

northtexas.va.gov

Hours: 24 hours a day, 7 days a week

Eligibility: Female veterans needing general health care

<u>Services:</u> Primary health care, pap smears, mammograms, gynecological care, mental health services, maternity care, including women's stress disorders and military sexual trauma program for female veterans in need.

Service Area: Cooke, Fannin, Grayson Counties, N. Texas

#### Service Dogs, Inc. - Assistance Dogs

4925 Bell Springs Road Dripping Springs, TX 78620

Main: 512-891-9090; Fax: 512-858-0163

servicedogs.org

Hours: Monday - Friday, 9:00 am - 4:00 pm

<u>Eligibility:</u> Active military service personnel may be eligible for service dogs

<u>Services:</u> Assistance dogs are provided to people with deafness, hearing impaired, paraplegia, quadriplegia, brain injuries, Muscular Dystrophy, Multiple Sclerosis, Spina Bifida, stroke and other conditions.

Service Area: Nationwide

#### **Sheep Dog Impact Assistance**

1200 West Walnut Street, Suite 2301

Rogers, AR 72756 Main: 417-812-6035 sheepdogia.org

Hours: Website 24 hours a day, 7 days a week

<u>Eligibility:</u> Currently serving or has served honorably in the military and/or first responder professions, (known as Sheep Dogs)

<u>Services:</u> Provides assistance when natural disasters strike offering immediate impact assistance; teams help through tree and debris removal, muck-out operations, covering roofs and windows, distributing food and water. They also offer holiday assistance and participate in hunting, fishing trips, obstacle course races, skydiving and scuba diving.

Service Area: Nationwide

#### Sons of the Flag

8750 North Central Expressway, Suite 510 Dallas. TX 75231

Main: 469-930-6694; Fax: 469-930-7068

sonsoftheflag.org

Hours: Monday - Thursday, 9:00 am - 5:00 pm; Friday

9:00 am - 4:00 pm

Eligibility: Military, first responder burn victims

<u>Services:</u> Supports military, first responder, and civilian burn survivors by providing funding for innovative research, technology and education. Brings together passionate community leaders, pioneering physicians, experienced military service members, dedicated first responders and purposeful civilians.

Service Area: Nation wide

#### **Texas Department of Aging and Disability**

dads.state.tx.us

Hours: Monday - Friday, 8:00 am - 5:00 pm

Eligibility: General public

<u>Services:</u> Administers long-term services and support for people who are aging as well as for people with intellectual and physical disabilities.

Service Area: Cooke, Fannin, Grayson Counties, N. Texas

#### **Cooke County Office**

1714 Justice Center Boulevard Gainesville, TX 76240

Main: 888-337-6377

#### **Fannin County Office**

1205 East Sam Rayburn Drive

Bonham, TX 75418 Main: 888-337-6377

#### **Grayson County Office**

2001 Loy Lake Road Sherman, TX 75090 Main: 888-337-6377

#### TX Department of State Health Services (DSHS) - Texoma

1714 Justice Center Boulevard Gainesville, TX 76240 Main: 940-665-9315 dshs.state.tx.us

Hours: Monday - Friday, 8:00 am - 5:00 pm

Eligibility: General public

<u>Services:</u> Pneumonia clinics, flu and immunization information and other state services may be accessed for anyone in need.

Service Area: Cooke, Fannin, Grayson Counties, N. Texas

# Texas Health and Human Services Commission (HHSC) – Brain Injury Support Groups, Training Courses and Education

1106 Clayton Lane, Suite 202 West Austin, TX 78723

Main: 512-706-7115; Fax: 512-706-4924

hhs.texas.gov

Hours: 24 hours a day, 7 days a week

Eligibility: Survivors of brain injuries and their families

<u>Services:</u> Website offers information for brain injury support groups throughout Texas. Also offers free accredited webbased instructional courses and educational information for public health workers, caregivers, social workers, survivors of brain injuries, law enforcement and others.

#### **Texas Ramp Project**

Main: 214-675-1230 texasramps.org

Hours: Monday - Friday, 8:00 am - 5:00 pm; website 24

hours a day, 7 days a week

Eligibility: Low-income disabled who need a wheelchair ramp

to be constructed

<u>Services:</u> Provides assistance through volunteers to build wheelchair ramps for the low-income disabled. The Texas Ramp Project works with local cities, social-services organizations, and hospitals to identify clients who need a ramp.

Service Area: Statewide

#### **Texoma Community Center Substance Abuse Services**

315 West McLain Street Sherman, TX 75090

Main: 903-957-4700; Fax: 903-957-3416

mhmrst.org

Hours: Monday - Friday, 8:00 am - 5:00 pm, call for group

schedules

Eligibility: General public

<u>Services</u>: Offers individual and group sessions; and have the ability to participate in sober social activities to promote support networks and holistic recovery efforts.

Service Area: Cooke, Fannin, Grayson Counties, N. Texas

#### **Texoma Medical Center**

5016 South U.S. Highway 75 Denison, TX 75020 Main: 903-416-4000

texomamedicalcenter.net

Hours: 24 hours a day, 7 days a week

Eligibility: General public and those in need of emergency care

Services: Offers a wide range of hospital services.

Service Area: Cooke, Fannin, Grayson Counties, N. Texas

#### **Texoma Medical Center (TMC) Behavioral Health Center**

5016 South U.S. Highway 75

Denison, TX 75020 Main: 903-416-3000 texomamedicalcenter.net

Hours: 24 hours a day, 7 days a week

Eligibility: People needing assistance with behavioral health

services

<u>Services:</u> Offers comprehensive adult psychiatric and chemi-

cal dependency services.

Service Area: Cooke, Fannin, Grayson Counties, N. Texas

#### The Rehabilitation Center

1216 Hillcrest Drive Sherman, TX 75092

Main: 903-893-7457; Fax: 903-893-6671

 $\underline{\text{Hours:}}\ \text{Monday-Thursday, 8:00 am-12:00 pm; 1:00 pm-5:30 pm}$ 

Eligibility: Those needing various forms of rehabilitation

<u>Services:</u> Clients include veterans as well as the general public. Services include occupational therapy, physical, speech and language therapy, a sensory integration clinic, and an array of support and adjunct services. Does not turn anyone away for lack of funds.

Service Area: N. Texas area

### U.S. Department of Veterans Affairs (VA) In-Home Care Support

1201 East 9th Street Bonham, TX 75418 Main: 877-222-8387 caregiver.va.gov

Hours: Monday - Friday, 8:00 am - 5:00 pm

Eligibility: Veterans and caregivers of veterans

<u>Services:</u> Provides in-home primary care, respite care, skilled home care, tele-health, home health aides, and hospice care.

Service Area: Nationwide

#### **VA Healthcare**

Dallas VA Medical Center 4500 South Lancaster Road

Dallas, TX 75216 Main: 214-742-8387 northtexas.va.gov

Hours: 24 hours a day, 7 days a week

Eligibility: Medical services are available to veterans

<u>Services</u>: Services include traditional hospital-based services such as surgery, critical care, mental health, orthopedics, pharmacy, radiology and physical therapy. Medical health services are available as well as hospice and palliative care.

#### Wilson N. Jones Regional Hospital

500 North Highland Drive Sherman, TX 75090 Main: 903-870-4611

wnj.org

Hours: 24 hours a day, 7 days a week

Eligibility: General public and those in need of emergency

care

Services: Offers a wide range of hospital services.

Service Area: Cooke, Fannin, Grayson Counties, N. Texas

#### **Wounded Warrior Project**

2200 Space Park Drive, Suite 100 Houston, TX 77058

Main: 832-536-3098; Fax: 281-333-2605

woundedwarriorproject.org

Hours: Monday - Friday, 8:00 am - 5:00 pm

<u>Eligibility:</u> Wounded or injured military personnel and their families

<u>Services:</u> To raise awareness and enlist the public's aid for the needs of injured service members, to help injured service members aid and assist each other, and provide unique, direct programs and services to meet the needs of injured service members. Services provided include:

Mental health support which helps warriors overcome the challenges of readjustment. Through interactive programs, outdoor rehabilitative retreats, and professional services. Warriors are given the tools to maintain healthy, meaningful relationships with family and friends, and pursue life goals without the barriers or stigmas associated with mental health issues. Health and wellness services which warriors adapt to sports, health, nutrition, and recreational activities. Career and VA benefit assistance which encourages economic empowerment for warriors to provide long-term financial stability for themselves and their families. Connection events such as hunting trips, sporting events, and educational summits help support the long-term recovery of warriors by connecting them with fellow service members and their communities.

## **VETERAN ORGANIZATIONS AND VETERAN SERVICES**

#### **Allies in Service**

alliesinservice.org Main: 214-438-6358

Hours: Website 24 hours a day, 7 days a week

Eligibility: Current service members, veterans, and military

spouses

<u>Services:</u> Service members, veterans, and their families have access to quality health care, education, safe and affordable housing choices, and meaningful employment. Also seeks to partner with veterans, employers, community and other veteran support organizations.

Service Area: Nationwide

### **American GI Forum**

#### **Dallas Veteran Outreach Program**

1555 West Mockingbird Lane, Suite 215

Dallas, TX 75235 Main: 214-379-7377

agif-nvop.org

Hours: Monday - Friday, 8:00 am - 5:00 pm

Eligibility: Veterans needing housing, employment, educa-

tion and advocacy

<u>Services:</u> Addresses problems of discrimination and promotes the well-being of Hispanic veterans. It is a fully interracial veteran and family organization providing youth leadership, employment, education, veteran support services, human rights, and homelessness.

Service Area: Nationwide

#### **American Legion - National**

700 North Pennsylvania Street Indianapolis, IN 46206

Main: 317-630-1200; Fax: 317-630-1223

legion.org

Hours: Monday - Friday, 8:00 am - 4:30 pm

Eligibility: Veterans or their dependents

<u>Services:</u> Assists all veterans including Active Duty personnel and their families or dependents in securing governmental benefits, service pension, and hospital and outpatient medical/psychological care.

Service Area: Nationwide

#### American Legion - Bonham - Post 283

1525 West Sam Rayburn Drive

Bonham, TX 75418 Main: 903-583-4910

legion.org

Hours: 3rd Tuesday of each month, 6:00 pm

Service Area: N. Texas

#### **American Legion - Denison - Post 62**

419 West Crawford Street

Denison, TX 75020 Main: 903-463-2748

legion.org

Hours: 2nd Tuesday of each month, 7:00 pm

Service Area: N. Texas

#### American Legion - Pottsboro - Post 231

133 Army Avenue Pottsboro, TX 75076 Main:903-815-8333

legion.org

Hours: 2nd Sunday of each month, 12:00 pm

Service Area: N. Texas

#### **American Legion – Sherman – Post 29**

4500 North Frisco Road Sherman, TX 75090 Main: 903-821-0183

legion.org

Hours: 3rd Saturday of each month, 10:00 am

Service Area: N. Texas

#### American Legion – Van Alstyne – Post 376

293 Jay Road

Van Alstyne, TX 75495 Main: 903-482-9360

legion.org

Hours: 2nd Saturday of each month, 10:00 am.

Service Area: N. Texas

#### **AMVETS - Sherman**

4500 North Frisco Road Sherman, TX 75090 Main: 903-892-8214

amvets.org

<u>Hours:</u> Tuesday – Thursday, 2:00 pm – 12:00 am; Friday 12:00 pm – 12:00 am; Saturday 12:00 pm – 1:00 am; Sunday, 12:00 pm – 12:00 am; Closed Monday

Eligibility: Veterans or their dependents

<u>Services:</u> Assists all veterans including Active Duty personnel and their families or dependents in securing governmental benefits, service pension, and hospital and outpatient medical/psychological care.

Service Area: N. Texas

### **Armed Forces Services Corporation**

2800 Shirlington Road, Suite 350

Arlington, VA 22206

Main: 703-379-9311; Fax: 703-379-4848

afsc-usa.com

Hours: Monday - Friday, 8:00 am - 4:30 pm

<u>Eligibility:</u> Veterans, retirees, surviving spouses, dependents, (pre-retirement counseling for Active Duty)

<u>Services:</u> Assists the surviving spouse in completing and submitting the paperwork for their government benefits and life insurance.

Service Area: Nationwide

#### **Catholic War Veterans**

PO Box 40761 Austin, TX 78704 Main: 512-762-4564

cwv.org

Hours: Monday - Friday, 8:00 am - 5:00 pm

<u>Eligibility:</u> Veterans must be a practicing Catholic, have served in the military for at least 90 days, honorably discharged; Family members must be practicing Catholic, be a citizen and be related within two degrees to a veteran or currently serving member of the military.

<u>Services:</u> Provides posts throughout the country and support Active Duty personnel and Military Chaplains worldwide, and veterans at home in the United States.

Service Area: Statewide

#### **Disabled American Veterans (DAV) Regional Office**

One Veterans Plaza Waco, TX 76799 Main: 254-299-9932

dav.org

Hours: Website 24 hours, 7 days per week

Eligibility: Veterans and their dependents

<u>Services:</u> Disabled American Veterans (DAV) offers many programs for veterans and their families. Services include counseling, disaster relief, employment rights, education, health care, pension, and many others.

Service Area: Statewide

#### Fleet Reserve Association - Texas

PO Box 515

Kennendale, TX 76060 Main: 800-372-1924

fra.org

Hours: Monday - Friday, 8:30 am - 4:30 pm

Eligibility: Sea Service community and their families

<u>Services:</u> Represents the interests of Sea Service personnel on Capitol Hill, and the importance of participating in the legislative process to protect their pay and benefits.

Service Area: Nationwide

## Internal Revenue Service (IRS) Military Tax Information

Main: 800-829-1040

irs.gov

Hours: Website 24 hours a day, 7 days a week

Eligibility: Members of the military and their families

<u>Services:</u> Provides a dedicated web page for military personnel and their family members with questions and answers on combat zone tax information, provisions, publications, and Armed Forces Tax Guide.

#### **Marine Corps League**

2355 FM 406. Denison, TX 75020

Main: 903-463-5869 mcleague.com

Hours: 1st Saturday of each month, 1:00 pm

Eligibility: Marines, FMF Corpsmen, former Marines and FMF Corpsmen and their widows and orphans

Services: Provides camaraderie, mentorship and fellowship for the purpose of preserving the traditions and promoting the interests of the United States Marine Corps.

Service Area: N. Texas

#### Military Order of the Purple Heart - National

5413 Backlick Road, Springfield, VA 22151 Main: 703-642-5360; Fax: 703-642-2054

purpleheart.org

Eligibility: Veterans or their dependents

Services: Assists all veterans including Active Duty personnel and their families or dependents in securing governmental benefits, service pension, and hospital and outpatient medical/psychological care.

Service Area: Cooke County, N. Texas

#### Cooke County:

801 Moss St., Gainesville, TX 76240

Main: 940-612-2240

Hours: 6:00 pm on the 1st Tuesday of each month, Woolf's Den Restaurant, 1901 W. California St., Gainesville, Texas 76240.

#### **Grayson County:**

PO Box 2732, Sherman, TX 75091

Main: 903-271-6339

Hours: 10:00 on the first Wednesday of each month, Sherman Municipal Airport, 1200 South Dewey Street, Sher-

man, TX 7090

#### Military.com

799 Market Street, Suite 700, San Francisco, CA 94103

Main: 415-820-3434

military.com

Hours: Website 24 hours a day, 7 days a week

Eligibility: Active military, veterans and their families

Services: Connects service members, military families and veterans to all benefits of service, including government benefits, scholarships, discounts, lifelong friends, mentors, great stories of military life or missions, and much more.

Service Area: Nationwide

#### **Patriot Guard Riders**

patriotguard.org

Hours: 24 hours a day, 7 days a week

Eligibility: Military or veterans are eligible

Services: Stand flag lines at visitations, funeral services, interments, and stand between bereaved families and unscrupulous demonstrators. Escort patriots and their families by riding in processions, attend patriotic events to show support for the troops.

Service Area: Statewide

### **Social Security Administration (SSA) Benefits for Military**

Main: 800-772-1213

ssa.gov

Hours: Monday - Friday, 7:00 am - 7:00 pm

Eligibility: Military service members who become disabled while on active military service on or after October 1, 2001, regardless of where the disability occurred

Services: Military service members can receive expedited processing of disability claims from Social Security.

Service Area: Nationwide

#### **Social Security Administration (SSA) Texoma**

600 East Peyton Street, Sherman, TX 75090

Main: 877-405-3521

ssa.gov

Hours: Monday, Tuesday, Thursday, Friday, 9:00 am - 3:00

pm; Wednesday, 9:00 am - 12:00 pm

Eligibility: General public and those in need of disability

and SSI information

Services: Provides disability benefits under Social Security Disability (SSDI), and Supplemental Security Income (SSI).

Service Area: Cooke, Fannin, Grayson Counties,

Nationwide

#### **Statewide Veteran Resources**

Main: 211 877-541-7905

211texas.org

Hours: 24 hours a day, 7 days a week

Eligibility: General public may use this service

Services: Toll-free telephone service available to the public for specific needs. 211 Texas has a list of toll-free hotlines and information that is available to veterans and their families.

#### **Survivor Outreach Services**

811 Shoreview Drive, Fort Worth, TX 76108 Main: 817-246-4606; Fax: 817-707-5727 <u>Hours:</u> Monday – Friday, 8:00 am – 5:00 pm

<u>Eligibility</u>: Any survivor or an Active Duty fallen soldier, including parents, spouses, children, siblings and ID card holders from all branches of the military regardless of status, cause of death, or the time it occurred

<u>Services:</u> Provides long-term support to families of our fallen soldiers by offering assistance with any concerns or issues, providing information on services and programs, and connecting families to outreach organizations both inside and outside the Department of Defense for as long as the family member needs support.

Service Area: Nationwide

## Texas Veterans Commission (TVC) Claims Representation and Counseling

4500 South Lancaster Road, Building 2 Room 1C, 423-A-G Dallas, TX 75216

Main: 214-857-0444; Fax: 214-857-0443

tvc.state.tx.us

Hours: Monday - Friday, 7:30 am - 4:00 pm

Eligibility: Veterans and family members

Services: Serves Veterans, their dependents and survivors, in all matters pertaining to Veterans' state and federal disability benefits and entitlements. It is the designated agency of the State of Texas to represent the State and its Veterans before the U.S. Department of Veterans Affairs (VA). The agency represents Veterans in filing VA disability claims and during VA appeals processes, and assists dependents with survivor benefits and entitlements. Counselors also help Veterans and their families with questions regarding benefits, survivor and dependent needs, filling out VA paperwork, and medical issues.

Service Area: Statewide

## Texas Veterans Land Board (TVLB) Cemetery Property

1700 North Congress Avenue, Room 800, Austin, TX 78701 Main: 800-252-8387; Fax: 512-475-1425

glo.texas.gov

Hours: Monday - Friday, 8:00 am - 5:00 pm

<u>Eligibility:</u> All members of the armed forces and veterans who have met minimum active service duty requirements and were discharged under conditions other than dishonorable; sometimes family members

<u>Services:</u> Provides free burial space for veterans and their eligible family members.

Service Area: Statewide

### Texas Veterans Land Board (TVLB) Veterans Land Program

1700 North Congress Avenue, Room 800

Austin, TX 78701

Main: 512-463-5060; Fax: 512-475-1425

glo.texas.gov

Hours: Monday - Friday, 7:30 am - 6:00 pm

<u>Eligibility:</u> Eligibility determinations are made on a case-bycase basis after visiting the web page and answering some questions

<u>Services:</u> Financing may be eligible to Texas veterans for tracts of land. The purchase can be for one acre or more, and up to \$100,000 for a 30-year fixed-rate loan. Program does not provide rent assistance.

Service Area: Statewide

#### **Texoma Council of Governments**

1117 Gallagher Drive Sherman, TX 75090

Main: 903-893-2161; 800-677-8264

tcog.com

Hours: Monday - Friday, 8:00 am - 5:00 pm

Eligibility: General public

Services: The Texoma Council of Governments is a voluntary association of the local governments in Cooke, Fannin, and Grayson Counties. Established in 1968, the Texoma Council of Governments promotes economy and efficiency in the coordinated planning and development of the tricounty region through its community and economic development activities. Either directly, or through contractors, the Council provides housing, utility assistance, and weatherization services for low-income citizens in the region and assists the elderly through a variety of Area Agency on Aging programs. The Council also facilitates the delivery of grant funding for homeland security and criminal justice.

Service Area: N. Texas region

#### **TexVet: Get Connected**

3950 North A. W. Grimes Boulevard, 2nd Floor Round Rock, TX 78665

Main: 512-341-4924; Fax: 512-314-4219

texvet.org

Hours: Monday - Friday, 8:00 am - 4:30 pm; website 24

hours a day, 7 days a week

Eligibility: Veterans and the public

<u>Services:</u> Provides a website focused on making it easier for military members and their families to find help. Visit website at texvet.org for online resources.

The resources identified through the website are meant for anyone who is serving or has served. Some of the resources include Air Force Aide Education Grant, American Hospital Association, American Legion, Armed Forces Children's Education Fund, Blinded Veterans Association, Cam Posey Memorial Scholarship Fund, Disabled American Veterans, Disabled Veterans Scholarship, Fleet Reserve Association South Central Region, Folds of Honor Foundation, Fort Hood Area Military Family Member Scholarship Fund, Freedom Alliance, Gratitude Initiative, Green Beret Foundation, Hazlewood Act, Hope for The Warriors, Hunting With Soldiers, Intrepid Fallen Heroes Fund, Veterans Association, Cam Posey Memorial Scholarship Fund, Disabled American Veterans, Disabled Veterans Scholarship, Fleet Reserve Association South Central Region, Folds of Honor Foundation, Fort Hood Area Military Family Member Scholarship Fund, Freedom Alliance, Gratitude Initiative, Green Beret Foundation, Military Spouse Career Advancement Accounts Program, Military Officers Association of America, Military Order of the Purple Heart Chapter 1919, National Military Family Association, Navy League, Navy Marine Corps Relief Society, Navy SEAL Foundation, Operation Once in a Lifetime, RJT Scholarship for Veterans with PTSD, Special Operations Warrior Foundation, Texas Burn Survivor Society, Texas Veterans Commission, Texas Veterans Commission Education, The ARMY Scholarship Foundation, The Army Women's Foundation Scholarship Program, The Honored Service Scholarship, The Retired Enlisted Association, The Tailhook Educational Foundation, Veterans United Foundation Scholarship, VetSuccess on Campus, Voice of Democracy, and Women Veteran & Legacy Scholarship Program.

Service Area: Nationwide

## U.S. Department of Defense (DOD) Military Family Support Services

1400 Defense Pentagon Washington, DC 20301 Main: 703-571-3343

defense.gov

Hours: Monday - Friday, 8:00 am - 4:00 pm

Eligibility: Service members and military families

<u>Services:</u> Helps ensure military families are supported with appropriate tools, resources and information.

Service Area: Nationwide

#### **U.S. Navy Veterans Group**

Sherman, TX 75090 Main: 903-893-7534

Hours: Call for scheduled meeting times and dates

<u>Eligibility</u>: Navy veterans, families or friends of Navy veterans are welcome to attend

<u>Services</u>: U.S. Navy mentor group provides information, including guest speakers and attends local parades and other functions.

<u>Service Area</u>: Cooke, Fannin, Grayson Counties, N. Texas, Southern Oklahoma

#### **U.S. Military Recruiting Offices**

Hours: Call for hours

Eligibility: People interested in joining the military

<u>Services</u>: Helps answer questions about service, providing a positive but realistic assessment of opportunities.

<u>Service Area</u>: Cooke, Fannin, Grayson Counties, N. Texas, Southern Oklahoma

#### **Texas Army National Guard Recruiter**

1700 Loy Lake Road Denison, TX 75020 Main: 214-793-4307 nationalguard.com/eligibility

#### **U.S.M.C Recruiting Office**

2916 U.S. - 75, #554 Sherman, TX 75090

Main: 903-893-2141/903-267-6942

marines.com

#### **U.S. Army Recruiting Office**

2916 U.S. - 75, #554 Sherman, TX 75090

Main: 214-995-0151/214-995-0826

army.mil

#### **U.S. Navy Recruiting Office**

2916 U.S. - 75, #556 Sherman, TX 75090

Main: 903-892-1559/903-513-5695

navy.mil

#### **U.S. Air Force Recruiting Office**

2916 U.S. - 75, #552 Sherman, TX 75090

Main: 903-893-2241/903-487-6709

af.mil

#### **Veterans Coalition of North Central Texas**

PO Box 132275 Dallas, TX 75201 vcnct.org

Hours: 24 hours a day, 7 days a week

Eligibility: Veterans needing to reintegrate into society

<u>Services:</u> Works to build bridges between local community resources, national resources, veterans and active service members, and families. It strives to rebuild, educate, improve and stabilize the health and readiness of veterans to reintegrate into society.

Service Area: N. Texas

#### **VFW Posts—Local**

Eligibility: Veterans and their families

<u>Services</u>: Local posts and programs support veterans service members, and their families through various programs, mentorship and activities. The Auxiliary supports a host of programs which pursue issues of national importance to veterans. These programs are designed to preserve veteran's rights, advocate a strong national defense, promote patriotism and offer community service.

Service Area: N. Texas

#### VFW Post 1922 - Gainesville

3332 North Grand Avenue Gainesville, TX 76240 Main: 940-665-9054

texasvfw.org

Hours: 2nd Saturday of each month, 10:00 am

#### VFW Post 2772 - Sherman

1707 Baker Road Sherman, TX 75090

Main: 903-893-5858/903-815-7910

texasvfw.org

Hours: 1st Tuesday of each month, 6:30 pm

#### VFW Post 4852 - Bonham

1610 Mitchell Drive Bonham, TX 75418 Main: 903-583-5733

texasvfw.org

Hours: 3rd Thursday of each month, 6:00 pm

#### VFW Post 7873 - Pottsboro

250 VFW Drive Pottsboro, TX 75076 Main: 903-786-2400

texasvfw.org

Hours: 3rd Saturday of each month, 11:00 am

#### **Vietnam Veterans of America - Chapter 973**

4900 Texoma Parkway The Modern Building Sherman, TX 75090

Main: 903-893-1129/903-819-4548

Hours: 2nd Thursday of each month, 7:00 pm, Call for

meeting location

Eligibility: Veterans including Active Duty personnel; must provide DD-214 (Certificate of Release or Discharge from Active Duty) or military ID to prove status. Veteran must be discharged or released from Active Duty under honorable conditions

Services: Help to promote and support the full range of issues important to Vietnam veterans, to create a new identity for this generation of veterans, and to change public perception of Vietnam veterans. VVA strives to advocate on issues important to veterans, seek full access to quality health care for veterans, identify the full range of disabling injuries and illnesses incurred during military service, hold government agencies accountable for following laws mandating veterans health care, create a positive public perception of Vietnam veterans, and serve local communities. Also provides information for services, benefits, and filing claims with VA. Provides small financial assistance if funding is available

Service Area: Cooke, Fannin, Grayson Counties, N. Texas

## **COUNTY VETERAN SERVICES**

#### **County Veteran Services Offices**

County veteran services offices provide assistance, counsel and advocacy for veterans, "'spouses, widows and dependents, helping them to obtain state and federal veterans' benefits.

The offices can help secure copies of DD214s, medals and certificates, and provide information on VA healthcare, service-connected claims, pensions, dependency indemnity education, home loans, insurance and burial benefits.

There is a county residence requirement to obtain service.

#### **Bowie County Veterans Services Officer**

710 James Bowie Drive New Boston, TX 75570 Main: 903-628-6816 co.bowie.tx.us

#### **Collin County Veterans Services Officer**

900 East Park Boulevard, Suite 150 Plano, TX 75074 Main: 972-881-3060 collincountytx.gov

#### **Cooke County Veterans Services Officer**

301 South Chestnut Street Gainesville, TX 76240 Main: 940-668-5436 co.cooke.tx.us

#### **Dallas County Veterans Services Officer**

2377 North Stemmons Freeway, Suite 631 Dallas, TX 75207 Main: 972-692-4939 dallascounty.org

#### **Denton County Veterans Services Officer**

1505 East McKinney Street, Suite 151 Denton, TX 76209 Main: 940-349-2950 dentoncounty.com

#### **Fannin County Veterans Services Officer**

101 East Sam Rayburn Drive, Suite 203 Bonham, TX 75418 Main: 903-583-4623 co.fannin.tx.us

#### **Grayson County Veterans Services Officer**

100 West Houston Street, Suite G-2 Sherman, TX 75090 Main: 903-813-4254/903-821-1350 co.grayson.tx.us

#### **Hunt County Veterans Services Officer**

2801 Stuart Street Greenville, TX 75401 Main: 903-454-2552 huntcounty.net

#### **Lamar County Veterans Services Officer**

231 Lamar Avenue, Suite 101 Paris, TX 75460 Main: 903-737-2484

co.lamar.tx.us

#### **Rockwall County Veterans Services Officer**

915 Whitmore Drive, Suite D Rockwall, TX 75087 Main: 972-204-7280 rockwallcountytexas.com

#### **Tarrant County Veterans Services Officer**

1200 Circle Drive, Suite 300 Fort Worth, TX 76119 Main: 817-531-5645 tarrantcounty.com

# POST 9/11 NEW VETERANS ORGANIZATIONS OEF, OIF, OND

#### **Defenders of Freedom**

320 Highway 121, Suite 208 Coppell, TX 75019 Main: 214-649-4720 defendersoffreedom.us

Hours: Call for appointment

<u>Eligibility:</u> Active duty or veterans that need help with transitioning to civilian life

<u>Services:</u> Sends deployed troops personalized care packages and helps wounded troops transition to civilian life. Helps OIF, OEF and OND veterans with life and career mentoring, job search and resume assistance and offers emergency financial assistance to wounded and transitioning veterans.

Service Area: N. Texas area

#### **Operation HomeFront – Texas Chapter**

1355 Central Parkway South, Suite 100

San Antonio, TX 78233

Main: 800-659-7756; Fax: 210-566-7544

operationhomefront.net

Hours: Monday - Friday, 8:30 am - 5:30 pm

<u>Eligibility:</u> Family members of military service members who are currently serving in Afghanistan or Iraq, or returning stateside in a wounded warrior capacity, or reintegrating from military to civilian life

<u>Services:</u> Provides emergency assistance, resources and morale boosters to our troops, E-6 and below, to the families they leave behind, and to wounded warriors when they return home. Focuses on military service members who have deployed to Afghanistan or Iraq.

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## 2017 Texoma Veterans

RESOURCE GUIDE