

Date: 20 August 2021

Curricula Vitae

SONDRA L RINGLER

Grayson College

Mary Moses Center for Health

Sciences

Associate Degree Nursing

Denison, Texas 75020

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College E-mail address:

ringlers@grayson.edu

Education

2017- 2020

DNP Doctor of Nursing Practice in Educational Leadership
American Sentinel University, Aurora, Colorado

2011-2013

MSN Master of Science in Nursing
University of Phoenix, Phoenix, Arizona

2009-2011

BSN Bachelor of Science in Nursing
University of Phoenix, Phoenix, Arizona

2003-2006

ADN Associate Degree Nursing
Front Range Community College, Fort Collins, Colorado

Teaching Experience

- Nursing Professor, January 2016-present
- RNSG 1423 Nursing 1 Theory, Spring 2021
- RNSG 1119 Nursing 1 Lab, Spring 2021
- RNSG 1360 Nursing 1 Clinical, Spring 2021
- RNSG 2463 Nursing IV Clinical, Spring 2021
- RNSG 1423 Nursing 1 Theory, Fall 2020
- RNSG 1119 Nursing 1 Lab, Fall 2020
- RNSG 1360 Nursing 1 Clinical, Fall 2020
- RNSG 2463 Nursing IV Clinical, Fall 2020
- NURS 3244 RN-BSN Issues and Trends in Nursing Summer 2020
- NURS 3301 RN-BSN Health Assessment Summer 2020
- RNSG 1423 Nursing 1 Theory, Spring 2020
- RNSG 1119 Nursing 1 Lab, Spring 2020
- RNSG 1360 Nursing 1 Clinical, Spring 2020
- RNSG 1423 Nursing 1 Theory, Fall 2019
- RNSG 1119 Nursing 1 Lab, Fall 2019
- RNSG 1360 Nursing 1 Clinical, Fall 2019
- RNSG 1423 Nursing 1 Theory, Spring 2019
- RNSG 1119 Nursing 1 Lab, Spring 2019
- RNSG 1360 Nursing 1 Clinical, Spring 2019
- RNSG 1423 Nursing 1 Theory, Spring 2018
- RNSG 1119 Nursing 1 Lab, Spring 2018
- RNSG 1360 Nursing 1 Clinical, Spring 2018
- RNSG 1423 Nursing I Theory, Fall 2017
- RNSG 1119 Nursing I Lab, Fall 2017
- RNSG 1360 Nursing I Clinical, Fall 2017
- RNSG 2464 Nursing III Clinical, Fall 2017

- RNSG 1423 Nursing I Theory, Spring 2017
- RNSG 1119 Nursing I Lab, Spring 2017
- RNSG 1360 Nursing I Clinical, Spring 2017
- RNSG 1423 Nursing I Theory, Fall 2016
- RNSG 1119 Nursing I Lab, Fall 2016
- RNSG 1360 Nursing I Clinical, Fall 2016
- RNSG 2464 Nursing III Clinical, Fall 2016
- RNSG 1423 Nursing I Theory, Spring 2016
- RNSG 1119 Nursing I Lab, Spring 2016
- RNSG 1360 Nursing I Clinical, Spring 2016
- Clinical Adjunct Nursing II and IV, Grayson College, Fall 2015
- Preceptor for GSN, Texoma Medical Center, 2014-present
- Preceptor for GSN, Poudre Valley Hospital, 2007-2013

Professional Experience

- January 2016-present Grayson College, Denison, Texas
- *Nursing Professor*
Providing classroom, lab, and clinical education to nursing students at Grayson College. Provide clinical expertise to nursing students at clinical sites.
- August 2015-December 2015 Grayson College, Denison, Texas
- *Clinical adjunct*
Providing clinical expertise and guidance to nursing students at clinical sites.
- January 2014-present Texoma Medical Center, Denison, Texas
- *Charge Nurse CCSD, Level III CCSD Nurse*
- January 2012-December 2013 Poudre Valley Hospital, Fort Collins, Colorado
- *Patient Care Coordinator, Charge Nurse, Telemetry*
- June 2006-January 2012 Poudre Valley Hospital, Fort Collins, Colorado
- *Charge Nurse, Level II Adult Medical/Surgical Nurse*

Honors and Awards

- Magnet Nomination, May 2007
- Adult Medical/Surgical Nurse, ANCC, March 2008
- Progressive Critical Care Nurse, AACN, July 2015

Association Memberships

- American Nurses Association
- Texas Nurse's Association
- Critical Care Nurses Association
- Organization for Associate Degree Nursing
- National League for Nursing
- American Association of Nurse Practitioners
- Online Learning Consortium

Professional Presentations

- Perceptions of Stress in Nurse Educators: Measuring the Impact of an Interventional Toolkit July 2020, American Sentinel University
- Disaster Response September 2018, Grayson College
- De-escalation techniques for bedside nurses, September 2013, Poudre Valley Hospital, Fort Collins, Colorado

Languages

- English

Professional Development

- 2020 Safe Patient Handling Competency November 2020
- 2020 Restraints Competency November 2020

- 2020 Urinary Catheter Needs Assessment Competency November 2020
- 2020 Stryker Evac Chair Competency October 2020
- APEX Innovations: NIH Stroke Scale Training & Certification October 2020
- Informed Consent October 2020
- CLABSI Prevention October 2020
- 2020 Blood Borne Pathogen Competency October 2020
- Alaris Set: Loading & Unloading October 2020
- Overview of New Suicidal Policy October 2020
- UHS Code of Conduct & Corporate Compliance October 2020
- N761PE: Strategic leadership and Planning; American Sentinel University October 2020
- EBSCO: Sepsis: Caring for the Patient with September 2020
- ENFIT Products and Conversions September 2020
- HIPAA & Security Rules September 2020
- Nursing Readmission Prevention September 2020
- VersaCare A.I.R. September 2020
- NursTim: Leadership Success: 10 Tips for Academic Leaders September 2020
- NursTim: Leadership Insights: Lessons from the Field September 2020
- NursTim: Challenging Faculty: Strategies for Leaders September 2020
- NursTim: Directors & Chairs: Leadership Strategies for Survival September 2020
- NursTim: Leadership Lessons: Mentoring New Faculty Sept 2020
- Annual Telemetry Strip Interpretation August 2020
- UHS EHAC (Early Heart Attack Care) August 2020
- N720PE: Healthcare Finance; American Sentinel University August 2020
- COVID Unit Education July 2020
- TIPS Procedure July 2020
- TMC Bladder Guideline July 2020
- UHS Armed Intruder & Active Assailant for Acute Care July 2020

- UHS High Sensitivity Troponin Implementation 2020 July 2020
- N705PE: Health Policy; American Sentinel University June 2020
- Overview of Multisystem Trauma July 2020
- Speech Pathology Swallow Precautions May 2020
- NursTim: Legal Issues for Nurse Educators May 2020
- Care of Joint Replacement Surgery Patients May 2020
- UHS Modified Early Warning Signs Scoring: Reducing Failure to Rescue May 2020
- Preventing Pressure Injuries May 2020
- Differentiating Moisture-Associated Skin Damage and Pressure Injury May 2020
- Genentech Stroke: Activase in Clinical Practice May 2020
- Guidance on Developing Quality Interprofessional Education for the Health Professions May 2020
- Forensic Evidence Preserving May 2020
- Activase Prescribing May 2020
- Stroke: Pharmacologic Therapies May 2020
- Stroke: Ischemic May 2020
- Stroke: Hemorrhagic May 2020
- Preventing Health Care-Associated Infections with Mutli-drug Resistant Organisms (MDROS) May 2020
- UHS: Falls Assessment Training May 2020
- Patient Safety: Identifying Patients at risk for Suicide April 2020
- Rapid Regulatory Compliance: Clinical I: Compliance, Ethics, Sexual Harassment, Patient Rights, Informed Consent, Adv. Directives, EMTALA, Grievances, Dev. Appropriate Care, Cult. Competence, Restraint/Seclusion, Patient Abuse/Assault/Neglect April 2020
- Rapid Regulatory Compliance: Clinical II: Gen/Fire/Elect/Back/Rad/MRI Safety, Ergo, Lift/transport, Slips/Trips/Falls, Latex Allergy, Hazardous Communication, Workplace Violence, Emergency Prep, Infection Control:

HAI, Hand Hygiene, Bloodborne, Standard Precautions,
Airborne/Contact/Droplet Precautions, PPE April 2020

- Blood Component Therapy April 2020
- EBSCO: tPA Administration for Acute Ischemic Stroke April 2020
- Stroke: Drug (Thrombolytic) Therapy April 2020
- Treatment for Stroke Patients April 2020
- UHS Yale Swallow Protocol April 2020
- N742PE: Principles of Finance and Fund Development; American Sentinel University April 2020
- NursTim: NurseThink for Nurse Educators: Next Gen Tour with NurseTim April 2020
- NursTim: Budget Development & implementation in Academia March 2020
- NursTim: Financial Adi: The Linchpin for Academic Progression Partnerships March 2020
- 2020 ERAS Cardiac March 2020
- Alcohol Withdrawal Syndrome February 2020
- ACLS Renewal January 2020
- HeartCode BLS January 2020
- N714PE: Role of Technology and Simulation in Nursing Education; American Sentinel University February 2020
- N712PE: Advanced Assessment of Learning; American Sentinel University December 2019
- N765PE: Capstone Project II; American Sentinel University October 2019
- UHS Modified Early Warning Signs Scoring: Reducing Failure to Rescue May 2019
- ANA: Assessing Psychiatric Conditions in Adult Inpatients March 2019
- NursTim: The Deadly Truth about Compassion Fatigue: Quick Tips to Prevent and Protect March 2019
- NursTim: Opioid Addictions: Facts, Fiction, and Nurse Bias March 2019
- ANA: Preventing Falls in Hospitalized Patients March 2019

- ANA: Suicide Among Nurses: What We Don't Know Might Hurt Us March 2019
- ANA: Managing Pain in Frail Elders March 2019
- ANA: Recognizing Heart Failure Symptoms Can Improve Patient Self-Management March 2019
- ANA: Reducing Readmissions in COPD Patients After Hospitalization for Exacerbations March 2019
- ANA: The Case for Capnography in Patients Receiving Opioids March 2019
- ANA: Transitional Care Can Reduce Hospital Readmissions March 2019
- NursTim: Preventing Incivility: Proactive Solutions for the Classroom and Beyond March 2019
- ANA: Making Data Work for Nursing: Using Nursing Research and Evidence-based Practice to Affect Nursing Outcomes March 2019
- ANA: Diabetes and Cardiovascular Disease: A Deadly Duo March 2019
- ANA: Caring for Patients with Metabolic Syndrome March 2019
- ANA: Caring for Patients with Respiratory Failure March 2019
- ANA: Providing Optimal Care for Patients with Central Catheters March 2019
- NursTim: Gearing up for Gerontology – Strategies for Enhancing Care of Older Adults February 2019
- NursTim: Opioid Addictions: Action Steps for Nurses February 2019
- NursTim: Nurses Leading the Way to Fit & Healthy Lifestyles February 2019
- NursTim: Male Mental Health Nursing: Crucial Conversations February 2019
- NursTim: Male Health: Nursing Care for the Y Chromosome February 2019
- NursTim: Bullying at the Bedside: How to Prevent Incivility February 2019
- NursTim: Eliminating healthcare Disparities: What Every Nurse Should Know February 2019
- N758PE: Advanced Statistics; American Sentinel University February 2019
- N2203 Pain Management Essentials January 2019
- N1916 Texas Nursing Jurisprudence and Ethics, 2nd Edition January 2019
- N1825 Geriatric Care: An Overview for Texas Nurses January 2019

- NursTim: Writing for Publication and Professional Growth January 2019
- Western Schools: N1825 Geriatric Care: An Overview for Texas Nurses January 2019
- Western Schools: N1996 Leadership and Management Essentials for Nurses January 2019
- NursTim: Item Analysis Made Easy December 2018
- N755PE: Health Statistics; American Sentinel University December 2018
- N710PE: Learner-Centered Curriculum Design and Learning Outcomes; American Sentinel University October 2018
- N702PE: Organizational Complexities of Higher Education June 2018
- NursTim: Faculty Shortage: Action Plans for Today! May 2018
- NursTim: Accreditation Success: Meeting the CCNE Standards May 2018
- NursTim: Cultural Diversity Part 1: Enhancing Success to Provide a Diverse Workforce April 2018
- N740PE: Capstone Project I; American Sentinel University April 2018
- NursTim: Building Curriculum with a QSEN Framework April 2018
- “Faculty perceptions of teaching caring in nursing curriculum: Affective learning domain” Found in ASU Nursing Presentation Hall March 2018
- “Leininger’s Transcultural Theory of Nursing” found in ASU Nursing Presentation Hall March 2018
- NursTim: Concept-Based Curriculum from the Ground Up, Part 1 February 2018
- NursTim: Concept-Based Curriculum from the Ground Up, Part 2 February 2018
- N725PE: Health Sciences Research: American Sentinel University February 2018
- “Cultural Characteristics of a Nursing COE® Program” found in American Sentinel University Nursing Presentation Hall January 2018
- “Pender’s Health Promotion Model” found in American Sentinel University Nursing Presentation Hall January 2018

- “Lived Experience of Nurse Health Policy Advocates” found in American Sentinel University Nursing Presentation Hall January 2018
- NursTim: Incivility in Nursing Education: What Part of the Problem is Ours? December 2017
- NursTim: Succeeding in DNP School: 5 Strategies for DNP Students December 2017
- NursTim: Nursing Research Teaching Research Has Never Been So Fun! December 2017
- NursTim: Concept-Based Learning: Connecting Concepts in Simulation, Labs, & Clinical December 2017
- NursTim: Beyond Incivility: Fostering a Healthy Learning Environment December 2017
- NursTim: Creating & Engaging meaningful Online Discussion December 2017
- NursTim: Diversity & English Language Learners: Helping Students Succeed December 2017
- NursTim: Evidence to Guide Your Teaching in Nursing December 2017
- N700PE: Leadership: Setting the Example; American Sentinel University June 2017
- Progressive Critical Care Nurse Certification Preparation Course March 2015
- Patient-and Family-centered Care Nursing Conference, Atlanta, Georgia September 2011
- Patient-and Family-Centered Care Nursing Conference, Seattle, Washington June 2008