



## Pond project approved

Club ready to take first steps • Pg. A3



## Cinderella Confidential

To be performed 18-21 February • Pg. B1



## Diversity welcome!

Learning from international peers • Pg. B4

# THE VIKING

Tuesday, February 10, 2015

Grayson College

Volume V, Issue V

## Get Involved

**Sweet Treats Stop**  
Complimentary sweet pastries, snacks and more, provided by Great Western Dining Service. Hosted by Student Life.  
*First and Third Wednesdays 9 - 10 a.m.*  
*Life Center, 2nd Floor*

**Hump Day "Snack Attack"**  
Complimentary assorted snacks provided by Great Western Dining Service. Hosted by Student Life.  
*Second and Fourth Wednesdays, 1 - 3 p.m.*  
*Life Center, 2nd Floor*

**Three-on-three Basketball, Four-on-four Flag Football and Five-on-five Soccer**  
Team registration:  
20 January - 13 February  
*Student Life Office*

**Karaoke**  
4 February  
11:30 a.m. - 1 p.m.  
*Life Center Community Room*  
Ninety minutes of musical entertainment by GC students and employees.

**Ping Pong, 8-ball, Foosball and Videogame Tournament**  
Registration:  
17 February - 6 March  
*Student Life Office*

**Gym & Fitness Center**  
Students and employees are encouraged to use the Gymnasium and Fitness Center. The facilities are open daily to meet your exercise and recreational needs. Hours of operation are listed on the college website and by the Fitness Center door. The Fitness Center has been equipped with 10 new pieces of cardio equipment.

**"It's My Life" Student Leadership Series**  
Monday, 23 February  
12:15 - 12:45 p.m.  
Community leaders are invited to discuss and share their philosophy on leadership in today's competitive work environment. LA 101  
Speaker: Kevin Couch, CEO at CBC Creative

**South Campus Bible Study**  
February - May  
11:45 a.m. - 12:45 p.m.  
Dates TBA, STC 203  
Contact 903-415-2641 for more information.

**Black History Awareness Week**  
16 - 20 February  
Co-hosted by SGA and the History Club  
Campus Events:  
Speaker: Charles Leslie  
16 Feb. 12:15-12:45, LA 101  
Film Screening: Mandela  
19 February, 6 p.m.  
Irma Blackburn, HS  
Community Events:  
Play: Driving Miss Daisy  
30 January - 15 February  
Th. - Sat. 7:30 p.m., Sun. 2 p.m.  
Finley Theatre, Sherman

**Live Readings: The Hunger Games**  
24 February, All Day  
SKD and Writers Unlimited host public readings of major novels and important works featuring student readers. *Life Center Bridge*

**Student Government Association**  
First Mondays (monthly)  
12:15 - 12:45 p.m.  
Viking Room, Life Center

**Grayson Nursing Student Association**  
Second Wednesdays  
7:45 - 8:45 a.m.  
Viking Room, Life Center

## Campus labs help students succeed

 <h3>I-Lab</h3> <p>Hours of Operation: Monday - Thursday 8 a.m. - 7 p.m. Friday 8 a.m. - 12 p.m.</p>	 <h3>Math Hub</h3> <p>Hours of Operation: Monday - Thursday 8 a.m. - 8 p.m. Friday 8 a.m. - 2 p.m.</p>	 <h3>Writing Center</h3> <p>Hours of Operation: Monday - Thursday 8 a.m. - 8 p.m.* Friday 9 a.m. - 2 p.m. <small>* Relocated W &amp; Th to CIS 107 from 6-8 p.m.</small></p>
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Rebecca Jones  
Editor

Feeling stuck? Have unanswered questions about your assignments that cannot wait until class time? Do you just need a quiet place to study? GC's instructional labs can help you help yourself.

Of the many services for student success that the campus offers, the I-Lab, Math Hub and Writing Center are among the most invaluable. Here students can receive the individual attention they need from highly-qualified tutors and consultants to

promote self-motivation and understanding.

**I-Lab**  
Located in the Success Center (SC-107 on the Main Campus and SB-121 on the South Campus), the I-Lab is an integrated, individualized instructional lab serving mostly developmental students and faculty. According to I-Lab Director Stella Thompson, this lab's small but experienced staff offer mentoring and assistance with word processing software, grammar/editing and formatting according to the MLA Style Manual, among many other services.

Staff member and resident MLA formatting expert John Moody explained that while students may seek as much help as necessary in completing their assignments, that his main objective as a tutor is "teaching them how to edit their own papers."

The lab provides an "instructor-based support system for anything related to reading and writing," said Thompson. This includes free printing for INRW or English coursework. Students are advised to review the I-Lab's class schedule (several INRW classes take place in the lab throughout

the day) and, if possible, visit in the afternoon. When classes are in session, the facility's 17 computers can fill up quickly; Thompson suggests that students bring their own computers when possible.

**Math Hub**  
The Math Hub, located in the Success Center (SC-114 on the Main Campus and SB-121 on the South Campus), is a comprehensive instructional lab serving all students in math or math-intensive courses (i.e. welding, nursing, chemistry).

*Continued on page A4*

## GC welcomes Ginger Hughes, new Writing Center coordinator

Regina Watkins  
Writing Center Consultant

Ginger Hughes is the new Writing Center Coordinator. She is a native of Tennessee but has lived in Texas for twenty years. She received her Associate's degree in General Studies from Grayson College. Upon graduating, she proceeded to Texas Woman's University where she received both her Bachelor's and Master's degrees

Hughes brings with her the knowledge of the workings of a writing center, as

she worked at TWU's Write Site in addition to teaching English composition for the past two years. She currently divides her time between Grayson at the Writing Center as well as continuing to teach composition in Denton. She accepted the position as Coordinator of the Writing Center because she received her foundation and educational pursuits at GC.

Her responsibilities in the Writing Center are to continue keeping the center running smoothly and offer needed writing help.

She strives to make sure the Writing Center meets the needs of the students and faculty.

Her goals and plans are to get acquainted and connect with as many staff and students as possible. When asked what she liked best about Grayson, she did not hesitate and replied, "The people - the students, faculty and the staff!"

Hughes wants everyone to know they are welcome to come to the Writing Center and that we are here to assist. ♥



Rebecca Jones

Subtle changes have already been made to Writing Center operations at Hughes' discretion. These adjustments are meant to increase student confidence and help them become better self-editors.

## To exist or co-exist: can the local art community bridge the gap?

Wesley Brown  
Student

When strolling down Main Street in Denison, Texas, it's not uncommon to see an art gallery with its doors wide open, luring one to take a closer look inside. However, only thirteen miles south

to the downtown Sherman area, you won't find an art gallery or, at least, one that's open to the public.

What you will see, however, is law office after law office. Resident Johnny Waitt resides in the Travis Street Lofts across from Chase Bank in one of Sherman's

downtown blocks. "I live in downtown Sherman now... but if I didn't have a house that needed furnishing or a current lawsuit against me, there wouldn't be any purpose of actually going into any business," says Waitt.

*Continued on page B1*



Painting with a Twist in downtown Sherman. Painting with a Twist provides an all-ages BYOB painting class available to the public.

# CELEBRATE BLACK HISTORY WITH SGA & THE HISTORY CLUB



**Lunch Discussion**  
with  
**Charles Leslie**  
February 16  
12:15-12:45 LA 101

**BLACK HISTORY MONTH PROGRAM AND LUNCH**  
Thursday Feb. 26  
Noon-2 p.m.  
CWL Auditorium

Film Screening  
**MANDELA (2013)**  
THURSDAY FEBRUARY 19  
6P.M. IRMA BLACKBURN



# Do you feel safe on campus?

Andrea Raber  
*Student*

In 2013, there were more than two-dozen reported shootings on or near college campuses in the United States. According to the Huffington Post, "if it's a school week in America, odds are there will be a school shooting." Eighteen people were reported to have died and several others were injured.

Some of the shootings did not happen on campus, but they happened close enough for school officials to feel the incident posed a threat on the campus. So the question stands: do you feel safe on your college campus?

Every school in the county, whether it is a high school or college, has an emergency plan in place. Grayson College has an "Emergency Response Guide" (September 26, 2013). The guide covers how the college would respond to most types of emergency situations. Staff members, administrators and instructors should be aware of this guide. Most, if not all, schools should have an emergency plan that is available for staff, parents, students and visitors to view.

According to the Grayson College "Emergency Response Guide" (located at Grayson.edu under the college info tab, in the College Police/Safety section), in the event of an armed/dangerous person(s) on campus, the college adopted the "Run, Hide, Fight" strategy.

These steps are for anyone on campus who may be faced with an armed person. In this section of the guide there are directions on what

to do and whom to notify if you were faced with an armed person. So, all of this information is available for everyone to read. But, how many students and faculty members would know what to do in the event that this happened?



Several college students from Grayson College, Collin College and Brookhaven College knew some of the procedures listed in the "Emergency Response Guide" from when they were a child and had been taught what to do during school drills. But in the instance of an armed person, the only response was "to leave the campus." What if that was not an option? None of the students had an answer.

Very few know that there is an "Emergency Response Guide" available for them to look at and learn the procedures on what to do in many different emergency instances.

Major safety incidents are not limited to violent incidents at schools/campuses. There is also the threat of natural disasters. In Texas, we have the threat of tornados. Most campuses (or the city where the campus is) should have an outdoor warning siren.

According to the Grayson College "Emergency Re-

sponse Guide," "in the event that a tornado is sighted and moving in the general direction of the college, persons will be notified of a tornado alert by Grayson College Emergency Notification System to include the sounding of the Outdoor Warning Siren. Once the alert is given, all persons should take cover in a designated shelter or the lower level interior hallway of the building away from areas containing large amounts of glass. Disabled persons should be assisted to shelter area."

After taking the time to really think about how safe you feel on a campus, do you feel that you would be able to stay calm and do what is necessary?

"The truth of the matter is, no matter how many times you read a manual or how much training an officer has, you do not have all of the details of an incident

until they happen. Colleges, schools, and police departments prepare for the worst and hope for the best, but you can only do what you can do when emergency strikes," said Officer Chris Peacock of the Prosper Police Department.

Everyone involved does everything that they are trained to do, and the civilians involved try to follow all of the steps that they have read over and studied, but that only applies to the people who have actually read the information that is available to them.

So we ask again, do you feel safe when you are on your campus? The answer should be "yes." The police, administrators, staff and students should be able to do their part that is described in the "Emergency Response Guide" to help ensure everyone is safe. ♥

**Paramedic Student Association**  
*Meeting times TBA*  
Viking Room, Life Center

**Student Ambassadors**  
*Third Mondays, 12 - 1 p.m.*  
Viking Room, Life Center  
For information on becoming a Student Ambassador, contact Rhonda Marroquin (marroquinr@grayson.edu)

**Men of Distinction**  
*Every Thursday, 12 - 1 p.m.*  
Viking Room, Life Center

**Honors College Club**  
*Every Thursday*  
12:15 - 1 p.m.  
Viking Room, Life Center

**DAAC (Drug & Alcohol Counseling)**  
*First Mondays, 8:30 a.m.*  
Health Science 202

**Cosmetology Club**  
*First Mondays*  
3:30 - 4:30 p.m.  
Career Tech Center

**Clay Club**  
*Every Tuesday & Thursday*  
5:30 - 6 p.m.  
Ceramic Room, Arts & Communications

**Phi Theta Kappa**  
*Every Wednesday*  
12:30 - 1 p.m.  
Viking Room, Life Center

**Psychology Club**  
*Every Tuesday*  
12:15 - 12:50 p.m. CIS 202

**Delta Phi Delta (Art)**  
*First Tuesdays*  
12:15 - 12:45 p.m.  
Arts & Communications 105

**LAE (Criminal Justice)**  
*Every Tuesday*  
12:30 - 1:30 p.m.  
Location TBA

**Sigma Kappa Delta (English Honor Society) & Writers Unlimited**  
*Second Fridays, 12 - 1 p.m.*  
Library 110 (Writing Center)

**Veteran Student Association**  
*First Mondays*  
Time TBA  
Veteran's Hub

**Welding Technologies Association**  
*First and third Mondays*  
12 - 1 p.m.  
Break Room, Career Tech Center

**Cultural Diversity Club**  
*First and third Fridays*  
12 - 1 p.m.  
Conference Room, Life Center

**Radiology Tech Club**  
*The 15th of each month*  
5:30 - 7:30 p.m.  
HS 200

**Music Club**  
*Every other Friday*  
12 - 1 p.m.  
Band Hall, Arts & Communications

**Science Club**  
*First Fridays, 12:30 p.m.*  
Next meeting: 13 February  
S 107

**Gay Straight Alliance**  
*Every Wednesday*  
2:30 - 3:30 p.m. LA 110

**HALO (Hispanic-American Leadership Organization)**  
*Every other Thursday*  
12:20 p.m.  
Dean's Conference Room, LA Building

**Future Educators**  
*Every other Tuesday*  
12:20 - 12:50 p.m. CIS 200

**TIPPS (Culinary Arts)**  
*First Wednesdays, 3 - 4 p.m.*  
691 Restaurant, CA Building

**Eta Sigma Delta (Culinary Honors Society)**  
*First Wednesdays, 2:30 - 3 p.m.*  
CA Building

**History Club**  
*Second and fourth Mondays*  
1 - 1:30 p.m.  
LA 207

## Change in cafeteria policy affect students, college employees

Rebecca Jones  
*Editor*

This semester the college's food services provider, Great Western Dining Services, switched from the use of all-Styrofoam disposable containers to locally recyclable materials (paper and plastics). The change was made at the request of students, who took issue with the excessive consumption of Styrofoam products on this campus.

Though Styrofoam is in fact technically recyclable, no facilities for processing the material exist in North Texas. Texas Area Solid Waste Authority representa-

tive Dale Sissney stated that the demand for such a facility simply does not exist, even in Dallas (a city of over 1 million). Thus, the use and disposal of thousands of Styrofoam products per day, generated by GC's staff and student body, resulted in unnecessary (and extremely toxic) additions to local landfills.

While, according to Director of Food Services Diane Radcliff, the transition has been "very smooth," some complaints have been lodged regarding the new materials and subsequent changes in cafeteria policy. Radcliff stated in an interview that what would have

**CULINARY ARTS CONCESSION STAND**

Open for all baseball and softball games.

**Signature Hot Dogs: \$5.75**

**Texas Dog**  
BBQ beef, sweet BBQ sauce, fried onions, sweet pickle relish

**Viking Dog**  
Pretzel bun, sauerkraut, hot mustard, caramelized onion

**Snacks:**

Combo - \$7 (Sig. Dog, Chips, Drink)  
Plain Hot Dog - \$2.50  
Frito Chili Pie - \$3.00  
Nachos - \$3.00  
Pickles - \$1.50  
Sunflower seeds - \$1.00  
Peanuts - \$2.00  
Popcorn - \$2.00  
Freshly baked cookies - \$1.00

**River Dog**  
Tortilla strips, cheddar & nacho cheese, salsa, sour cream, jalapeños

**Philly Dog**  
Hoagie bun, cheese sauce, peppers and onions

**Drinks**

Soda \$1.50  
Gatorade \$1.50  
Coffee \$1.00  
Iced Tea \$1.50  
Hot Chocolate \$1.25  
Water \$1.00

\* Most games fall on weekdays, the Concession Stand will be open to the public, staff, faculty and students. \*All proceeds support Grayson College baseball, softball teams and the culinary arts club.



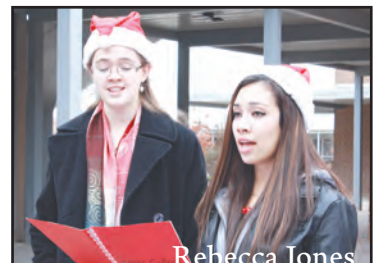
Rebecca Jones

## Christmas memories...



Counseling/Advising

The holidays are over, but (sometimes embarrassing) Christmas photos are forever! In December, the campus came together to decorate the tree and carol (at left and below) while offices like Counseling and Advising (above) engaged in friendly decorating competition.



Rebecca Jones



Rebecca Jones

# EC approval gives go-ahead for pond project planning

Rebecca Jones  
Editor

The Welding Technologies Association's (WTA) pond clean-up service learning project has been approved by the college's Executive Council and planning is now underway. Topics for discussion at last Tuesday's meeting included the preparation of a formal plan of action and possible community welding and design activities to attract local high school students to the program.

The pond, now affectionately referred to as Grayson Lake by WTA members on their Facebook page, has long been an eyesore for students attending classes in the Career Training Center (CTC). According to Grant Writer Janis Thompson, "[this] is also true for hundreds of local citizens who enjoy gourmet dining at the new Hospitality Management and Culinary Arts" facility just up the hill. The CTC houses cosmetology classes and their clientele, along with welding, HVAC and industrial maintenance programs at GC.

The idea took shape last semester as a mostly aesthetic undertaking but has since grown to encompass the interests of the general staff and student population. Plans included in the project's proposal include a nature trail, recreational implements (i.e. benches, tables, fishing dock) and even

playground and exercise equipment. These measures will transform the pond into a viable area for study, physical activity and relaxation.

As of this publication, the WTA's current goals include scheduling a consistent time for volunteers to meet and work (tentatively one to two hours each Friday), dragging the pond to remove some damaging debris and removing unsightly underbrush from the proximity for greater accessibility.

Because the GC welding program will not be hosting the popular, area-wide Welding Rodeo that it has in years past, the WTA is currently looking at other ways to get the youth in our community involved. A welding competition could immerse local high school students in the planning and design of equipment to be used in the pond project. Manufacturer Lincoln Electric has agreed to sponsor prizes for a contest using the new virtual welding machines purchased by the college in recent years.

WTA Adviser Greg Beckley and his group have continued to place ecological considerations at the forefront of their planning for this project. "This service project will have a long lasting impact for all individuals on this campus," Beckley said, but the process will not negatively impact the ecosystem that has already been established in the pond. ♥



Rebecca Jones

CAD classes at GC are currently working to create blueprints and computer simulations that will project the new look of the pond in the northeast corner of the Main Campus.

Interested in writing, editing or photography? Contact Rebecca Jones ([jonesre@grayson.edu](mailto:jonesre@grayson.edu)) for more information

# JOIN THE VIKING

## GC Foundation kicks off 2015 campaign



Rebecca Jones



Rebecca Jones



Rebecca Jones



Rebecca Jones

The GC Foundation ushered in the 2015 "Supporting the Dream" campaign with a piano recital in Cruce Stark auditorium on 29 January. Students Kristin Alexander, Liz Crawford and Jake Davis treated donors to the beautiful sounds of the college's brand new Petrof pianos while PTK members Elizabeth Taylor and Brandon Robinson served wine and other beverages. According to Jerrie Whiteley of the Herald Democrat, "in addition to the goal of \$350,000 for the scholarships, the group would also like to raise an additional \$100,000 to start an endowment for veterans."

GRAYSON COLLEGE  
**CULINARY ARTS**

Annual **Valentine's** dinner

Friday  
**FEBRUARY 13<sup>TH</sup>**

**Two Seatings: 5:30 PM or 8:00 PM**

\* **Reservations are required**

**Contact: 903-463-8654 or [Bryantj@grayson.edu](mailto:Bryantj@grayson.edu)**

**Tickets are \$50 per person.**

**Menu:**

- Little gem "wedge" salad with candied pecans, cherry tomatoes and house-made ranch dressing
- Maryland-style crab cakes with spicy remoulade
- Choice of braised osso buco with red wine reduction and creamy mushroom risotto topped with asparagus or pan-fried orange roughy with rice pilaf and broccolini
- Chocolate cake for two

### FITNESS CENTER

HOURS OF OPERATION

Monday - Friday  
6:00 AM - 8:00 PM

Saturday - Sunday  
Closed

### LIFE CENTER

HOURS OF OPERATION

Monday - Thursday  
8:00 AM - 8:00 PM

Friday  
8:00 AM - 4:00 PM

Saturday - Sunday  
Closed

**Editorial Information:** The Viking is published by Writers Unlimited and Sigma Kappa Delta as an ongoing service project to the college. Participation in the production of The Viking is open to all students, faculty and staff at Grayson College. The newspaper is provided as a forum for public opinion, and views expressed in The Viking do not necessarily reflect the policy of Sigma Kappa Delta, the Board of Trustees, the administration or the faculty and staff at Grayson College. Material for publication may be submitted to The Viking office (Lib 110) or through email to Marlea Trevino ([TrevinoM@grayson.edu](mailto:TrevinoM@grayson.edu)) or Rebecca Jones ([jonesre@grayson.edu](mailto:jonesre@grayson.edu)). Volunteers for production and writing may also visit The Viking office.

# What should I consider when taking out student loans?

Michelle Flores  
*Financial Aid Adviser*

Before you take out a loan, it's important to understand that a loan is a legal obligation that you will be responsible for repaying with interest. You may not have to begin repaying your federal student loans right away, but you don't have to wait to understand your responsibilities as a borrower.

## Be a responsible borrower

Keep track of how much you're borrowing. Think about how the amount of your loans will affect your future finances and how much you can afford to repay. Your student loan payments should be only a small percentage of your salary after you graduate, so it's important not to borrow more than you need for your school-related expenses.

Research starting salaries in your field. Ask your school for starting salaries of recent graduates in your field of study to get an idea of how much you are likely to earn after you graduate.

You can use the U.S. Department of Labor's "Occupational Outlook Handbook" to estimate salaries for

different careers or research employment opportunities advertised in the area where you plan to live to get an idea of a local starting salary. You also can use the Department of Labor's career search tool to research careers and view the average annual salary for each career.

Understand the terms of your loan and keep copies of your loan documents. When you sign your master promissory note, you are agreeing to repay the loan according to the terms of the note even if you don't complete your education, can't get a job after you complete the program or you didn't like the education you received.

Make payments on time. You are required to make payments on time even if you don't receive a bill, repayment notice or a reminder. You must pay the full amount required by your repayment plan, as partial payments do not fulfill your obligation to repay your student loan on time.

Keep in touch with your loan servicer. Notify your loan servicer when you graduate; withdraw from school; drop below half-time status; transfer to an-



other school; or change your name, address, or Social Security number. You also should contact your servicer if you're having trouble making your scheduled loan payments. Your servicer has several options available to help you keep your loan in good standing.

All of these are good ex-

amples of what you should consider before applying for a student loan. At GC we want to ensure that you understand your responsibilities; therefore, you are required to complete face-to-face entrance counseling before we accept your Direct Loan application.

If you have any questions

regarding financial aid, please contact us anytime during our business hours (Monday & Tuesday 8-6, Wednesday - Friday 8-4).

Office of Financial Aid  
(903)463-8794  
financialaid@grayson.edu

## Peer Tutoring is located in the Testing Center (SC 115)

Tutors are trained and CRLA certified

Tutoring is scheduled by appointment. Sessions are one hour per week.

Tutoring Center hours:  
M-Tr: 8 AM - 8 PM  
F: 8 AM - 4 PM

To request a tutor come by or contact Jeffri Johnson Hodge at [hodgej@grayson.edu](mailto:hodgej@grayson.edu).



## Instructional labs

Continued from page A1

The Math Hub offers more than just walk-in tutoring; students can enroll in one-on-one tutoring; rent textbooks, calculators and solution manuals; watch videos; view study guides and complete course-specific lab requirements all in one place.

The lab employs 15 qualified part-time tutors and instructors, as well as a number of student tutors on a scheduled basis. According

to the Library (room 110) on the Main Campus or the Success Center (SB-121) on the South Campus, the Writing Center serves students with writing assignments from all disciplines, offering personalized feedback at any step in their writing process. Students need not schedule appointments with any of the lab's well-trained consultants but may come and go as they please, taking advantage of the provided textbooks, handouts and computers.

Other services rendered by the Writing Center staff include one-on-one refresher courses called

Flash Classes, administered at the student's request. Flash Classes take 20 minutes or less and offer a wealth of information on frequently-addressed writing topics such as style manuals and source citation (MLA, APA, Chicago and CSE), business and professional writing and even academic essay basics. The lab's online service allows students pressed for time to send in their essays electronically for review, provided that they include the details of their assignment and allow 24-48 hours for response. Submissions should be sent to [writing-center@grayson.edu](mailto:writing-center@grayson.edu).

Writing Center Coordinator Ginger Hughes said that her staff takes pleasure in helping students by "[asking] open-ended questions and [offering] constructive feedback," whether they are reviewing a biology lab report or an extensive research assignment. ♥



Rebecca Jones

to Adjunct Mathematics Professor and Math Hub staff member Kevin Davis, the lab provides a suitably-quiet space for students to work on homework or lab work and have questions answered upon request. "Our goal is to lead students to learning, not to do the work for them," Davis said.

Math Hub Coordinator Logan Maxwell explained that the lab is also "equipped with computers for students to use for their math classes, whether it be checking Blackboard for an assignment, working on online homework, completing an Excel project for Statistics, or watching a math video." Hours are listed above, but students seeking one-on-one tutoring should visit the Math Hub to sign up for a weekly, one-hour timeslot. Maxwell mentioned that 140-150 such requests come in each semester.

Conveniently located in

## Free personal counseling available for GC students

Barbara Malone  
*Director of Counseling*

Many of you have visited the Office of Counseling and Academic Advising in the administration building. The staff of the GC Counseling Center includes licensed professional counselors and student practicum counselors. All of our staff are generalists and see students presenting a variety of issues. Starting this year, the counseling department has partnered with local counseling internship students, making personal counseling more available to students.

Under the supervision of Barbara Malone, licensed professional counselor supervisor with 21 years of counseling experience, a student counselor intern has begun collaborating with the center, seeing clients on a regular basis. "We're pleased to extend our counseling services to students," Malone said, "It takes courage to address problem areas and examine painful feelings. Entering counseling is taking the first step in resolving difficulties."

Student Counselor Intern Ariel Cross is currently pursuing her Master's in Clinical Mental Health Counseling from SOSU. She plans on pursuing licensure and becoming a licensed professional counselor.

This is an ideal exchange for student counselor interns who are able to apply the counseling techniques and theories they learn in their Master's programs in a practical setting. GC students can benefit from the student counselor interns' enthusiasm for the field of counseling and passion for therapeutic listening.

Counseling is a chance to talk confidentially with someone who can help students learn coping skills and new ways of looking at situations. Some students benefit from one or two sessions of problem-solving, while some concerns may warrant multiple counseling sessions.

Almost anyone can benefit from counseling. College students in particular, may face these common concerns:

- Low self-esteem
- Confusing and distressing feelings
- Depression
- Anxiety
- Stress
- Substance abuse
- Problems with eating and body image
- Relationship problems
- Academic performance
- Adapting to college life

All counseling sessions are confidential; the counselor will not disclose personal information shared during the sessions with professors

or parents. Only the student can give consent for us to release any information about them. Any information that is provided, as well as counseling records, are strictly confidential, except in life-threatening situations or in cases of suspected child or elder abuse.

Our counselors:

- Are accepting of cultural differences, including race, ability, gender, religious affiliation and sexual orientation.
- Will maintain the highest ethical and legal standards of confidentiality.
- Will be open to discussing any of your concerns.
- Are interested in listening to you

Currently registered students can come to the GC Counseling Center to schedule an appointment. At the first appointment, the counselor and student will decide together what type of counseling will be most beneficial. Students requiring immediate help can be seen on an emergency basis on the same day. Sometimes all you need is a safe, caring place to talk.

To schedule an appointment, call (903) 463 8695 (ext. 2593).

Internship candidate Ariel Cross' office hours are:

Monday: 8-1, Wednesday: 8-4, Thursday: 8-4, and Friday: 8-4 ♥

## It's My Life Student Leadership Series



February Leadership Series  
Monday, 2/23/15 @ Noon in LA 107  
Presenter: Kevin Couch, CEO at CBC Creative

Meet Kevin Couch. He's the boss man, rule-maker and breaker, CEO and passionate beard grower at CBC Creative. CBC is a boutique agency in Sherman who prides themselves on designing beautiful brands and amazingly intuitive websites. Their creative arsenal has experience working with everyone from Fortune 500 Companies to small 'Mom & Pop' shops, and everything in between. Join us on Monday, February 23rd to learn more about Kevin's passionate beard growing, his leadership story and entrepreneurial fairy tale.



# Up-Cycled Thrift Store Paintings exhibit open



“Artists used thrift store paintings and prints to add oddities, monsters, creatures, aliens, etc. to give the artwork a little extra something.”

Featuring 38 works by 24 artists: Donna Finch Adams, Kevin Berry, Steve O. Black, Kimber Bosse, Arlene Cason, Vicki Charlotta, Kaylea Daubenspeck, Austin Duval, Matthew Freeman, Lynne Karam, George Mason, Christian Marie McGowan, Tina Meschko, Wesley Milner, Jack Ousey, Wileana Patterson, John Pine, Jax Powers, Mary Ann Russell, Joey Spindle, David Tercero, David Tilles and Marie D. Van Arsdale

Close-up of Tina Meschko's addition to a quite village scene, a work she calls "There's a New Boy in Town." The artists' reception will be held Saturday, 21 February from 5:30 to 7 p.m. The exhibit is located in Second Floor Gallery on the first floor of the Arts and Communications Center.

## Cinderella Confidential coming to Cruce Stark

Gabriel Parker III  
Student

On 18-21 February, find out who has the missing glass slipper and will end up marrying the charming Prince! The Grayson Theatre Department presents "Cinderella Confidential"! Follow investigative reporters Deb Jabber from "Action News Day Now" and Sonny Glamour from "Glitter Kingdom Today" to find out who holds the missing glass slipper. The reporters compete for the scoop of the century by interviewing people from around the kingdom. Meet fellow magical characters: Fairy Godmother, Jack, Pinocchio, the Stepsisters and more!

In this production of "Cinderella Confidential" there will be ten actors. Katie Gaskill will be portraying Deb Jabber, while Holden Webster will be her competitor as Sonny Glamour. Dakkota Foster will portray the Prince, Shoemaker and Mr. Mouse. Aaron May will portray the Fairy Godmother. Jack will be portrayed by Forrest Harris and Mrs. Mouse will be portrayed by Hunter Malone. Hunter McDaniel will portray Pinocchio and Elf. Cinderella is portrayed by Lydia Foster, and the two lovely stepsisters will be Alex Watkins and Ryan Ramirez. This will

be a great opportunity for actors as they will be able to perform for hundreds of kids from Grayson and Fannin County.

The crew for this show will have a lot of work to do and is already starting on their projects. Bryce Dan-

ty. Wardrobe will be done by Aaron May. Tommy Stowers will serve as scenic designer and AJ Johnston will serve as costume designer.

This show is a great show for all kids and adults who are looking for a great night of entertainment. Come



Theatre Dept.

sby will be calling the show as the stage manager, while Jorge Amador will be by his side as assistant stage manager. Chris Hendrik will be the sound designer, sound board operator, and work on mics. Props will be by Forrest Harris. The master electrician and lighting designer responsibilities will be done by both Robert Gildner and Dustin Meadows. The assistant master electricians will be Jorge Amador and Hunter McDaniel. Light board operator is Krystina Burns, and Gabriel Parker will be house manager and publici-

ty. out to see it at one of these times: 18-20 February at 10 a.m., and 21 Feb. at 7 p.m. Tickets are 2 dollars or free with a Grayson Student I.D. For more information contact the Grayson Theatre department at 903-463-8609 or theatre@grayson.edu. Come see this mystery and uncover who holds the missing glass slipper! Who will it be? Will it be the elf or the cow? Who will be the reporter to uncover it all? Will the stepsisters ever get prettier??? Find out at "Cinderella Confidential"! ♥



Theatre Dept.

GC grad Craig Foster and his wife Lucia Daisog

## Theatre students benefit from GC grads

Robin Robinson  
Theatre Director

on 21 and 23 January.

The Theatre Department had the pleasure of experiencing workshops on movement and auditions from two GC theatre alums. Craig Foster and Ryan Dusek returned to campus to share what they have learned since leaving Grayson during the first two weeks of the Spring 2015 semester.

Craig Foster, a Denison native, graduated from GC with his Associate's degree in Theatre and finished his BFA at Sam Houston State University. He has been entertaining audiences on various cruise lines for the past few years as a singer/dancer and met his wife, Lucia Daisog, also a dancer, on the first cruise contract they worked. Craig and Lucia both performed for the Theatre department individually and also led two different movement workshops to teach dance technique as well as a dance combination

Ryan Dusek, also a GC grad, led the acting class in two different workshops about "Alexander Technique" on 26 and 28 January. Dusek, who is from Pottsboro, completed his BFA at Ole Miss and then completed his MFA in Acting in New York at "The New School." Ryan has performed in various professional shows since being a student at Grayson, and he enjoyed sharing his knowledge with the current theatre majors.

"Whenever we hear of one of our former students is home visiting, we always try to see if he/she can speak to our current students," said Robin Robinson. "These two students happen to be performers, but we have also had our students who are touring with Disney on Ice speak to our tech students as well. It is so gratifying as a teacher to see students return as adults and watch them share with current students." ♥

## Sherman and Denison art: a world of difference

Continued from page A1

Waitt sees the lack of communal interest in the downtown Sherman area and believes that Sherman and Denison could both benefit from combining efforts to develop a more active art community.

With one business located on Travis Street in downtown Sherman, Painting With A Twist, the Sherman community has become slightly more interested in growing artistically. However, it just doesn't come close to the festivals and gallery openings hosted by the Denison Arts Council. Annually, residents can participate in over twenty events held in Denison that focus on the arts, as opposed to only a handful that are held in Sherman.

Although there aren't as many art festivals and art

galleries available to the public each year in Sherman as there are in Denison, it does not mean that there aren't as many artists in the Sherman area. "What Sherman lacks in traditional art galleries they make up for in tattoo parlors . . . Sherman also has the Finley Theatre which provides an outlet for artists on stage," says Waitt.

One local Sherman artist, Jayce Cogburn, has been painting since 2006 and has been selling his artwork over the Internet and in other non-traditional ways, such as displaying his work for sale in tattoo shops in the area. "Sherman has been a good place for me to sell work in, but I have had the best results in Oklahoma City," says Cogburn, who recently concluded an art show in an Oklahoma City gallery, Brass Bell Studios.

Cogburn believes, "The support from younger generations in Oklahoma City allows more artists to thrive."



Marykaramgallery.com

Mary Karam's gallery on Main Street in Downtown Denison features 2-D and 3-D works in photography, acrylic, wood and metal.

The Denison art community shows their appreciation for their art and artists with pride, while Sherman tends to let their art and artists stand behind a curtain of law firms and tax offices, resulting in the appearance of a less-active art scene

to Sherman and Denison residents. GC art professor and active member of the Denison Arts Council Steve O. Black, ". . . would rather show his artwork in Denison because there's just greater opportunity."

Black feels that the two cities, Sherman and Denison, "do not co-exist as far as art districts go because there is too much separation between the artists, and he has been trying to break that for years and years." Steve O. Black has been hosting SMACC-Sunday Morning Art & Coffee Club—for eight years to bring local and non-local artists together. SMACC invites any artist in any area to join to discuss art, plan upcoming events and includes members from Sherman, Denison, Pottsboro, Tom Bean and even Bonham.

For Sherman and Denison to come together and strengthen the Grayson County art community, the separation of artists must be eradicated. "There are just a lot of lesser-known artists in both areas who feel shut out, and it would be awesome for anyone to be able to show their art and feel comfortable in either area," says Cogburn.

More information can be found at [www.smalltownbigart.com](http://www.smalltownbigart.com). For upcoming art events in the Sherman area visit [www.shermantx.org](http://www.shermantx.org). For more information attend SMACC-Sunday Morning Art & Coffee Club, hosted at Panera Bread in the Sherman Town Center Sunday morning from 9:00 a.m. to 11:00 p.m. Jayce Cogburn's work can be seen at [www.jaycecogburn.com](http://www.jaycecogburn.com). ♥

# Honors College organizes relay event for awareness

Brandy Fair  
Honors College Coordinator

This year, two Grayson College organizations will be teaming up to help the fight against cancer. The American Cancer Society's Relay for Life event will take place Friday, 8 May from 7 p.m. to 1 a.m. at the Scott Middle School Track. The theme is "Finish the Fight—Be a Superhero."

Professor Mary Linder has served as a chair, committee member and a team leader for Phi Theta Kappa for this event for several years. This year, Professor Fair and the Honors College students will join the Phi Theta Kappa relay team (The Pink Flamingos) to raise even more

money and awareness for Relay for Life.

According to the American Cancer Society, "In 2015, there will be an estimated 1,658,370 new cancer cases diagnosed and 589,430 cancer deaths in the US."

So how can you help? You can join the team and participate in the event. Professor Fair will be organizing the dodgeball tournament that happens during the Relay event. You can go online to [www.relayforlife.org](http://www.relayforlife.org) and make a donation to the Pink Flamingos team—there's lots of ways to participate!

Also, from 20 January to 20 February, luminaria are available to purchase for five dollars. Relay For Life participants and donors re-

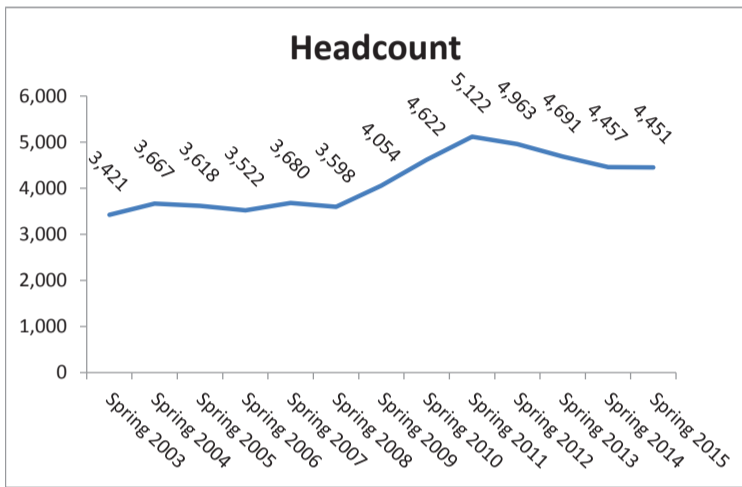
member loved ones lost to cancer and honor those battling the disease by dedicating luminaria bags. The Luminaria Ceremony occurs at every Relay For Life event. As the sun sets, luminaria lining the track light up the night. A hush falls over the crowd that had been overflowing with celebration. Relay For Life participants, survivors, and caregivers then gather to remember loved ones lost to cancer and to honor those whose fight continues. To dedicate a luminaria please contact either Professor Linder ([linderm@grayson.edu](mailto:linderm@grayson.edu)) or Professor Fair ([fairb@grayson.edu](mailto:fairb@grayson.edu)).

Who will you Relay for? ♥



## GRAYSON COLLEGE STUDENT PROFILE: SPRING 2015

\*As of 4:00 p.m. 1/15/2015



Spring Student Enrollment	Headcount	Credit Hours	Contact Hours	New Students
2014 Enrollment	4,457	41,642	899,456	254
2015 Enrollment	4,451	40,558	890,706	292
Percentage Difference	-0.13%	-2.60%	-0.97%	14.96%

Gender	
Female	61.51%
Male	38.33%
Unknown	0.16%

Financial Aid	
Pell Grant	68%
Student Loans	28%
All Financial Aid	87%

Enrollment Status	
Full Time	36.48%
Part Time	63.52%

Ethnicity	
American Indian	2.74%
Asian	0.75%
Black	7.09%
Hawaiian/Pacific Islander	0.09%
Hispanic	13.11%
International	1.24%
Multi Racial	3.89%
Unknown/Not Reported	1.17%
White	69.92%

Classification	
Freshman	64.32%
Sophomore	21.84%
Other	13.84%

Residency Status	
Foreign Student	2.12%
In-District	71.94%
Nonresident	4.78%
Out-of-District	21.13%
Other	0.02%

Dual Credit	880
First Time In College	292
FTIC Fall 2014 Retention	73%
All Fall 2013 Retention	75%

\*All numbers as of 8:00am 1/15/15

Age	
< 18	13.45%
18-21	36.98%
22-24	12.15%
25-29	12.65%
30-34	7.55%
35-49	13.57%
50+	3.66%

Major Type	
Academic Studies	56.72%
Workforce	43.28%

Total Number of Courses: 910

Average Class Size: 14.5

% Courses taught by full-time faculty: 68.2%

# Omicron Psi looks forward to another year of service

Andy McDaniel  
Student

Hello Grayson Students! As we begin the 2015 spring semester, your Phi Theta Kappa chapter has great news to share with you.

As we were all completing our finals last semester, your Grayson chapter, Omicron Psi, finished their Toys for Tots collection. It was a record-breaking year for Omicron Psi thanks to the innovative thinking of our VP of Special Projects, Elizabeth Taylor, who put together a raffle to raise money to buy extra toys and collaborated with area businesses to place

toy collection boxes at their establishments. Most importantly, many children had a very merry Christmas because of these donations. Additionally, Omicron Psi won a Toys for Tots collection contest with Phi chapter of Weatherford College by raising 557 toys to Phi chapter's 250. Winning a healthy competition is fun, but the best reward is knowing that our chapters were able to gather a lot of toys that brought happiness to children.

We also had a very successful kick-off for the food pantry we are starting on campus. We hope to make

the food pantry a permanent addition to the Grayson campus to serve any student who may need it. We will continue to do food drives and accept donations from individuals or organizations that wish to contribute. We collected over 7000 items from the community to get us started, and we are looking to continue this excellent work. All questions about how to donate to the food pantry can be directed to the chapter advisor, Professor Mary Linder.

Omicron Psi is set to have a successful spring semester as well! We are going to be having donation days at

area restaurants to help us raise money for our chapter. We will be on campus handing out flyers, as well as sharing them on Facebook and Twitter and hope that you will have a meal that, in turn, helps us continue our work. The following dates and eateries are set up for Phi Theta Kappa donation days: Dickey's Barbecue in Sherman on 29 January, 26 February, 5 March and 26 March and Firehouse Subs on 10 February. We appreciate your support!

We love all the support from our fellow students and faculty; all of you make it possible for Omicron Psi

to engage in service projects and educational ventures. We have set a date for Spring Induction, 2 May at 4 p.m., and hope that every student will be eager to join Phi Theta Kappa. We are the official International 2-year College Honors Society and we want you to come learn, grow and have a blast with us as we compete for scholarships and make new friends. If you have questions about joining, please see our award-winning advisor, Professor Mary Linder, in her office on the second floor of the Life Center (Office 204) or email her at [linderm@grayson.edu](mailto:linderm@grayson.edu). ♥



Interested in history?

### Grayson College History Club

Meetings every Monday at 12:30PM in LA 207  
Contact: [graysonhistoryclub@gmail.com](mailto:graysonhistoryclub@gmail.com)

Scholarship opportunities available for members

MEET  
WATCH  
DISCUSS

Meeting Times: TBA

Contact: [jonesre@grayson.edu](mailto:jonesre@grayson.edu)  
to join our mailing list

## Sisters of Destiny

We are a women's support group through LIFE: (S.O.D)

- Leadership
- Inspiration
- Faith
- Encouragement

Mission: Sisters of Destiny seek opportunities of growth within themselves and their community. Growth is developed through education, self-enrichment, and service with helping hearts, hands, and minds.

Meeting Times: We will meet every Monday @2pm in the Life Center Conference Room. The Conference Room can be found on the second floor of the Life Center, next to the service desk.

Contact Information:  
Supervisor Melissa Young - [youngm@grayson.edu](mailto:youngm@grayson.edu)  
President Tiffany Moser - [mygirl\\_2006\\_tyl@yahoo.com](mailto:mygirl_2006_tyl@yahoo.com)

We hope to see you soon!

# Life in a digital society has its benefits

Christina Francis  
*Student*

*Continued from December*

“The solution is not to bemoan technology but to develop strategies of self-control, as we do with every other temptation in life.” The Internet and sources available to everyone can help us learn new things with the help of others sharing what they know online. If interested about particular scientists, writers or anyone else for that matter, by going online we can create a slight connection with them by reading about them or reading their work. We can extend our researches to come to conclusions. We can become smarter with the help of books and our updating technology.

### Instant Gratification

In today’s generation, the quicker something is done, the better. The goal when connecting with someone is to be able to see them face-to-face or hear them when they are speaking to form a bond and have it completed quickly. Things like webcams enable us to video chat with one another, whether it is a meeting or just a casual conversation, right at that moment. While one might feel alone or feel the need to have a conversation, the Internet allows us to talk and

connect with people internationally.

### Overcoming Anxiety

Many people throughout the world suffer with social anxiety which causes a conflict with being in public with people. They get nervous or have a fear of people staring or looking at them. It causes them to be insecure and have discomfort when it comes to social interaction. The Internet provides a way for people with conditions such as social anxiety to be social in a form that isn’t necessarily face-to-face, but through sending messages to be more comfortable yet make new friends and meet new people in a different way. The quick connection and access to the Internet plays a helpful role in connecting with others.

### Public vs. Private

Balance is necessary when it comes to deciding when enough is enough with technology. Digital connection can create an illusion of being close to people when in reality we’re only distancing ourselves. One could become so sucked into the digital world that they seclude themselves from the actual physical world. In “I Tweet, Therefore I Am” by Peggy Orenstein, she says, “...I am trying to gain some perspective on the perpetual performer’s self-consciousness.

That involves trying to sort out the line between person and persona, the public and private self.” She learns to separate what the whole world should know through her posting on social media and when she should just enjoy things as they are happening in front of her. There are times when we should put down our phone, tablet or computer and enjoy life without feeling urged to be on the Internet.

### Education Benefits

Digital connection has offered us with a way to contact each other in various ways. College professors can now post about assignments online and have the assignment turned in typed instead students having to hand write them, which saves both the teacher and student a lot of time. Assignments are now more legible to the teachers due to them being typed instead of them having to try and decipher

what students with poor handwriting have written.

Another good thing about most of the college classes’ information being online is that students will always be prepared for what is coming up or currently happening in the class. If one has questions or concerns about an assignment, test or anything regarding to the class, then the students have access to the college’s website where they can contact their professor no matter what time or day it is allowing them to have their question or concern answered even if it is after the professor’s working hours. Therefore, students are able to get to know about their professors as well as receive help or advice.

In conclusion, digital connections today are advancing at a progressive rate. The Internet introduces many options to all generations of people whether it is video chatting with friends or

family, shopping online, researching, or even connecting with teachers.

Although it can become addicting, with the right amount of self-restraint one can obtain having a balance between mentally and physically being present. Communication is stronger than ever with the creation of the Internet and will continue to help the world become more knowledgeable about each other and cultures. In the pre-Internet days, sharing information was limited to an extent and getting things done quickly took longer than they do now. Today, digital connection is unlimited and things can be shared within seconds offering endless opportunities and options to all people regardless of their age. Whether people like it or not, technology is evolving the world as we know it. ♥

## Letter from the editor

Rebecca Jones  
*Editor*

Welcome back to another semester at Grayson College. If you are new this term, allow me to introduce myself. My name is Rebecca Jones and I am the Viking editor, a contributing writer and an avid photographer. I also lead the Student Government Association, which meets the first



David Hall

Monday of every month at 12:15 in the Viking Room, and Sigma Kappa Delta, the English Honor Society. I’m currently studying Computer Maintenance/Networking and Computer Science in pursuit of a Master’s degree in Comp Sci and Journalism at Columbia University.

While a newspaper is hardly a one-man-show, until now I have done most of the work myself. Soliciting and compiling ads and articles, reporting on school events and designing the paper’s layout are just a few of the tricks in my hat. This semester I’m glad (read: relieved) to announce the first

addition to my staff: Russel Schnaare. Russel is a Computer Science major who works part-time in the Veteran’s Affairs Office and will now be designing advertisements for your viewing pleasure.

Aside from my schoolwork, I also lend my time to the Writing Center to assist other GC students with all types of writing assignments (see front page). I’m also a member of the board at the Sherman Museum, a local historical center and former Carnegie Library. As you can see, community service and the dissemination of knowledge and information are my main priorities.

With that, I extend to you all another warm welcome and best wishes for the semester. I invite you all to share your thoughts and opinions in the open forum of this newspaper and also to engage in the interests of others. This will help us all to not only learn more about each other, but also ourselves and our unique perspectives on the world. ♥

## Scholarships are waiting for YOU!

Did you do well in SCIENCE and MATH courses in high school? Grayson College has just learned that 62 scholarships will be made available to GC students who earned a 3.0 or higher grade point average (on a 4.0 scale) on their high school transcripts in math and science courses!

YOU may be eligible for a \$2500 scholarship if you are majoring in one of the following career paths at Grayson College:

<ul style="list-style-type: none"> <li>• Computer Science/Computer Information Systems (CIS)</li> <li>• Engineering</li> <li>• Computer Maintenance and Networking Technology</li> <li>• Computer Assisted Design and Drafting (CADD)</li> </ul>	<ul style="list-style-type: none"> <li>• Heating, Air Conditioning, and Refrigeration Technology</li> <li>• Biology/Biological Sciences</li> <li>• Mathematics</li> <li>• Chemistry</li> <li>• Geology/Earth Science</li> <li>• Physics</li> </ul>	<ul style="list-style-type: none"> <li>• Dental Assisting</li> <li>• Emergency Medical Technology/Technician (EMT/Paramedic)</li> <li>• Radiologic Technology/Science-Radiographer</li> <li>• Clinical Medical Laboratory Technician (MLT)</li> </ul>
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Contact the Grayson College Foundation for details:  
Tina Dodson, 903.463.8716 or [dodson@grayson.edu](mailto:dodson@grayson.edu) or visit the Grayson College website.

GC is an equal opportunity institution. [www.grayson.edu](http://www.grayson.edu)

\*Scholarships are still available. Check the requirements above and call today.

## Some students call for new sanitation measures

Logan Beauchamp  
*Student*

As flu season enters into full swing our student populace comes into contact with its symptoms on campus in a variety of ways. We touch door knobs, use the public restrooms, even sitting next to our fellow students can pose a threat. These are just a few of the multitude of examples we encounter everyday.

The one place we assume is clean and safe is where we join to eat. Yet this is not entirely true. When we sit down at a lunchroom table

the first thing we are confronted with is an OPEN bowl of napkins. This may seem harmless enough to the naked eye, but what we don’t see are the germs left by everyone who has come before us. Every breath, sneeze or clumsy napkin grasp carries with it pathogens that hitchhike on a ride to wipe that bit of sauce out off the corner of your mouth.

No matter how many times the tables are cleaned the napkins are still there, unchanged and sullied. This could all be remedied with a simple and cost effective measure known as the SAN-

ITARY NAPKIN DISPENSER. These devices are ingeniously designed to contain napkins so that they are not exposed to the open air and all that it contains.

Though it would be a small investment for the college it would pay dividends in student attendance and general well being. They are reasonably priced and can be purchased wholesale for less than \$150. It is my opinion that this purchase is absolutely necessary in order to maintain a healthy and hygienic campus environment and would recommend it as soon as possible. ♥

## Finding our way to success

Kay Dishner  
*Retired Professor of English*



*Continued from December*

The time we schedule and set a goal to accomplish will require a plan to follow. The great thing about a plan is even when we mess up or fail, we have a way to get back on track and move forward instead of giving in to failure and quitting. So when you set a goal, be sure you make the plan to get you there, because without a plan success is impossible. For instance, if you decide to drive to New York but do not have a map, how do you know where to go? If you set a goal of passing a class but do no plan and schedule time to attend the class and do the work, failure is inevitable.

The most important part of any plan is the time scheduled to complete it. Without time, nothing can

be accomplished and wasted time cannot be retrieved. So, scheduling time to accomplish goals is the key to success. Making and keeping a schedule is not easy, but it is essential to a successful outcome. Taking time to think through our needs and responsibilities and scheduling the time to accomplish them will be the single most important ingredient for success in any of our endeavors.

If you are thinking it might be time for a “check-up” on how your life is going, use three simple steps to check your wellness: (1) do you have goals to be accomplished, (2) do you have plans in place for accomplishing the goals and (3) are you working your plans? Maybe it is time to reorganize, rethink or reestablish or maybe just a little more focus will set you back on the “road to success.” ♥

## PUBLIC READING

Feb 24  
9AM - 8PM

Hosted by SKD

Under the Bridge

Poetry Society of Texas

presents

Live readings, first Saturday (monthly)  
2:15-4 p.m.  
Sherman Public Library

**Are you an Honors Student?**  
Interested in becoming one?

**Get Involved,**  
volunteer at any of the Grayson Honors College events.



**GRAYSON**  
HONORS COLLEGE

- Radio Run 5k Downtown Sherman - **March 28th**
- UIL Concession Stand - **April 22nd, 24th, 25th**
- Relay for Life - **May 8th**
- Puppy Pause a dog adoption and spring finals stress reliever - **May 11th, 12th**

Contact Dr. Brandy Fair  
(Arts and Communications Department Chair)  
for more information.

*Dile Te Quiero*  
**Say: I Love You**

# Gran Baile

*Sweetheart Dance*

Hispanic Heritage Council of Texoma  
El Concilio de la Herencia Hispana de Texoma  
Presenta su 6th Annual (Anual):

**Saturday, February 14, 2015**  
**Sherman Municipal Ballroom 220 W. Mulberry**

*Candlelight, Four-Course Dinner for Two Champagne Toast Single Stem Rose Sweetheart Photo Door Prizes... Dance*

Veladora  
Cena para dos  
Brindis con champagne  
Una rosa  
Una foto de Novios  
Premios..Baile

\$60.00/per couple by reservations (Limited seating)  
Purchase a Round table for 4 couples @ \$180.  
Purchase a Rectangle table for 5 couples @ \$240.  
\$60.00 por pareja con reservacion (Lugares limitados)  
Compre una mesa redonda para 4 parejas @ \$180.  
Compre una mesa rectangular para 5 parejas @ \$240.

Doors open at 7:00pm Dinner at 7:30pm  
Dancing from 9:00pm to midnight  
Las puertas abren 7:00pm Cena 7:30pm  
Baile desde 9:00pm a media noche.

Tickets /Boletos \$40.00 at the door, Rhonda at Tel: 903-819-1869 or  
E-mail: rhondamarroquin@yahoo.com y con Henry Marroquin 903-819-7115

## Welcoming diversity



View the full interview with Bradley McClenny and new international student Benjamin Tolo:  
<https://www.youtube.com/watch?v=uuQ-AmLs1FE>

Leon Deutsch  
Director of Teaching  
and Learning

During pre-planning week, faculty of Grayson College participated in several opportunities for training. On Thursday, 15 January, Brad McClenny and Leon Deutsch offered a presentation on "Promoting Diversity in Your Classroom."

One of the main highlights of the session was an interview with a brand new international student at GC. Benjamin Tolo had only been in this country for one week when this training occurred. Tolo is from Kenya.

McClenny asked Benjamin several questions about his first impression of America, what it is like to attend school in Kenya and what his goals and plans are at GC. One of the most impressive answers Benjamin

gave was in reference to a question about when he would be able to return home for a visit. He mentioned that because of the high cost of travel, he hopes to return home for a visit after finishing his four year degree. This is just one example of the sacrifice that many of our international students make in pursuit of their education.

Benjamin is a very professional, goal-oriented and respectful young man that is very aware of the great opportunity that he has to study here in the United States. Leon Deutsch hopes that many of the faculty and staff will make the effort to become more acquainted with our international students and take advantage of the benefits of bringing cultural diversity into the classroom. ♥

## YOGA

Much joy and radiant health



The Renaissance  
3701 Loy Lake Road, Sherman.

LEARN AYURVEDA YOGA  
Every Wednesday until February 25<sup>th</sup>\*\*

First class is **free** then **\$10/class** \*  
\*If you plan to attend for several weeks we can reduce the price.

Contact: Maria Silén  
Founder: Serene Harvest -  
Art of QiGong, Meditation & Yoga  
Visit: [www.sereneharvest.wordpress.com](http://www.sereneharvest.wordpress.com)  
Phone: (903) 436-0569

\*\* Classes may be extended to May



## TEXOMA MUSIC Hall of Fame



Celebrating the artists who came from Texoma or call Texoma home.



Exhibit runs January 14 - May 30, 2015

Sherman Museum  
Press Release

(SHERMAN, Texas) January 20, 2014 –The Sherman Museum announced today that a new exhibit entitled "Texoma Music Hall of Fame" is now open. The exhibition will run from 16 January through 30 May and highlights the lives and careers of several famous musicians that have ties to the Texoma region. Vintage records, instruments and other music related artifacts are also on display.

Seven artists are featured in the "Texoma Music Hall of Fame," including: Bomar Cramer, Buddy Tate, Reba McEntire, Gene Autry, Miranda Lambert, Buck Owens and Blake Shelton. Musicians such as Randy Travis and Johnny Perry are also included in the exhibit. "It's exciting to have so many important musicians with roots in this area and we wanted this exhibit to celebrate their

lives and honor their accomplishments," said Executive Director Dan Steelman.

Museum visitors will find an acoustic guitar that once belonged to Sherman native and Country Music Hall of Fame recipient Buck Owens on display during the exhibit. Owens donated the guitar to the City of Sherman in 1996 and it is part of the permanent collection on display in the upstairs lobby at Kidd-Key Auditorium. The city has generously loaned it to the museum for the exhibit, along with two large scale paintings, one of Buck Owens and another of saxophonist Buddy Tate.

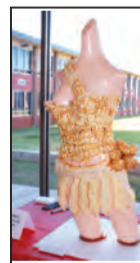
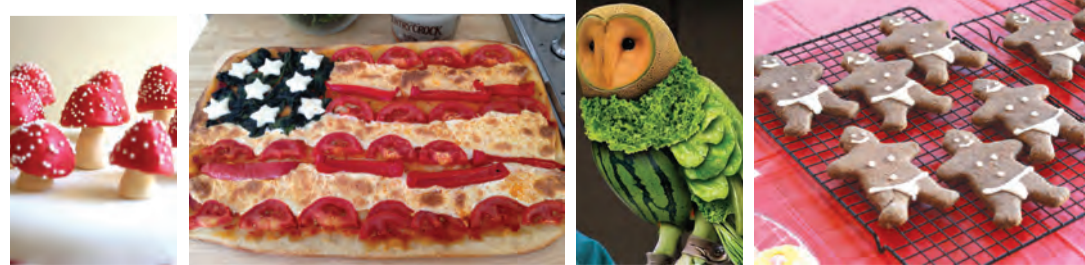
The Sherman Museum is open Tuesday through Saturday from 10:00 a.m. to 4:00 p.m. Admission is: \$5.00 for adults; \$3.00 for seniors (Ages 60+); \$2.00 for students (ages 6-18) and for those with a college ID; FREE for children 5 and under and FREE for museum members. ♥

## The 6<sup>th</sup> Incredible Edible Food Art Show

5:30pm - 6:15pm Saturday, February 21<sup>st</sup>  
2<sup>nd</sup> Floor Gallery at Grayson College  
Fine Arts department

Up-Cycled Thrift-Store Painting Exhibit and the Grayson College Theater Department's production of Cinderella Confidential at 7pm. In addition, the GC Music Department will be providing music for the events from 5:30pm to 6:45pm. You are invited to create and submit an edible artwork for display.

Deliver your edible artwork between 5:00pm to 5:30pm on Saturday February 21 to the 2nd floor gallery.  
Artwork will be eaten at 6:15pm.



Krishnia Seely

Is the image above familiar? That's because it was taken somewhere on campus! Know where? E-mail the answer to [jonesre@grayson.edu](mailto:jonesre@grayson.edu) to be entered in a drawing for a chance to win a prize!

CAN YOU FIND IT?